CHEVROLET

MASSIVE MODEL YEAR END EVENT

3 WAYS TO SAVE

CASH NEW LOWER PRICES ON CRUZE, SONIC & SILVERADO MODELS

OR

FINANCE 0% FOR UP TO 84 MTHS. ON EQUINOX LT & LTZ AND ORLANDO 2LT & LTZ MODELS^^

OR

LEASE GREAT LOW RATES

CONSUMERS BEST BUY DIGEST

2012 CRUZE LS

MODEL YEAR END CASH PRICE $15,495*

- Best-in-Class Safety+ with 10 Airbags
- Power Windows, Door Locks and Remote Keyless Entry

OFFER INCLUDES FREIGHT, PDI, LEVIES & $1,500 CASH CREDIT**.

OR FINANCE 0% FOR 84 MONTHS‡ | 2.67% INFORMATIONAL APR

LTZ††

2012 SONIC SEDAN LS

FINANCE 0% FOR 84 MONTHS‡ | 2.85% INFORMATIONAL APR

MODEL YEAR END CASH PRICE $14,475*

- Standard Bluetooth® with Steering Wheel Controls
- Power Door Locks with Remote Keyless Entry

OFFER INCLUDES FREIGHT, PDI, LEVIES & $1,500 CASH CREDIT**.

CONSUMERS BEST BUY DIGEST

LTZ††

2012 EQUINOX LS

FINANCE 0% FOR 84 MONTHS ON MOST 2012 EQUINOX MODELS

MODEL YEAR END PRICE $25,495*

- Standard Bluetooth® with Steering Wheel Controls
- Better Highway Fuel Efficiency than CR-V, RAV4, Santa Fe & Escape Hybrid^

OFFER INCLUDES FREIGHT, PDI, LEVIES & $2,000 CASH CREDIT*. TAXES NOT INCLUDED.

LTZ††

2012 ORLANDO LT

FINANCE 0% FOR 84 MONTHS ON MOST 2012 ORLANDO MODELS

MODEL YEAR END PRICE $22,995*

- Best Overall Highway Fuel Efficiency of any 7-seater^
- Automatic, Air Conditioning and Deep Tint Glass

OFFER INCLUDES FREIGHT, PDI, LEVIES & $1,850 CASH CREDIT*. TAXES NOT INCLUDED.

$1,000 LOYALTY & CONQUEST TRUCK OWNER BONUS*** EXTENDED TO OCTOBER 1ST

2012 SILVERADO 1500 CREW CAB 4x4

FINANCE 0% FOR 72 MONTHS* WITH $7,500 CASH CREDIT* | 2.14% INFORMATIONAL APR

OR NEW DISCOUNT FOR CASH PURCHASE $9,500**

CHEVROLET

VISIT YOUR CHEVROLET DEALER TODAY FOR A FIRST LOOK AT OUR 2013 MODELS.

GM Canada

THE BEST COVERAGE IN CANADA
5 YEARS OR 160,000 KM* • POWERTRAIN COMPONENT LIMITED WARRANTY • ROADSIDE ASSISTANCE • COURTESY TRANSPORTATION
*WHICHEVER COMES FIRST. EXCLUDES MEDIUM-DUTY TRUCKS. SEE DEALER FOR LIMITED WARRANTY DETAILS.

VEHICLE PRICING IS NOW EASIER TO UNDERSTAND BECAUSE ALL OUR PRICES INCLUDE FREIGHT, PDI AND MANDATORY GOVERNMENT LEVIES.
Prices do not include applicable taxes and PPSA. Consumers may be required to pay up to $799 for Dealer fees.***

visit us at: www.ontariochevroletdealers.com

For the latest information, visit us at chevrolet.ca, drop by your local Chevrolet Dealer or call us at 1-800-GM-DRIVE. *Offer applies to the purchase of 2012 Chevrolet (Cruze LS R7A/Sonic Sedan LS R7A/Equinox LS FWD R7A/Orlando LT R7A). ◆$2,000/$1,850/$7,500 is a manufacturer to dealer delivery credit (tax exclusive) for 2012 Chevrolet (Equinox LS/Orlando LS & 1LT/Silverado 1500 Ext. & Crew Cab) and is reflected in offers in this advertisement. Other cash credits available on most models. See dealer for details. ‡0% purchase financing offered by GMCL for 84/84/72 months on 2012 Chevrolet Cruze LS R7A/Sonic Sedan LS R7A/Silverado 1500 LS Crew Cab 4WD R7B). O.A.C by Ally/TD Auto Finance Services/Scotiabank. Rates from other lenders will vary. Example: $10,000 at 0%/2.67%/2.85%/2.14% APR, monthly payment is $119.05/$130.65/$133.46/$148.12 for 84/84/84/72 months. Cost of borrowing is $0/$974.60/$1,042.64/$664.64. Total obligation is $10,000/$10,974.60/$11,042.64/$10,664.64. Down payment and/or trade may be required. Monthly/Bi-weekly payment and cost of borrowing will vary depending on amount borrowed and down payment/trade. ◆◆$1,500/$1,500/$9,500 is a manufacturer to dealer delivery credit (tax exclusive) for 2012 Chevrolet (Cruze/Sonic/Silverado 1500 Crew Cab) and is reflected in cash purchase offers in this advertisement. Such credit is available only for cash purchase and by selecting lease or finance offers; consumers are foregoing such credit which will result in higher effective interest rates. Other credits available on most models. See dealer for details. +/+/+◆◆Freight & PDI ($1,495/$1,495/$1,495/$1,495/$1,495/$1,495), registration, air and tire levies and OMVIC fees included. Insurance, licence, PPSA, dealer fees and applicable taxes not included. Offers apply as indicated to 2012 new or demonstrator models of the vehicle equipped as described. Offers apply to qualified retail customers in the Ontario Chevrolet Dealer Marketing Association area only (including Outaouais). Dealers are free to set individual prices. Dealer order or trade may be required. Limited time offers which may not be combined with other offers. GMCL may modify, extend or terminate offers in whole or in part at any time without notice. Conditions and limitations apply. See dealer for details. ***Factory order or dealer trade may be required. ©The Best Buy Seal is a registered trademark of Consumers Digest Communications, LLC, used under license. +Based on WardsAuto.com 2012 Upper Small segment, excluding Hybrid and Diesel powertrains. Standard 10 airbags, ABS, traction control and StabiliTrak®. ®Bluetooth is a registered trademark of Bluetooth SIG Inc. ††2012 Sonic Sedan LTZ, MSRP with freight, PDI & levies $22,134. 2012 Chevrolet Equinox LTZ, MSRP with freight, PDI & levies $30,134. Dealers are free to set individual prices. ~~Offers available until September 30, 2012, participating lenders are subject to change. 0% purchase financing offered on approved credit by TD Auto Finance Services, Scotiabank® or Ally Credit for 84 months on new or demonstrator 2012 Chevrolet Malibu, Orlando (excluding LS and 1LT models), Equinox (excluding LS models), Cruze (excluding LS models) and Sonic (excluding LS1 models); 72 months on 2012 Chevrolet Avalanche and Silverado Light Duty Trucks; and 60 months on 2012 GMC Sierra Light Duty Trucks; 48 months on 2012 GMC Acadia; 48 months on 2013 Chevrolet Spark. Rates from other lenders will vary. Down payment, trade and/or security deposit may be required. Monthly payment and cost of borrowing will vary depending on amount borrowed and down payment/trade. Example: $16,995 at 0% APR, the monthly payment is $202.32 for 84 months. Cost of borrowing is $0, total obligation is $16,995. Offer is unconditionally interest-free. ◆◆Offer only valid from September 1, 2012 to October 1, 2012 (the "Program Period") to retail customers resident in Canada who own or are currently leasing (during the Program Period) a Chevrolet Silverado or GMC Sierra (1500-3500), Chevrolet Avalanche/Colorado/S10, GMC Canyon/Sonoma, or Isuzu Light Duty Series, or any competitive pickup truck with a pickup bed. Qualifying customers will receive a $1,000 credit towards the purchase, lease or factory order of an eligible new 2012 or 2013 Chevrolet Silverado, Avalanche or GMC Sierra or 2012 Chevrolet Colorado or GMC Canyon which must be delivered and/or factory ordered (factory order applies to 2013 MY only) during the Program Period. Only one (1) credit may be applied per eligible vehicle sale. Offer is transferable to a family member living within the same household (proof of address required). This offer may not be redeemed for cash and may not be combined with certain other consumer incentives available on GM vehicles. The $1,000 credit includes HST/GST/QST/PST as applicable by province. As part of the transaction, dealer will request current vehicle registration and/or insurance to prove ownership. GMCL reserves the right to amend or terminate this offer, in whole or in part, at any time without prior notice. Void where prohibited by law. Additional conditions and limitations apply. See your GM dealer for details.

Gobble, gobble

Meal service brings 100-mile Thanksgiving dinner to local tables

As Thanksgiving approaches, one local eatery says it's possible to have a feast in the true spirit of the season by gathering food made right in the Ottawa region.

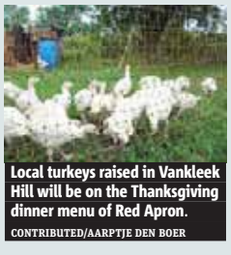
"We're putting food on the table that is grown right here, which is what Thanksgiving is supposed to be all about," said Jennifer Heagle, co-owner of Red Apron, a meal-delivery service that specializes in serving fans of the 100-mile diet.

This year Heagle and her business partner and chef Jo-Ann Laverty are going all out with a $255 Thanksgiving dinner for 12 with all the trimmings sourced from right around the city.

"I had one of these birds last year and was eating turkey for weeks," said Heagle, who said the birds come from the Pickle Patch, a Vankleek Hill farm owned by Aartje den Boer. "We're a big fan of hers. Her animals are so well cared for. We like to support farmers who aren't polluting the environment."

Because of restrictions on the number of birds a small farm can raise, Heagle said the Pickle Patch has a limit of 50. The dinners include a butter-basted 12-pounder with gravy, cranberry sauce from Upper Canada Cranberries, sweet and white mashed potatoes, and bread pudding.

GRAHAM LANKTREE/METRO



Local turkeys raised in Vankleek Hill will be on the Thanksgiving dinner menu of Red Apron.
CONTRIBUTED/AARPTJE DEN BOER

PETA hopes to bring barnyard ethics to the schoolyard

Would you eat your pet dog at Thanksgiving? That's the question animal-rights group and shock-tactic experts People for the Ethical Treatment of Animals (PETA) say they want to ask school children in the Ottawa, Winnipeg and Saskatoon area. The group issued a news release Tuesday saying it wanted to place billboards with the image pictured above near local schools. Asked where precisely the billboards would go, PETA action team co-ordinator Lauren Stroyeck could only say PETA hoped to get them as close to schools as possible and hadn't nailed down a precise date or location. For more on the campaign and local reaction on the twittersphere, go to metronews.ca. COURTESY OF PETA

Increased gambling access, increased gambling problems: Addictions counsellor

Potential Ottawa casino. Public will have say on Oct. 2

ALEX BOUTILIER
alex.boutilier@metronews.ca

Boosting access to gambling will increase the numbers of problem gamblers, according to an Ottawa-area addictions counsellor.

Paul Welsh, the executive director of Rideauwood Addictions and Family Services, says gambling addictions are similar to substance addictions: The easier it is to access, the harder it is to resist.

"Casinos are very similar to other products that the government distributes and gathers revenue from, such as alcohol," Welsh said. "There's all kinds of research that shows that the more alcohol and drugs you have that are easily available, the more people will use and the more problems you'll have."

Welsh offered his comment a day after Mayor Jim Watson threw his support behind a new casino for Ottawa. On Monday, Watson announced he would be asking council to signal their interest in a new casino for the city.

Watson argued gambling is readily available in Gatineau. An Ottawa casino or "gaming facility" would "repatriate" money currently being spent in Quebec, he said.

The city has had assurances a new casino would bring with it increased provincial funding for addictions treatment, Watson said. That's welcome news for organizations like Welsh's, whose funding has been frozen for the past 12 years.

Should city council indicate interest in the project on Oct. 10, the Ontario Lottery and Gaming Association will begin looking for a preferred proponent. Final signoff on the casino, and its location, will rest with council.

Quoted

"Only the politicians can answer this: Do we need to make sure that people don't have to drive half an hour to gamble?"
Paul Welsh, executive director of Rideauwood Addictions and Family Services

1 NEWS

On the web

Attention world. We've got a new toy for you. Scan the code to watch a Japanese company's latest invention: A brain-controlled tail that turns people into dogs.

SuiteDreams.com
Special Government and Meeting Rates
Cartier Place
SUITE HOTEL
LOCATION • HOSPITALITY • VALUE
250 spacious suites with kitchens | Penthouse hospitality suite | Complimentary WiFi | Games room | Banquet rooms | Indoor pool | Fitness room | Business suites | Residences
180 Cooper Street | PHONE: 613.236.5000 | FOR RESERVATIONS: 1.800.236.8399
Downtown Ottawa between Rideau Canal and trendy Elgin Street | Walking distance to all major sites and the Ottawa Convention Centre
Pet Friendly
RECOMMENDED ON TRIPADVISOR
tripadvisor.com
WE VALUE YOUR OPINION

Teachers pass union strike vote

Issue at hand.
Teachers union says members most concerned about democratic rights

GRAHAM LANKTREE
graham.lanktree@metronews.ca

In the largest turnout for a strike vote seen by the Ottawa-Carleton Elementary Teachers' Federation (OCETF), educators gave their union the go-ahead to take action Monday, even though new legislation from Queen's Park makes such a strike illegal.

"It's unusual, what's happening," said Jan Fraser, OCETF's first vice president. "Teachers usually aren't keen to take action, but with the undemocratic nature of Bill 115, teachers are being targeted specifically."

Fraser said 97 per cent of teachers who turned out from some 3,000 members gave the union the power to initiate a strike if a deal can't be struck in negotiations with the province over Bill 115. The bill freezes teachers' wages, bans strikes for two years and prevents them from banking sick days they could cash out at the end of their careers.

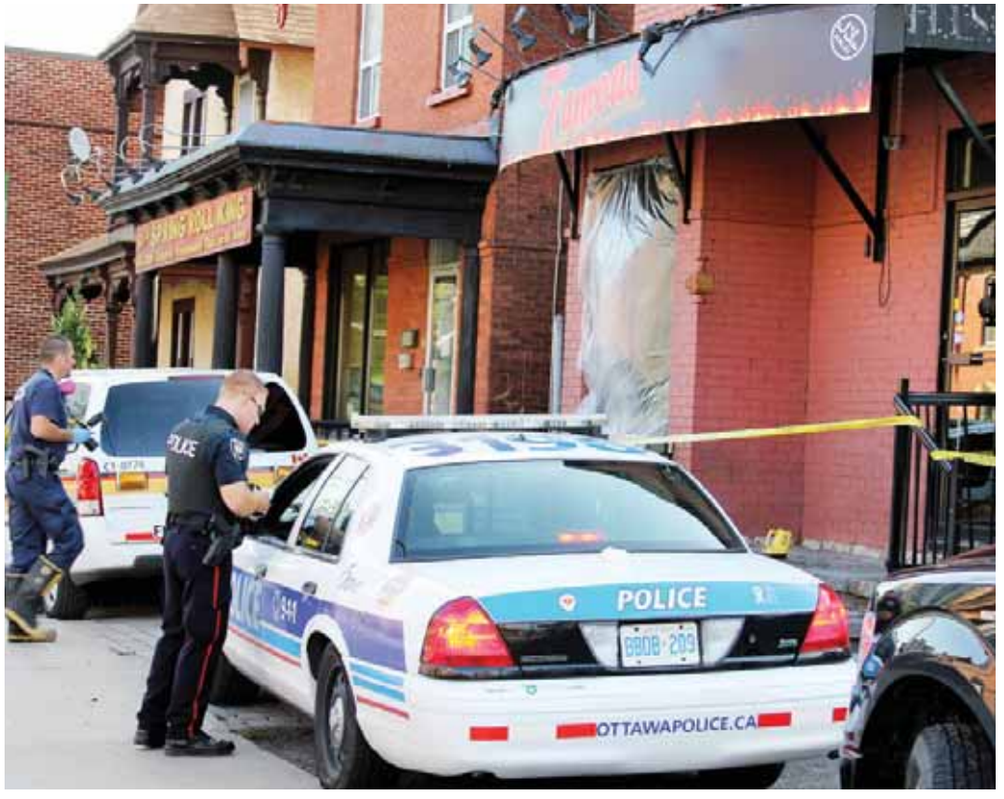
"A strike vote is not an uncommon strategy for a union to take as part of the bargaining process," said Jennifer Adams, director of Education for the Ottawa-Carleton District School Board. "It does not, however, mean that a strike is imminent or will occur any time soon."

Fraser said that teachers are willing to continue negotiating at the table with the province.

"This vote means that we know that our teachers are behind us," she said.

"We know they're not pleased with the way they're being treated."

She said the bill's move to take away teachers' right to strike is one of the biggest sticking points.



Police investigate blaze that left five students homeless

Police arson investigators are probing an early-Tuesday-morning fire at a restaurant at 506 Rideau St. that left five students who lived in apartments in the building homeless. Neighbours say the fire is the second at the business in three weeks. For more on the story go to metronews.ca.

GRAHAM LANKTREE/METRO

Councillors butt heads on digital billboards

A digital billboard next to Carling Avenue near Kirkwood Avenue is one of the city's first such high-tech signs and is part of a pilot project. JOE LOFARO/METRO

Ottawa's planning committee has approved new regulations that would allow digital billboards in certain sections of the city.

The committee approved bylaw amendments that would allow digital billboards in the city as of Dec. 1. The digital billboards will still be subject to regulations, including setback distances between 100 and 500 metres, a prohibition against animation or videos, and brightness restrictions.

But some councillors, mainly from suburban and rural wards, felt the regulations are too focused on urban areas.

"I think that we've been far too cautious, as always," Barrhaven Coun. Jan Harder said after the meeting, saying the regulations are too restrictive.

"We're like the — probably in North America — (the city with) the lowest wattage, the least number (of digital billboards)."

In response to the perceived lack of focus on rural billboards, Kanata South Coun. Allan Hubley moved a motion to have staff return to the committee in a year with tweaked regulations for rural and suburban areas of the city.

This prompted Glebe Coun. David Churneshenko to request that urban councillors be given a chance to tailor regulations for their own wards. That suggestion ultimately failed, and Hubley's motion carried.

As the meeting was going on, the Ottawa Convention Centre issued a request for proposals to find an operator for a "digital wall" display.

The proposal indicates the OCC will short-list four proponents to acquire, install and operate a digital wall display on their building. The new digital billboard regulations do not cover digital walls, and the project would have to be approved as an exception. ALEX BOUTILIER/METRO

ASTIGMATISM?
LASIK corrects astigmatism more effectively than glasses or contact lenses.
LASIK starting at $490/eye* • FREE Consultation: 1-877-769-3030 • lasikmd.com/astigmatism
LASIK MD VISION
* Prices are subject to change without prior notice and vary based on prescription strength. Applicable to surgery on both eyes only. Other conditions may apply.

Guilty plea in hit-and-run that killed mother of two

Surrender. Jeremy Rees was charged with impaired driving and fleeing the scene of a collision after turning himself into police

JOE LOFARO
joe.lofaro@metronews.ca

A man pleaded guilty Monday to impaired driving and fleeing the scene of a collision during which his car struck and killed a Constance Bay mother of twin boys while she was walking home.

Jeremy Rees turned himself in the day after the March 18 collision.

He was arrested and charged by Ottawa police.

His lawyer, Paolo Giancaterino, said Tuesday his submission on sentencing will depend on the pre-sentence report.

Erin Vance was walking home with her boyfriend, Justin Hammond, at about 2:30 a.m. on Bayview Drive after a St. Patrick's Day party.

Hammond told Metro in March that he saw Rees's car "flying" around the corner and tried to push Vance out of the way.

Giancaterino said Rees was travelling 60 km/h in a 40-km/h zone at the time of the collision.

Rees is to be sentenced on Dec. 5.

Follow Joe Lofaro on Twitter @giuseppelo

Speed

60 km/h

Jeremy Rees was travelling at 60 km/h in a 40 km/h zone at the time of the collision, according to his lawyer.

Jeremy Rees, left, leaves the Ottawa courthouse with his lawyer, Paolo Giancaterino, after a March bail hearing. MIKE CARROCCETTO/FOR METRO

Digital innovation.
Taking control of your health on a smartphone

Heart sensors connected to your smartphone, fast and cheap DNA sequencing, and portable imaging devices akin to the Star Trek tricorder are devices driving a "revolution" in health care, says American doctor Eric Topol.

This revolution, which he trumpets in his new book, The Creative Destruction of Medicine, can help patients take control of their health, he says.

"I'm trying to point out that digital infrastructure allows us to have radical innovation in medicine," Topol said ahead of his talk about the coming data-driven health revolution.

Having replaced his stethoscope with a pocket ultrasound device two years ago, Topol said his patients are also going high-tech with innovations like blood-pressure monitors connected to smartphones.

"They just press start and they can see how well their blood pressure is controlled."

"It's a far more precise and individualized participatory form of medicine," said Topol, a cardiologist at the Scripps Research Institute in California.

"This is the consumer-driven health care of the future."

While such devices allow patients to take charge of their condition, he says few people actually know the tools exist. In addition to a lack of knowledge, he says the medical community tends to be "conservative and resistant to change."

Greater use and awareness, he believes, will prompt patients to begin questioning their physicians about why the haven't jumped on board.

"You can have the genome of your cancer mapped to see which drugs will respond best," he said.

"People should start asking, 'How come my doctor isn't getting the gene test done?'"

Dr. Eric Topol will be speaking Wednesday at 4:30 p.m. on the Data-Driven Health Revolution at the Fairmont Chateau Laurier.

GRAHAM LANKTREE/METRO

Join Dr. Eric Topol, right, on Sept. 26 at 4:30 p.m. for his talk on the data-driven health revolution at the Fairmont Chateau Laurier.
CONTRIBUTED/SCRIPPS RESEARCH INSTITUTE

Click, you're outed. Top websites passing on your info, says privacy chief

Some leading Canadian websites are inappropriately passing users' personal information to third-party sites such as advertising firms, says the federal privacy watchdog.

The information includes names, email addresses and postal codes — apparently without consent and possibly in violation of federal privacy law, privacy commissioner Jennifer Stoddart said Tuesday.

Research commissioned by Stoddart's office turned up concerns with about a quarter of the 25 shopping, travel and media sites tested.

For instance, when people signed up online to receive promotions from one shopping site, their email address, username and city were disclosed to marketing firms and companies that measure website usage, the office said.

In another case, a "well-known Canadian media site" handed over usernames, email addresses and postal codes to a content-delivery and marketing service, an advertising network, and a news-content provider.

THE CANADIAN PRESS

Quoted

"Our research serves as a wake-up call to all online services."

Jennifer Stoddart, federal privacy watchdog

Some websites may be breaking privacy laws by passing on users' personal information, says the federal privacy chief. ADAM BERRY/GETTY IMAGES FILE PHOTO

Not the U.S. strain

New swine virus found in Ontario

Ontario has found a case of an infection with a new swine-flu virus — in a man who worked with pigs.

The infection was caused by an H1N1-variant virus, but it's not the swine flu virus that has been jumping from pigs to people in the U.S. this summer.

That virus, an H3N2-variant, has caused 305 infections this year in the U.S.

Dr. Arlene King, Ontario's chief medical officer of health, said the new patient, a man, is being treated in a hospital in southwestern Ontario.

She did not indicate whether it is a precaution or because he is seriously ill.

"It's likely an isolated occurrence," she said.

THE CANADIAN PRESS

The exterior of the PotashCorp plant in Rocanville, Sask., about 250 kilometres east of Regina, is shown in this November 2010 photo. Twenty miners had to wait for rescue Tuesday after a fire broke out at the potash mine in the eastern part of the province. TROY FLEECE/THE CANADIAN PRESS FILE

A tense waiting game ... 1 km underground

Potash mine blazes. Twenty miners reach safety in refuge rooms, but must wait for toxic fumes to clear before they're rescued

Twenty miners waited to be brought to the surface Tuesday after a fire at a Saskatchewan potash mine trapped them underground.

The blaze broke out at about 2 a.m. when a large wooden cable spool started burning at PotashCorp's Rocanville mine, about 244 kilometres east of Regina.

It was extinguished about 10 hours later.

But PotashCorp spokesperson Bill Cooper said it could be several hours before the miners could leave refuge stations where they sought safety.

"It's a matter of cooling the area down and ventilating the air," said Cooper.

"There's kilometres of tunnels underground and just the way the ventilation system works, it's got to clear all that out. The air quality's got to be at a point where it's safe to take people to the surface."

Cooper said the workers are spread out at four refuge stations in different parts of the mine.

A refuge station is a large room that is sealed off from the rest of the mine and has air, water and food for several days.

A mine rescue team was earlier able to bring up nine other workers from a refuge station Tuesday.

There are four mine rescue teams at Rocanville, each with five people. Cooper said they take turns trying to put out a fire.

"As you can imagine with a mine fire, there are a few more challenges than, let's say, a house fire. So it's a bit of a slower process and a more deliberate process," said Cooper.

THE CANADIAN PRESS

When lives are in danger underground

The Rocanville mine is about a kilometre below ground, and tunnels from the main shaft spread out horizontally for about 16 kilometres. But Rocanville is not the first Saskatchewan fire emergency.

- **Alarm.** In Jan. 29, 2006, 72 miners survived a fire at Mosaic's potash mine in Esterhazy.
- **Action.** When heat from a cutting torch ignited a fire, the 72 miners on shift were able to retreat to refuge rooms sealed off from the toxic smoke.
- **Survival.** After 30 hours, all miners were brought to the surface without so much as a cough, company officials said.

EXPLORE YOUR CAREER OPPORTUNITIES
• Meet leading business and regulatory professionals in Healthcare, Finance & Accounting, Information & Communications Technologies, and Engineering
• Learn how to prepare yourself for a career in Canada
DISCUSS • LEARN • NETWORK
October 16, 2012
Ottawa Convention Centre
55 Colonel By Drive, Ottawa
Limited Space
REGISTER NOW »
Delivered in Partnership by: Algonquin College, la cité collégiale, World Skills
Funded by: Ontario, Canada
OTTAWA
Internationally Educated Professionals Conference
Adapting your Career and thriving in Canada
Explore Opportunities. Make Connections. Establish Roots.
algonquincollege.com/iep

U.S. President Barack Obama leaves the United Nations after addressing world leaders during the General Assembly Tuesday in New York City. More than 120 prime ministers, presidents and monarchs are gathering this week at the UN for the annual meeting. This year's focus will be the ongoing fighting in Syria. MICHAEL NAGLE/GETTY IMAGES

Obama challenges world leaders to tackle thorny issues

UN speech. President spoke on Iran's nuclear program, violence in Syria and the tensions that come with freedom of speech

U.S. President Barack Obama challenged the international community Tuesday to confront the causes of turmoil in the Middle East, saying the world faces "a choice between the forces that would drive us apart and the hopes we hold in common."

Obama's speech to an annual gathering of world leaders at the UN General Assembly was his last before the November election, and campaign politics shadowed his words.

The president condemned the amateur anti-Muslim video made in the U.S. that helped spark the recent protests that killed dozens of people, calling it "cruel and disgusting."

But he strongly defended the U.S. Constitution's guarantee of the freedom of expression, "even views that we profoundly disagree with."

Running through Obama's speech was the theme that leaders in the Muslim world also should stand up for freer speech and oppose those who vent their anger with violence.

"There are no words that excuse the killing of innocents. There is no video that justifies an attack on an embassy. There is no slander that provides an excuse for people to burn a restaurant in Lebanon or destroy a school in Tunis or cause death and destruction in Pakistan," Obama said.

On Iran's nuclear program, Obama said there is "still time and space" to resolve the issue through diplomacy, but he said that time is not unlimited. THE ASSOCIATED PRESS

On the Syrian crisis

"The future must not belong to a dictator who massacres his people."

U.S. President Barack Obama, arguing the regime of Syrian President Bashar Assad must come to an end

Egypt vigilantes

3 Islamists jailed for 15 years

An Egyptian court has convicted three Islamists of killing a student this summer as he sat in a park with his fiancée, sentencing them to 15 years in prison in a case that sparked fears of vigilantes trying to enforce strict religious mores.

According to security officials, three bearded men argued with 20-year-old Ahmed Hussein Eid for loitering in the park in the Red Sea city of Suez with a woman who was not his wife. One fatally stabbed him.

THE ASSOCIATED PRESS

Strange bedfellows. Romney finds unlikely ally in Clinton

Republican presidential hopeful Mitt Romney joked that he hopes to get an election-year "bounce" from an unlikely ally — former president Bill Clinton, a Democrat, who introduced Romney before Romney's speech Tuesday to Clinton's annual global conference in New York. Clinton had praised Romney's support for the AmeriCorps volunteer- service program.

Clinton has an outsized influence on the presidential election more than a decade after he left office. Both Obama and Romney have pointed to his economic leadership. THE ASSOCIATED PRESS

Former U.S. president Bill Clinton introduces Mitt Romney at the Clinton Global Initiative in New York Tuesday. THE ASSOCIATED PRESS

comwave
Long Distance
CONSUMER CHOICE AWARD 2012
Let us show you how to make overseas calls from your mobile phone!
We'll beat all competitors rates Guaranteed!
$25 FREE
• No Contracts
• No Commitments
• Satisfaction Guaranteed!
No questions asked... Just FREE long distance!
Unlimited Canada $5 /Month
Unlimited calling to anywhere in Canada
India 1¢ /Minute
1000 Minute bundle only $10/month
Australia 1.9¢/min
Bangladesh 3.9¢/min
Bosnia 10.9¢/min
China 1.9¢/min
Colombia 2.9¢/min
Cuba 89.9¢/min
Croatia 2.9¢/min
Germany 1.9¢/min
Dominican Republic 3.9¢/min
Iran 4.9¢/min
Israel 1.9¢/min
Italy 1.9¢/min
Sri Lanka 9.9¢/min
Lebanon 7.9¢/min
Mexico 1.9¢/min
Venezuela 1.9¢/min
Philippines 10.9¢/min
Kazakhstan 4.9¢/min
Poland 1.9¢/min
Romania 1.9¢/min
Russia 1.9¢/min
South Korea 1.9¢/min
U.A.E 14.9¢/min
Ukraine 8.9¢/min
U.K 1.9¢/min
Vietnam 3.9¢/min
United States 1.9¢/min
Download our Comwave Mobile App
3 Days Free Trial
613-216-6100
www.comwave.net
While Comwave strives for accuracy in our advertising, Comwave reserves the right to correct any error in pricing or information at any time. LONG DISTANCE: Lifetime Rate Guarantee is based on competitors lowest advertised rate for like services. Comwave will not rate match against charity or internet services, bundled minute plans or prepaid calling cards due to their inaccurate billing criteria. $25 free promotion is applied $3 per month for 3 months. No minimum usage required. Calls to Overseas Mobile Phones may be billed at a higher rate. Terms and conditions apply, see www.comwave.ca for details.

Religion

Burn iPhone, rabbi tells followers

An influential ultra-Orthodox Israeli rabbi ordered his followers this week to burn their iPhones, the latest move in a campaign by the insular community to encourage its members to keep the outside world — and specifically the Internet — at bay.

The decree by Rabbi Chaim Kanievsky, 84, came ahead of Judaism's holiest day, Yom Kippur, which begins Tuesday.

THE ASSOCIATED PRESS

Technology

Einstein's brain now on iPad app

While Albert Einstein's genius isn't included, an exclusive iPad application launched Tuesday promises to make detailed images of his brain more accessible to scientists than ever before.

The application will allow researchers and novices to peer into the eccentric Nobel winner's brain as if they were looking through a microscope.

THE ASSOCIATED PRESS

Profs protest cuts in Greece

A protester holds a candle outside the finance ministry during a demonstration by professors against the new austerity measures in Athens on Tuesday. Unions have called for a nationwide general strike Wednesday to protest the latest cuts. THANASSIS STARVAKIS/THE ASSOCIATED PRESS

91% of Canadians satisfied with their lives: Study

Majority quite happy. Canada second-happiest country in world, Denmark first

If you're happy and you know it, a new report suggests you might be from Canada.

The Centre for the Study of Living Standards says more than 90 per cent of Canadians surveyed report they are either satisfied or very satisfied with their lives.

The centre tracked numbers collected by Statistics Canada in its community health survey between 2003 and 2011.

Canadians have stayed happy through that entire period, with 91 per cent reporting life satisfaction in 2003 and 92 per cent saying so last year.

The scores were enough to officially rank Canada as among the happiest countries in the world.

The centre says a Gallup world poll taken in February 2012 rated Canada as the second most satisfied nation, ranked only behind Denmark.

Centre executive director Andrew Sharpe said the numbers tell a compelling story about the standard of living most Canadians enjoy.

"We do have high levels of income. We have weathered the financial crisis better than other countries of the world," Sharpe said in a telephone interview. "We do have a good health system. We complain about it, but at least there's full coverage of all Canadians.... We do have a lot of advantages as a country."

The StatsCan data — compiled in biennial surveys between 2003 and 2007 and in annual surveys from 2008 onward — asked Canadians to rate their own levels of personal satisfaction on a scale of 0 to 10.

Those who assigned themselves a score of 6 or above were considered to be pleased with their lives as a whole.

THE CANADIAN PRESS

Regions

In Canada, the East tends to be happier than the West.

- **East Coast.** Average scores taken over the eight-year period found residents of Nova Scotia, Quebec and Newfoundland and Labrador were most likely to be happy with their lives.
- **West Coast.** Satisfaction scores were lowest in British Columbia, Ontario and Nunavut.

Naming names at inquiry

Ties between well-known construction entrepreneurs and the highest figures in the Italian Mafia have been laid out before Quebec's corruption inquiry where, after months of anticipation, the witnesses are starting to name names.

Construction bosses were seen bringing cash either to the acting leader of the Rizzuto family — Nicolo Rizzuto Sr., who was murdered in 2010 — or to his consigliere, who disappeared two years ago, the inquiry heard Tuesday. These transfers were made at a notorious Montreal Mafia hangout while authorities quietly observed during a police surveillance operation several years ago, an RCMP officer testified.

Rattling off names of a half-dozen construction bosses in the Montreal area, the RCMP officer said they were often documented showing up at the now-closed Cosenza Social Club, which used to be frequented mainly by Mob types and not the general public. THE CANADIAN PRESS

UNIVERSITY OF OTTAWA HEART INSTITUTE
INSTITUT DE CARDIOLOGIE DE L'UNIVERSITÉ D'OTTAWA

Attention Smokers
ARE YOU READY TO QUIT?

Researchers at the University of Ottawa Heart Institute are seeking participants for a clinical research study that may help them quit smoking.

If you are a daily smoker, are interested in quitting and are willing to use Health Canada approved quit smoking medications, you may be eligible.

For more information please contact us at the Heart Institute Prevention and Wellness Centre.

613-761-4040
quit@ottawaheart.ca
This study has been reviewed and approved by the University of Ottawa Heart Institute Human Research Ethics Board.

INCOME TAX COURSE

Flexible hours. We're hiring.

Curriculum – During the 9-week course, students study the basics of income tax preparation including current laws, theory and application.

Successful students receive an H&R Block certificate of accomplishment and the opportunity to interview for employment with H&R Block.

H&R Block knows taxes and how to teach them. Our instructors are expertly trained and are experienced Block personnel who make each session an exciting experience with discussion sessions, reference materials and instructions using regulation formsand schedules.

Classes begin mid-October. Choose between morning and afternoon classes. Applicants need only the willingness to learn about taxes.

The tuition cost covers the complete course, including textbooks, all materials, reference guides and registration.

Full details are as close as your phone. Just call for complete details on class locations,starting dates, tuition, etc.

Tax Training School begins October 15

Register online at **hrblock.ca**
or call **1-877-32BLOCK** (322-5625) for details.

H&R BLOCK®

Enrolment restrictions may apply. Enrolment in, or completion of, the H&R Block Tax Training School is neither an offer nor guarantee of employment.© 2011 H&R Block Canada, Inc.

In this photo taken last Sunday, masked Somali pirate Abdi Ali walks past a Taiwanese fishing vessel that washed up on shore after the pirates were paid a ransom and released the crew in the once-bustling pirate den of Hobyo, Somalia. With many attacks aborted and ransoms much smaller the heyday of Somali piracy may be over. FARAH ABDI WARSAMEH/THE ASSOCIATED PRESS

Plunge in piracy leaves Somali pirates idle

Global effort. Better communication, armed guards and onshore raids have broken down criminal networks

The empty whiskey bottles and overturned, sand-filled skiffs littering this once-bustling shoreline are signs the heyday of Somali piracy may be over. Most prostitutes are gone and the luxury cars repossessed. Pirates while away their hours playing cards or catching lobsters.

"There's nothing to do here these days," said Hassan Abdi, who taught English in a private school before turning to piracy in 2009. "The hopes for a revitalized market are not high."

Armed guards aboard cargo ships and an international naval armada that carries out onshore raids have put a huge dent in piracy and might even be ending the scourge.

While experts say it's too early to declare victory, the numbers are startling: In 2010, pirates seized 47 vessels. This year they've taken five.

For a look at the reality, an Associated Press team from the capital, Mogadishu, travelled to the pirate havens of Galkayo and Hobyo, a coastal town considered too dangerous for Western reporters since the kidnappers have turned to land-based abductions. There they found pirates who once owned vast villas living in darkened, unfurnished rooms.

Stats

- Somali pirates hijacked 46 ships in 2009 and 47 in 2010 (Source: European Union Naval Force)
- At the height of Somali piracy, pirates held more than 30 ships and 600 hostages at a time.
- Ransoms for large ships have averaged close to $5 million. The largest reported ransom was $11 million.
- The UN says 1,045 suspected or convicted pirates are being held in 21 countries.

Abdirizaq Saleh, who once had bodyguards, maids and the attention of beautiful women, is now hiding from creditors in a dirty room filled with dust-covered TVs. "Ships are being held longer, ransoms are getting smaller and attacks are less likely to succeed," said Saleh.

Lt.-Cmdr. Jacqueline Sherriff, a spokeswoman for the European Union Naval Force, attributes the plunge in hijackings to improved international military efforts — European, American, Chinese, Indian, Russian. In May, after receiving an expanded mandate, the EU Naval Force destroyed pirate weapons, equipment and fuel on land. "We have witnessed a significant drop in attacks in recent months. The stats speak for themselves," said Sherriff.

THE ASSOCIATED PRESS

Khamenei posters rattle Iraq's independence

After years of growing influence, a new sign of Iran's presence in Iraq has hit the streets. Thousands of signs, that is, depicting Iran's supreme leader smiling to a population once mobilized against the Islamic Republic in eight years of war.

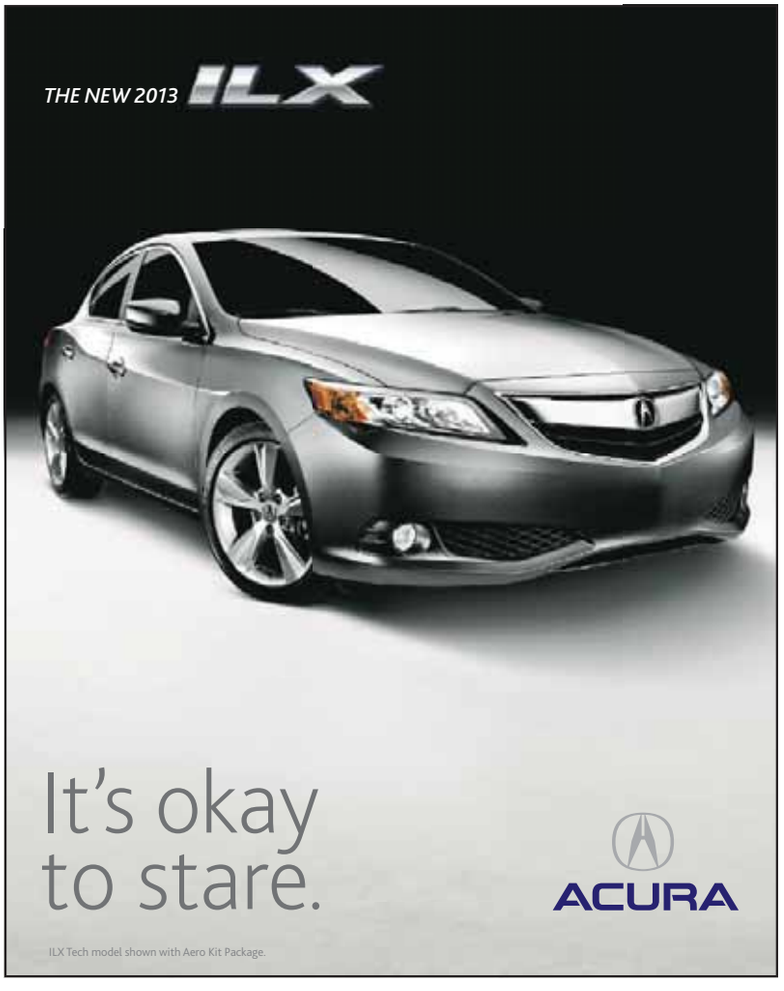
The campaign underscores widespread doubts over just how independent Iraq and its majority Shiite Muslim population can remain from its eastern neighbour, now that U.S. troops have left the country.

The posters of Grand Ayatollah Ali Khamenei first appeared in at least six Shiite neighbourhoods in Baghdad and across Iraq's Shiite-dominated south in August, as part of an annual pro-Palestinian observance started by Iran.

"When I see these pictures, I feel I am in Tehran, not Baghdad," said Asim Salman, a 44-year-old Shiite. "Authorities must remove these posters, which make us angry."

Sheik Ali al-Zaidi, a senior official with the militia, said some 20,000 posters of Khamenei were distributed across Iraq. He said Khamenei "enjoys public support all over the world" including Iraq, where he "is hailed as a political and religious leader." THE ASSOCIATED PRESS

In this Sept. 16 photo, a poster depicts Iran's supreme leader Ayatollah Khamenei, right, and Ayatollah Mohammed Sadiq al-Sadr, late father of the radical anti-U.S. cleric Muqtada al Sadr, in Baghdad. Thousands of signs depicting Khamenei have been posted in Shiite neighbourhoods across Iraq. KARIM KADIM/THE ASSOCIATED PRESS



Manik Farm

Tamils relocated after camp closed

The United Nations welcomed the closure of the Manik Farm camp for war-displaced Tamil civilians in northern Sri Lanka, but expressed concern about hundreds of people unable to return home because their land is occupied by the military. The UN said 346 people from 110 families were relocated while they await confirmation of whether they will be allowed to return to former homes. THE ASSOCIATED PRESS

Roma camps

Child-trafficking ring busted in Paris

Eleven people have been detained in France after police raids on Roma camps uncovered what prosecutors described as a trafficking ring that forced dozens of children to steal and beg at tourist sites in Paris.

Three others were arrested in Romania, the Paris prosecutor's office revealed Tuesday. Two hundred police raided three camps.

THE ASSOCIATED PRESS

Autopsy results

Bodies killed in Russian plane crash switched

Polish military prosecutors said Tuesday that autopsies have confirmed the bodies of two people — Anna Walentynowicz, a legendary figure of Poland's Solidarity movement, and an unidentified female victim — killed in a 2010 plane crash in Russia, which also killed the Polish president — were switched, and buried in the wrong graves.

THE ASSOCIATED PRESS

Avalanche. Permits to climbers rejected by China, say agencies

The climbers killed in a weekend avalanche in the Himalayas were part of a crush of mountaineers who came to the slope because of heightened tensions between Chinese authorities and Tibetans.

China rejected climbing permits for mountaineers hoping to scale peaks in the Tibetan Himalayas, forcing many to crowd onto mountains in Nepal, according to alpine companies.

About 30 teams were registered to climb Mount Manaslu, a 50 per cent increase over last year, said Ang Tshering, who runs the popular Asian Trekking agency in Nepal.

About two dozen climbers were sleeping at a camp high on the mountain early Sunday when the avalanche swept over them. Rescuers have so far brought down the bodies of eight victims — four French, one each from Germany, Italy and Spain, and a Nepali guide.

Among those still missing is Quebec heart specialist Dominique Ouimet, 48, who was on an expedition to raise money for patients in a hospital in St-Jerome, north of Montreal.

Tibet is a sensitive area for China, which sometimes limits access for foreign tourists. It has also restricted the number of permits issued to climbers, and even stopped issuing them in 2008 while Chinese climbers took the Olympic torch to the top of Mount Everest before the Beijing Games.

Relations between Tibet and the Chinese government have been volatile this year, as many Tibetans set themselves on fire to bring attention to what they say is their suffering under China's repressive policies. China claims Tibet has always been Chinese territory, but most Tibetans say the Himalayan region was independent for much of its history. THE ASSOCIATED PRESS

WAKE UP AND SMELL GLOBAL WARMING

JUST SAYIN'
Paul Sullivan
metronews.ca

It's going to be tougher to bring home the bacon next year, thanks to global warming.

According to the National Pig Association, a U.K. trade group, there will be a world shortage of pork and bacon next year as farmers stop raising pigs as the price of feed will skyrocket because of the drought in the U.S. Midwest this year.

The association, which I was disappointed to learn is not a group of talking pigs but a more conventional organization of farmers, believes there could be a 10 per cent reduction in the pig supply, which means prices will double.

The bottom line: A sharp reduction in bacon and tomato sandwiches.

This is a catastrophe. Global warming is bad enough, but it will be unendurable without BLTs.

Bacon pride

Ironically, this comes at a time when bacon is undergoing a renaissance. It's everywhere! You can spread bacon jam on your toast tomorrow morning or you can wait until lunch to chow down on the Baconator from Wendy's: Six slices of bacon along with two beef patties, two slices of cheese and a heart attack (bonus!).

Ironically, this comes at a time when bacon is undergoing a renaissance. It's everywhere! You can spread bacon jam on your toast tomorrow morning or you can wait until lunch to chow down on the Baconator from Wendy's: six slices of bacon along with two beef patties, two slices of cheese and a heart attack (bonus!). Then, at dinner, you can sit down to a filet wrapped in bacon, accompanied by a salad festooned with bacon bits, chased with a caramel-bacon ice-cream sundae. Yum.

But you'd better hurry. The bacon window is closing.

Maybe this is not such a bad thing. I've been feeling guilty ever since Charlotte saved Wilbur in that classic of my childhood, Charlotte's Web. Not that it kept me from my Baconator ways. I've never met anything that doesn't taste better than a slice of bacon. Except maybe six slices of bacon.

But let's get real. Pigs are at least the smartest barnyard animal and are routinely ranked among the top 10 animals on or off the farm. They also get a bad rap on the hygiene front. They are habitually clean; they have to roll in the mud to stay cool because they have no sweat glands. You wouldn't eat any of the other brainiacs of the animal kingdom: whales, dolphins, elephants or apes, so why pick on pigs?

So, struggling with a guilty conscience and a looming, 100 per cent increase in the price of pork, I was already teetering on the brink when a vegan friend sent me this link to an adorable YouTube video featuring an adorable pig saving an adorable goat from drowning at a petting zoo. Search "pig saves goat" on YouTube and watch it. Warning: It's adorable.

"Some Pig!" as Charlotte would weave on her web. Maybe this global-warming thing is Mother Nature sending us a sign, too — back away from the bacon and repeat after me: Pigs are our friends.

If you love bacon, the tides are turning against you. JOHN MOORE/GETTY IMAGES

Taiwan clashes with Japan

THE ASAHI SHIMBUN/GETTY IMAGES

Territorial sprayings

Water fight over disputed islands

Japanese coast-guard vessels fired water cannons at Taiwanese fishing boats after the commercial ships ignored warnings not to enter Japan's waters.

Ten surveillance ships from Taiwan that accompanied more than 50 vessels into waters around the Senkaku Islands retaliated with their own water cannons, agency reports say. METRO

President's viewpoint

"We stand up for our rights, and there should be no doubt about it."

Taiwanese President Ma Ying-jeou, speaking to reporters on Tuesday.
Ma praised the Taiwanese coast-guard vessels for escorting fishermen to assert their sovereignty over the disputed islands. Ma was quoted by sources as saying that "where there are our fishermen, that's where our coast guard will be."

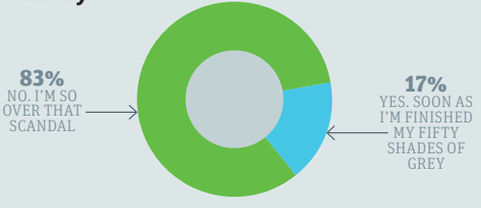
Conflict timeline

- **The Senkaku.** A group of five small islands in the East China Sea some 170 kilometres north of the Japanese island of Ishigaki. They are controlled by Japan but claimed by China (which calls them the Diaoyu) and by Taiwan (the Diaoyutai).
- **Sovereignty dispute.** Japan legally acquired the islands in the late 19th century, but China and Taiwan argue the islands historically belonged to Taiwan (which China also claims as its own). Reports suggest that the Chinese claim to the islands gained prominence after a 1968 geological survey found possible oil and gas reserves in the area.
- **This year's tension.** Tokyo's government bought private islands from a Japanese family for development. Beijing says it's an act of provocation.
- **Now.** Protests have targeted the Japan embassy in Beijing and Japanese businesses in China.

Metropolitan Panel

Register at metropolitanpanel.ca and take the quick poll

Would you a read a tell-all by Monica Lewinsky?



Twitter

@penottawa:
Totally agree.@InklessPW: If I were to write a list of 100 million thingsOttawa needs I would not get around to including "casino. #ottcity

@tobanm:
Only in #ottcity would residents turn into an angry Simpsons-like mob over a good news story ie bringing revenue in & making it world class

@weegarxo:
Brace yourself for a bacon shortage ottawa

@keeks__xo:
New casino in Ottawa? Please put it in Barrhaven alright thank you

@jasonwagar:
Apple Maps moved my parents 170 km northeast from Kingston toOttawa. #surprise!

metro
President Bill McDonald • **Vice-President & Group Publisher, Metro Eastern Canada** Greg Lutes • **Editor-in-Chief** Charlotte Empey • **Deputy Editor** Fernando Carneiro • **National Deputy Editor, Digital** Quin Parker • **Managing Editor, Ottawa** Sean McKibbon • **Managing Editor, News & Business** Amber Shortt • **Managing Editor, Life & Entertainment** Dean Lisk • **Vice-President, Sales** Quin Millar • **National Sales Director** Peter Bartrem • **General Manager** Dara Mottahed • **Sales Manager** Ian Clark • **Distribution Manager** Bernie Horton • **Vice-President, Business Ventures** Tracy Day • **Vice-President, Creative** Jeff Smith • **Vice-President, Marketing & Interactive** Jodi Brown • **Vice-President, Finance** Phil Jameson • **METRO OTTAWA** • 130 Slater St., Suite 300 Ottawa, ON K1P 6E2 • **Telephone:** 613-236-5058 • **Fax:** 866-253-2024 • **Toll free:** 1-888-916-3876 • **Advertising:** 613-236-5058 • adinfoottawa@metronews.ca • **Distribution:** bernie.horton@metronews.ca • News tips: ottawa@metronews.ca • **Letters to the Editor:** ottawaletters@metronews.ca

Even from behind.

Introducing Acura ILX. Luxury starts here. Experience it now at acura.ca/ILX

Man. Machine. Connect.

ACURA

ILX Tech model shown with Aero Kit Package.

SALE EVENT WAREHOUSE SALE
BIG NAMES! BIG SALE!
September 29 to October 8 at 10AM • 10 Days Only • Open Thanksgiving Monday • DON'T MISS IT!!
Nepean Sportsplex • 1701 Woodroffe Ave. • Curling Rink
For more info: www.saleevent.ca
haggar
L'ORÉAL PARIS
FRAGRANCES
REVLON
CAMBRIDGE TOWEL
AXE
Dickies
Callaway GOLF
crocs

Impulse purchases cost Canadians thousands annually, survey finds

Emotional shopping. Sixty per cent of those polled admit they buy to cheer themselves up

A majority of Canadians surveyed by the Bank of Montreal say they shop to cheer themselves up and mood-lifting impulse purchases cost Canadians $3,720 annually.

The Bank of Montreal poll found that 59 per cent of those surveyed did impulse shopping and bought items like clothes and shoes and also treated themselves to eating out.

"We're really struggling to save money on a monthly basis," said Janet Peddigrew, district vice-president of midwestern Ontario at BMO.

Consumers have been spending more than they've been saving over the last 10 years, which is cause for concern, Peddigrew said.

"Those who answered the survey, the majority, said they would do it to cheer themselves up," she said.

The survey found that 60 per cent of Canadians did this kind of emotional shopping and 55 per cent bought something they might not need because it was on sale. On average, that amounts to $310 a month being spent on items that are wanted but not needed.

Those surveyed believed they could save two-thirds of that amount if they made an effort to limit impulse spending, the bank said.

Peddigrew said not having enough savings can leave consumers caught short when an emergency arises, such as if they need to do a major home repair or if they lose their job.

The poll results come as Canadian debt-to-income ratios sit at a record 152 per cent and top officials issue warnings to start paying down debt before interest rates rise.

There's also an element of regret that comes with impulse shopping and in some cases, financial difficulties.

The survey found that more than half of respondents regretted their purchases and 43 per cent sometimes spent more than they earned in a month. Another third of those surveyed had to borrow money or take out a loan to cover their impulse spending.

The online survey was conducted by Pollara and interviewed 1,000 adults between Aug. 31 and Sept. 5.

THE CANADIAN PRESS

Canadians spend an average of $310 per month on items that are wanted but not needed, according to a new poll.
PETER MACDIARMID/GETTY IMAGES

Financial planning

Feds hope new toolkit will help consumers manage money

Ottawa believes Canadians might need a little assistance in how they spend and save. The federal government has released a financial toolkit that it says can help Canadians make sense of everyday financial questions they face.

The toolkit, available online at fcac-acfc.gc.ca and in printed form, includes worksheets, quizzes, questionnaires, case studies and educational videos to educate Canadians on making rational, responsible money decisions. It was created in partnership with the Financial Consumer Agency of Canada, the Investor Education Fund and l'Autorité des marchés financiers.

The toolkit is part of the government's efforts to promote financial literacy and follows months of warnings from the Bank of Canada and the finance minister about record high levels of consumer debt. THE CANADIAN PRESS

Economic indicator

U.S. consumer confidence climbs

U.S. consumer confidence jumped this month to the highest level since February, bolstered by a brighter hiring outlook.

The Conference Board said Tuesday that its consumer confidence index rose to 70.3. That's up from 61.3 in August, which was revised higher. And it's the highest reading since February, when the economy added 259,000 jobs.

The indicator is watched closely because consumer spending drives nearly 70 per cent of economic activity. The reading is still below 90, a level that indicates a healthy economy. Since the beginning of the year, the index has fluctuated sharply.

The survey was conducted from Sept. 1 through Sept. 13. It shows consumers were more optimistic about the current availability of jobs and their outlook over the next six months. THE ASSOCIATED PRESS

Market Minute

DOLLAR
101.98¢
(-0.19¢)

TSX 12,257.18 (-56.36)

OIL $91.73 US (-$0.56)

GOLD $1,766.40 US (+$1.80)

Natural gas: $2.924 US (+8.7¢)
Dow Jones: 13,457.55 (-101.37)

Canada's National Notary Company
Notarization & Legalization
Over 100 Locations Across Canada
Mobile Notary
Certified True Copies
E-Document Certification
Notarization & Commissioners of Oaths
Affidavits
Visa & Passport Processing
Fingerprinting
Background Checks
Land Title Searches
Authentication & Legalization (Apostille)
Consent to Travel
Red Seal NOTARY
Scan and Save
RedSeal Notary.com
1-888 922-7325

RIM demonstrates BB10

Research In Motion is showcasing its new BlackBerry 10 operating system, saying it will launch a new era in mobile computing.

RIM chief executive Thorsten Heins says the new platform and accompanying smartphone — on schedule to be launched early next year — will almost have the processing power of a laptop.

The company's future is riding on the success of BlackBerry 10 and its new phones after suffering two major delays that pushed back the release date.

Heins was showing how the new operating system works at the BlackBerry Jam Americas conference in San Jose, Calif. He says it will separate a user's personal and corporate information and both sets of information will be encrypted and fully secure.

The new BlackBerry Messenger instant text service will allow a user to type in more than one language in the same sentence. The demonstration smartphone was being used with one hand and allowed its user to easily manipulate the touchscreen with a finger.

RIM has already lost significant market share due to delays in bringing out its new generation of BlackBerry devices.

THE ASSOCIATED PRESS

Thorsten Heins, president and CEO of Research in Motion, speaks at the BlackBerry Jam Americas conference in San Jose, Calif., on Tuesday. THE ASSOCIATED PRESS

Thank you sir.
Thank you for all you've done.
Facing my debt and my creditors was intimidating,
but you made it easy. Too easy actually.
I gave you what money I had,
hoping to make all these stressful calls stop. But they didn't stop,
and did you know I'm being sued now?
Is that part of your easy process?
So thank you, I've learned a lot from this.
Most of all, I've learned not all debt solutions are created equal.

Oh by the way, I've called BDO."

CONTROL YOUR FUTURE

Credit Counsellors | Proposal Administrators | Trustee in Bankruptcy since 1958

613 235 5225 | **bdodebthelp.ca**

BDO Canada Limited is an affiliate of BDO Canada LLP. BDO Canada LLP, a Canadian limited liability partnership, is a member of BDO International Limited, a UK company limited by guarantee, and forms part of the international BDO network of independent member firms. BDO is the brand name for the BDO network and for each of the BDO Member Firms.

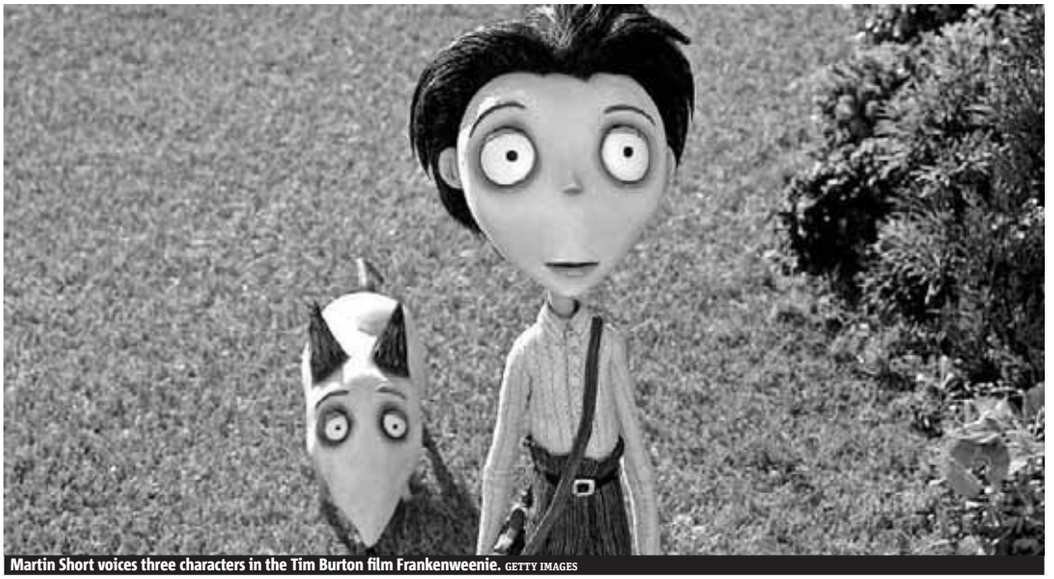
BDO

SCENE 2

Not Short on versatility

Interview. Canadian star talks about new film Frankenweenie, working with Burton and doing an array of character voices

NED EHRBAR
Metro World News


Martin Short voices three characters in the Tim Burton film Frankenweenie. GETTY IMAGES

Martin Short first worked with Tim Burton in 1996's Mars Attacks! Given Burton's penchant for familiar faces — or voices — it's no surprise Short is back for Frankenweenie, voicing three very different characters in the stop-motion animation feature.

Martin says it's always nice to be asked back — as long as the director is any good at what they do.

How is it being a part of Tim Burton's troupe, having a director say, 'I want you back?'
Well, obviously if the director is horrible you say, 'Who cares?' But in Tim's case, you're honored, you're complimented. And we did really like each other. We like each other a lot.

You don't hear a lot of bad things about Tim.
Because of his position of power and his reputation of creativity, he would therefore be allowed to pull off being moody one day on the set. I once worked with a guy when I was early on, and he was fabulous for about two weeks and then one day I walked by and said hi and he just kept walking. His assistant came over and said, 'Oh, his therapist said he doesn't have to say hello if he doesn't need to.' Tim could be that guy, but I always see him, especially in a work situation, in a joyful, joyful state of mind. He's happy to be there.

But behind all-black clothing and sunglasses and the hair.
Well, that's his hair. And I think that he just likes black jackets.

You voice three characters in this film, but your primary character — Victor's father — is pretty normal as far as characters go. Is that odd for you?
I think if that were the only voice I was doing, I might — I would've done it anyway because it's Tim, I love Tim — but if it were not Tim, you kind of go, 'Well I don't know why you need me for this.' But I've always made sure in my specials over the years that there was one scene where I played myself to give the audience an understanding of that's who he is and these are the offshoots.

How often during these press junkets are you reminded of your own celebrity interviewer character, Jiminy Glick?
Well you know, the misconception of Jiminy was that he was satirizing you guys, and he wasn't at all. He was satirizing morons with power. He could've been a congressman. We do see this all the time, and Washington is filled with these people, you know? They have staffs that are happy to get the job, just graduated from Yale and scared on the first day of work — and this is the guy they're scared of. So that's what struck me as funny. It wasn't about interviews.

Which of your characters do people ask you to reprise the most often?
It's very weird. I remember I was doing a Broadway show a few years ago, Fame Becomes Me, and I would leave the stage door, and there are people with things for you to sign, you're signing things, and people call out a line. 'I want my pudding!' or something. And you get in the car and you go, 'What was that from?" And then you go to bed and about two in the morning — 'Oh, that's that special I did in '87!' I think particularly in comedy and particularly with my stuff, if one finds it funny, because it's not known — like Two and a Half Men type of knowledge — you feel like you own it yourself, it's your thing.

I mean, obviously people will talk about Franc, they'll talk about Jiminy, they'll talk about Ed Grimly or Jackie Rogers Jr.

You know, they'll talk about these characters that have been around for a while. But sometimes they'll go obscure. I did an episode of Arrested Development, and people come up and talk about Uncle Jack.

Is Uncle Jack showing up again in the relaunch of the show?
You know, I had dinner with Mitch Hurwitz about a year and a half ago and he said, 'We've got to get Uncle Jack back,' but no one's sent the script. Let's put it that way. But I loved that guy.

On the web

Qriket

Read about Telefilm backing Canuck projects starring Radcliffe, Dreyfuss, Monteith by scanning this code or visiting metronews.ca.

AN ENTIRE SEASON OF SKIING OR A NEW PAIR OF SHOES
CAMP FORTUNE SEASON PASSES ON SALE AS LOW AS
109 $
*per person, when purchased in a group of 4
HURRY! ONLY 3 DAYS LEFT!
SALE ENDS FRIDAY!
campfortune.com
819-827-1717
CAMP FORTUNE

Offer ends **September 30**

fido

Get it all with the **All-in-one Smart plan**

- **Canada-wide calling**[1] (no long distance fees)
- **150 daytime minutes**
- **Unlimited** evenings from 5 p.m.
- **Unlimited** weekends
- **Unlimited** Text, Picture and Video Messaging (Canadian & international)
- **250 MB data**

$40 per month[2]

Call Display and Voice Messaging INCLUDED[3]

Includes the Fido ADVANTAGE™

FidoTRADE | FidoDOLLARS | *Fido LiveANSWERS*

It's time to switch.
Visit a store, go to **fido.ca** or call **1-866-301-3436**.

FIDO STORES

Quinte Mall, Belleville
360 Maloney West Blvd., Gatineau
Les Galeries de Hull, Gatineau
Promenades de l'Outaouais, Gatineau
Cataraqui Town Centre, Kingston
Bayshore Shopping Centre, Nepean
Place D'Orléans, Orléans
70B George Street, Ottawa
Billings Bridge Mall, Ottawa
Carlingwood Mall, Ottawa
Elmvale Mall, Ottawa
Merivale Mall, Ottawa
St. Laurent Shopping Centre, Ottawa
Landsdowne Place Mall, Peterborough

FUTURE SHOP · booth wireless · WIRELESSWAVE · BEST BUY · WIRELESS etc... · COSTCO WHOLESALE · Walmart · THE MOBILE SHOP

Offers subject to change without notice. A one-time $35 Activation Fee applies; receive a credit for the entire amount of the $35 Activation Fee on your invoice with new activation on a 2- or 3-year Fido Agreement. Device savings recovery fees and/or service deactivation fee apply according to the terms of your agreement. **1.** Airtime charges may apply. **2.** Additional airtime, long distance, roaming, data, add-ons, provincial 9-1-1 fees (if applicable) and taxes are extra & billed monthly. Additional data: $5/100 MB. Data transmission charges of 3¢/kB apply when roaming. Plans include messages sent from Canada to Canadian or intl. wireless numbers. Sent/received premium messages (alerts, messages related to content and promotions) and messages sent while roaming not included and charged at applicable rates. Subject to Fido Terms and Conditions & Acceptable Use Policy, **fido.ca/terms**. **3.** Service includes up to 3 messages, each 3 minutes in length, that can be saved up to 3 days. © 2012

Lindsay Lohan. ALL PHOTOS GETTY IMAGES

Lohan released after brief hospital stay

Lindsay Lohan was rushed to the hospital in New York recently due to a pesky respiratory infection, according to TMZ, but she's not in any danger.

"Lindsay was treated and released and is doing fine," her rep insists.

Hoping to clear things up further, the troubled actress' dad, Michael Lohan, has released a statement:

"She got rid of (the infection) before she left for Atlanta to shoot Scary Movie, but obviously she didn't get enough rest and it came back," he says.

"She's on antibiotics. This was more precautionary than a major medical issue."

Quote

"Lindsay was treated and released and is doing fine"

Lohan's rep

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Timberlake bringing the sexy back to MySpace

THE WORD
Dorothy Robinson
scene@metronews.ca

Are social media platforms like fashion? Wait long enough and pretty soon we'll be looking for them again in the deep recesses of our closet?

Well, guess who we might find back there next to the fanny packs and boot-cut jeans: Tom from MySpace.

Justin Timberlake invested in the faltering site in 2011 and has, apparently, been working hard on a revamp. On Monday, Timberlake tweeted a sleek new video of the site and, dare I say, it looks amazing. If you've become tired of Facebook, with the ever-present spammy developments — not to mention Mark Zuckerberg's increasingly shady information sharing practices — the new MySpace might be a safe haven from the constant deluge of baby photos.

The new, clean interface looks like a mash-up of Facebook, Instagram, Pinterest, Spotify and Twitter, and focuses heavily on music (which Facebook could never do).

There are several other notable changes, like easy drag-and-drop interactivity for music sharing and ways to connect with other creative people who share similar interests.

Now, I just need to find the nerve to log back in when the new site finally launches — I'm terrified to see how many porn stars I've become friends with in my absence, as well as what my "mood" was in 2007.

Twitter

@AlyssaMilano
Sigh... I wish I liked anything on my body as much as Christina Aguilera likes her boobies. Bless her and those boobies!

@katyperry
There's no place like Tokyo, there's no place like Tokyo, There's no place like Tokyo.

@kanyewest
What if there was no profanity... What if we decided to legalise profanity in a sense? In France they play songs with cursing on the radio

@SteveMartinToGo
Just wondering. Women are different from men, right? But are their bodies different too?

Arnold Schwarzenegger

Schwarzenegger told wife about cheating before it leaked

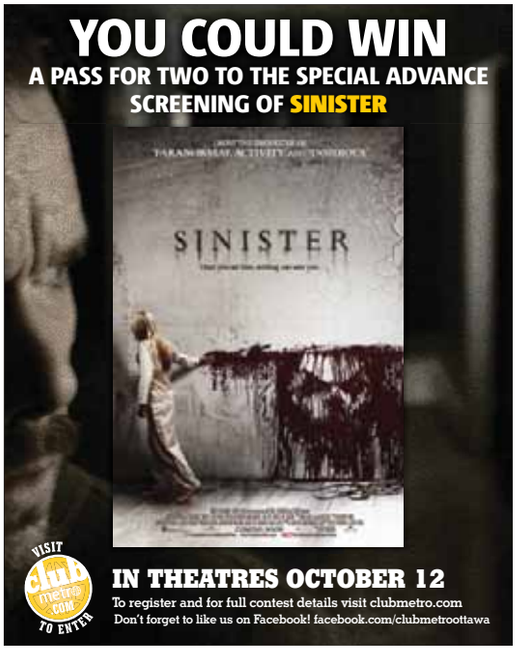
Before news broke of Arnold Schwarzenegger's 14-year-old love child with housekeeper Mildred Baena, he confessed it himself to wife Maria Shriver — but only after she confronted him about it in therapy.

"The minute we sat down, the therapist turned to me and said, 'Maria wanted to come her today and to ask about a child — whether you fathered a child with your housekeeper Mildred,'" Schwarzenegger writes in his new memoir. "I told the therapist, 'It's true.'"

According to the book, the therapy session took place in January 2011, four months before he publicly admitted to fathering the child, whom he says was conceived during production of Batman and Robin.

YOU COULD WIN
A PASS FOR TWO TO THE SPECIAL ADVANCE SCREENING OF WINNIE
THE EPIC UNTOLD LOVE STORY
WINNIE
VISIT clubmetro.com TO ENTER
To register and for full contest details visit clubmetro.com
Don't forget to like us on Facebook! facebook.com/clubmetroottawa

THE OTTAWA WEDDING SHOW
OCTOBER 13 & 14
Saturday & Sunday 11am to 5pm
CE CENTRE 4899 UPLANDS DRIVE (at Airport Parkway)
Exhibits - Over 100 of Ottawa's top wedding professionals
Fashion shows - 12:30pm and 3:30pm both days
Boutique Gowns - Hosted by Ottawa's leading bridal shops
Prizes and Promotions available only at Show
ADMISSION FREE
www.OttawaWeddingShow.com


YOU COULD WIN
A PASS FOR TWO TO THE SPECIAL ADVANCE SCREENING OF SINISTER
SINISTER
VISIT clubmetro.com TO ENTER
IN THEATRES OCTOBER 12
To register and for full contest details visit clubmetro.com
Don't forget to like us on Facebook! facebook.com/clubmetroottawa

Offer ends Sept. 30th

50% OFF

ALL UNLIMITED PLANS

Starting from $12.50/mo

mobilicity.ca

mobilicity™
Now that's **smart.**

Receive 50% off all regular rate or data stick plans for 6 months while customer is on automatic monthly payments (preauthorized credit/debit payment). Taxes are extra. Restrictions may apply on combining offers with other offers or promotions. All unlimited features included in each plan/add-on, including unlimited talk, text and data features, must originate and be used within the Mobilicity Unlimited Zones. Premium and special numbers are excluded. Additional terms and conditions apply. Subject to change without notice. © 2012 Mobilicity. 'Mobilicity', 'Now that's smart.', the Mobilicity designs and the Mobilicity logo are trademarks of Mobilicity. Other trademarks shown may be held by their respective owners. All rights reserved.

Mobilicity Stores

Lincoln Fields Mall
1595 Merivale Rd,
Unit 6
168 Rideau St

Bayshore Shopping Centre
173 Montreal Rd
Hazeldean Mall

Carlingwood Shopping Centre
246 Bank St

Authorized Dealers

Cellular X Zone:
Billings Bridge Shopping Centre

Bullo Wireless:
1414 Walkley Rd

IGO Cyber House Inc:
223 Bank St

FTA Tronix:
1807 Carling Ave

City Mobile:
TNT Supermarket 224 Hunt Club Rd, Unit B

Rocknet Telecom:
967 St. Laurent Blvd

LIFE 3

Your putts will fall this season so swing into colour

Golfing in splendor. Enjoy the changing of seasons by seeking out some of the sport's best colour-filled courses in Canada

BRIAN KENDALL
canadiangolftraveller.com

Silver Creek Golf Course in Garden River, Ont., is among the top fall golf courses in Canada. HANDOUT

Canada's golf courses are always at their most spectacular during the fall. From Newfoundland to British Columbia, Canadian Golf Traveller explores five top fairway destinations perfect for savoring the sights, tastes and other opportunities of the season.

Newfoundland
Though gorgeous at any time of year, the wild and woolly setting of Newfoundland's Twin Rivers Golf Course is unmatched in autumn.

Situated at the southern end of Terra Nova National Park, 223 kilometres west of St. John's, the 6,546-yard layout by Doug Carrick and the late Robbie Robinson skirts the Atlantic Ocean before twisting through a boreal forest ablaze with colour and teeming with moose and bald eagles. Especially unforgettable is the 18th, a 175-yard par three played through the mist rising above a waterfall to a small green nestled in the forest.

Annapolis Valley, N.S.
Sheltered from the icy winds off the Bay of Fundy by the South Mountain, Nova Scotia's Annapolis Valley enjoys a longer autumn than almost anywhere else in the Maritimes.

Earthy harvest smells perfume the air as visitors journey past apple orchards and dairy farms to the Avon Valley Golf and Country Club, about an hour's drive west from Halifax. The tiny greens of this hilly course, near the town of Falmouth, demand surgically precise approach shots.

Charlevoix, Que.
Spectacularly situated on cliffs overlooking the mighty St. Lawrence River, the Fairmont Le Manoir Richelieu Golf Club is one of the jewels of Quebec's popular Charlevoix tourist region, east of Quebec City.

Canadian Shield outcroppings, pristine lakes, verdant Laurentian valleys and evergreen forests define Charlevoix's astonishingly diverse landscape, which is at its most beautiful in autumn. The region is also a renowned culinary destination, with farms, restaurants and hotels focused on serving local food.

Exclusively online

Where to find Brian online

- **Online.** Follow Brian Kendall on twitter @cdngolftraveler and visit his website, canadiangolftraveller.com

Sault Ste. Marie, Ont.
Autumn colour buffs annually flock to Sault Ste. Marie for the Agawa Canyon Train Tour, an unforgettable journey past foaming rivers and spring-fed lakes deep into a northern wilderness turned crimson and yellow.

But golfers can enjoy similar scenery right in the city of 75,000 at the aptly named Crimson Ridge Golf Club. Designed by local son Kevin Holmes, the 10-year-old layout includes mature forests, a waterfall and numerous elevation changes. Most memorable of all is the par-five ninth hole (formerly the 18th), a dogleg offering a breathtaking view from the elevated tee of the city's downtown, the North Shipping Channel and northern Michigan.

Just as gorgeous is Silver Creek Golf Course, a demanding Arthur Hills/Steve Forrest and Associates design opened two years ago by the Garden River First Nation on land just east of the city. Bear and deer are frequent visitors to a layout where many holes were carved through a dense forest of hardwoods and conifers.

Okanagan Valley, B.C.
From a desert of sagebrush and cactus to lushly forested mountain valleys and terraced orchards and vineyards, the Okanagan Valley offers an autumn golf season of striking visual contrasts.

The valley's top draw is Predator Ridge Resort, which sprawls across a 12,000-acre landscape of clear lakes, fast-rushing mountain streams and wheat grass meadows. There are two championship courses, including The Ridge, a Doug Carrick design that launched to rave reviews in 2010.

On the web

Qriket

America's first built from scratch Spaceport struggling to attract business

MIDEARTH TRAVEL
738 Bronson Ave. 613-236-5226
224-6 Hunt Club Rd. 613-236-2323
www.midearth.ca

TORONTO - NIAGARA FALLS
1000 Islands - Toronto - Niagara Falls
Departure dates: Saturdays and Wednesdays
2-day bus tour from $109

QUEBEC CITY & WHALE WATCHING
Quebec City - Montreal • Departure dates: Every Saturday
2-day bus tour from $119

FALL COLOURS
1-day bus tour to discover maple leaves in Algonquin Park or Mont-Tremblant
Departure: Sept. 22, 29, Oct 6, 13
from $45

NEW YORK CITY FUN
NYC, Washington DC, and Atlantic City
Departure dates: Saturdays and Oct 6 Thanksgiving
3-day from $179 4-day from $209

All including Bus & Hotel

Nostalgic pilgrimage. George Knudson

BRIAN KENDALL
canadiangolftraveller.com

A little bit of golf history. BRIAN KENDALL

For fans of the late, great George Knudson, a pilgrimage to his mid-town Toronto gravesite is a fitting and moving tribute to the man who ranks alongside Mike Weir as our outstanding male golfer.

I made the trip recently, remembering as I walked through Mount Pleasant Cemetery, searching for his headstone (Plot 1513, Section 32), the golfer I had worshipped as a young boy in the 1960s.

After seeing him on newscasts or watching him Sunday afternoons on our old black-and-white TV, I would go out and try to emulate his cat-like walk on the fairway and that impossibly sweet swing he had perfected over countless hours of practice, the stroke even Ben Hogan said was one of the finest he'd ever seen.

Knudson died of cancer at age 51 in 1989, having won eight times on the PGA Tour (tied with Weir for most victories by a Canadian). Now he rests among good company at Mount Pleasant Cemetery.

Sadly, I never had the good fortune to meet Knudson during his too-short life.

But like so many others of my generation, I've never forgotten the brilliant shotmaker whose success thrilled Canadians and who first made us fall in love with the game.

A vintage selection for a vacation

Martha's Vineyard. You don't have to be rich and famous to enjoy the Atlantic island's history and charm — but it certainly doesn't hurt

CASSANDRA GARRISON
Metro World News in New York

Historically, Martha's Vineyard is a blue-blooded summer spot, but the island is welcoming a new generation of jet-setting visitors.

Though the vineyard does remain the ideal escape for those who wish to rub elbows with the who's whom of the Northeast, it's also relatively affordable in the offseason. (Note: We did say relatively.)

Explore cutting-edge culinary delights, a bustling shopping scene and stunning landscapes that will take your breath away at any time of the year.

Where to stay

The Harbor View Hotel in Edgartown — one of the island's six charming towns — offers unparalleled waterfront views of the harbour and the Edgartown lighthouse. This 121-year-old Victorian-style hotel has all of the modern amenities we crave on vacation (late room service, plush robes, milk and warm cookies in the evenings), but gives off a regal Kennedy-like feel. The hotel offers 114 guest rooms and suites, each uniquely different, and eight spacious Captain's Cottages are available to rent or purchase if you really fall in love with the island. 131 North Water St., 508-627-7000

How to get there

The island is easily accessible by boat and air, so you can spend less time in transit and more time relaxing. You'll fly from Philadelphia International to a connecting flight from Cape Air. Just don't be alarmed when the flight crew asks how much you weigh — you may be flying in a tiny propeller plane with about 10 other people.

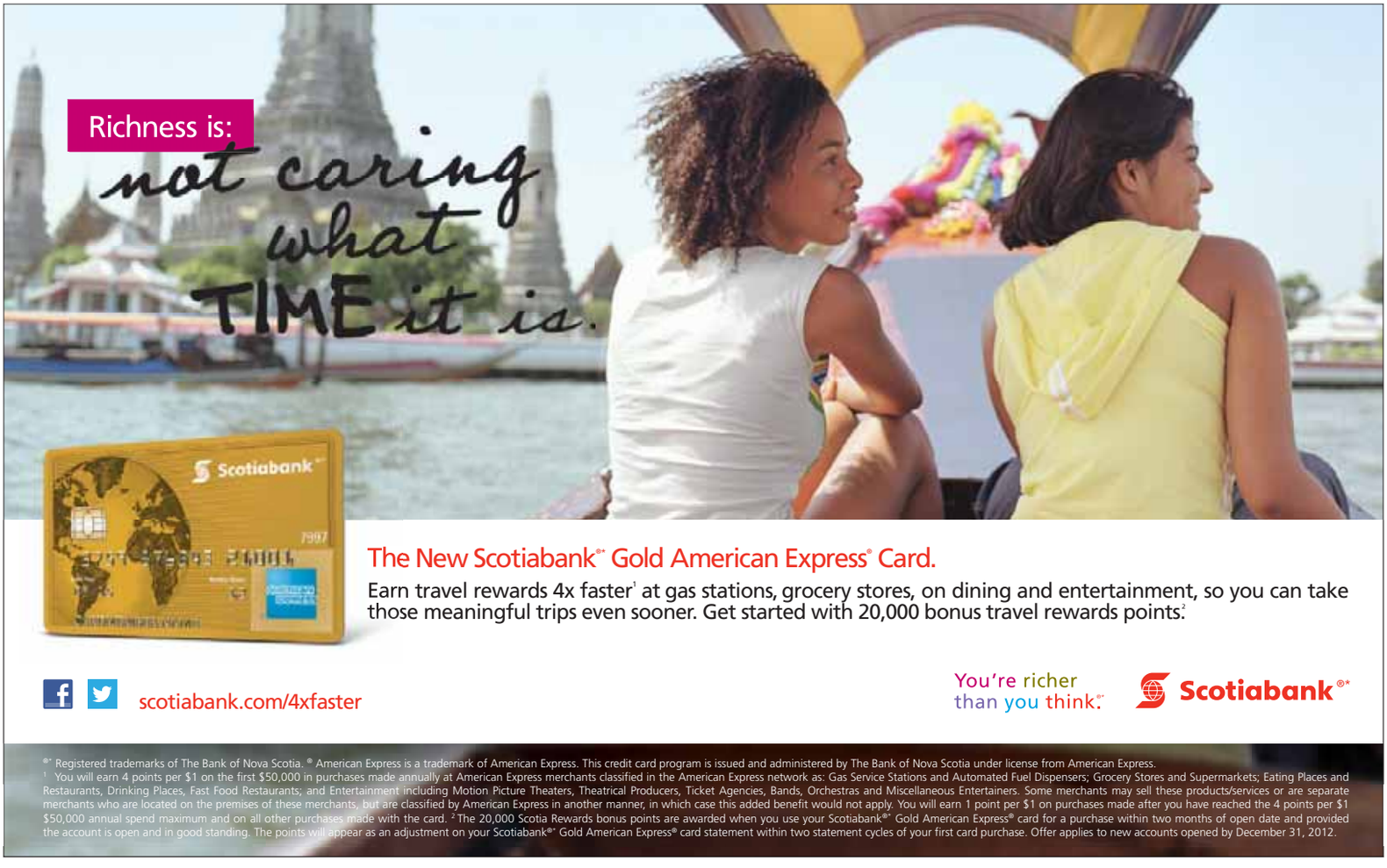
If you have the time and don't mind travelling by sea, ferry service to the island is offered from N.Y.C., Highlands, N.J., New Bedford, Mass., Hyannis, Mass., Quonset Point, R.I., and several other East Coast cities.

Where to dine

It's a sin to leave the Vineyard without indulging in a lobster roll. The traditional style of chilled lobster in a light mayo on top of a buttered roll is the favoured style of local seafood stands. Go to Faith's Seafood Shack and eat your delicious spoils on a bench at the nearby dock, or take them with you to the beach — if you can wait that long.

If you're looking to go the classier route (after all, to see and be seen in the vineyard is part of its flair), reserve a table at Water Street — the Harbor View Hotel's fine restaurant. And be sure to try the oysters and Chef Shaun Brian Sells' New England clam chowder with pork belly and chive oil.

Faith's Seafood Shack: 33 Aquinnah Circle (508) 645-4080
Water Street: (508) 627-3761


Richness is:
not caring
what
TIME it is.
Scotiabank
The New Scotiabank®* Gold American Express® Card.
Earn travel rewards 4x faster[1] at gas stations, grocery stores, on dining and entertainment, so you can take those meaningful trips even sooner. Get started with 20,000 bonus travel rewards points.[2]
scotiabank.com/4xfaster
You're richer than you think.®*
Scotiabank®*
®* Registered trademarks of The Bank of Nova Scotia. ® American Express is a trademark of American Express. This credit card program is issued and administered by The Bank of Nova Scotia under license from American Express.
[1] You will earn 4 points per $1 on the first $50,000 in purchases made annually at American Express merchants classified in the American Express network as: Gas Service Stations and Automated Fuel Dispensers; Grocery Stores and Supermarkets; Eating Places and Restaurants, Drinking Places, Fast Food Restaurants; and Entertainment including Motion Picture Theaters, Theatrical Producers, Ticket Agencies, Bands, Orchestras and Miscellaneous Entertainers. Some merchants may sell these products/services or are separate merchants who are located on the premises of these merchants, but are classified by American Express in another manner, in which case this added benefit would not apply. You will earn 1 point per $1 on purchases made after you have reached the 4 points per $1 $50,000 annual spend maximum and on all other purchases made with the card. [2] The 20,000 Scotia Rewards bonus points are awarded when you use your Scotiabank®* Gold American Express® card for a purchase within two months of open date and provided the account is open and in good standing. The points will appear as an adjustment on your Scotiabank®* Gold American Express® card statement within two statement cycles of your first card purchase. Offer applies to new accounts opened by December 31, 2012.

Very big on sights, not size

New Hampshire. Diminutive state offers visitors a chance to 'live free and...' do all kinds of fun things

For a small state, New Hampshire offers a variety of experiences for free in the fall, whether it's scenic drives, hiking, moose watching, browsing antique shops and spotting huge pumpkins. Foliage reports show leaf colour has started showing up in the Great North Woods, White Mountains and Lakes regions, and the state just released a foliage tracker to help visitors find the best spots. The state's tourism division has also started a new campaign this year, "Live Free and ..." The fill-in-the-blank play on the state motto, "Live Free or Die," suggests that there are many possibilities when it comes to exploring New Hampshire. Here are a few suggestions to enjoy the beautiful foliage, waterways and mountains in the state at no cost. THE ASSOCIATED PRESS

The scenic route

The 34.5-mile (55.5-kilometre) east-west drive on the Kancamagus Highway (State Route 112) winds through the White Mountains between the towns of Lincoln and Conway. There are no restaurants, gas stations or other amenities; the emphasis is on the stunning natural beauty surrounding you. Visitors can seek out hiking trails, campgrounds and waterfalls. Some areas, such as the Rocky Gorge, were damaged during Tropical Storm Irene, but have since been restored. Bursts of colour are already showing, but the maple, birch and beech trees are at their peak usually in the first and second weeks of October. Details at visitnh.gov or kancamagushighway.com.

Camping out

Day use and camping fees are not charged at 26 camping sites, trailheads, ponds and picnic areas in the White Mountain National Forest. This is for the adventurous type who wants to backpack in and camp off the trail or at a backcountry shelter or tent platform in undeveloped or wilderness areas. Other free activities include hiking, biking and scenic drives. The trails, some of them heading up a few of the 4,000-foot (1,200-metre) mountains, offer varying degrees of difficulty. For more free opportunities, information and backcountry rules visit fs.usda.gov/whitemountain.

Moose watching

There's still a good chance to view a moose in New Hampshire's north country through mid-October. Some companies offer moose-watching tours, but the intrepid traveller can set out at dusk on Route 3 in Pittsburg, Route 16 in Errol and other roads to try to spot one. Moose are unpredictable, so it's common to see the "Brake for Moose" signs up north. More information can be found at nhgrand.com/itineraries.aspx.

Banking that can take you from here

CIBC RANKED STRONGEST BANK IN NORTH AMERICA
Bloomberg Markets THE WORLD'S STRONGEST BANKS 2012

CIBC FOR WHAT MATTERS.

Quiet escapes

New Hampshire has many peaceful, scenic settings such as the Cathedral of the Pines in Rindge, an open-air cathedral on a hilltop in the southwest part of the state with a great view of the Mount Monadnock. Stones taken from across the country and from overseas make up an altar recognized by Congress as a National Memorial to American men and women who lost their lives in war. The site holds public events promoting peace, interfaith understanding and respect for the environment. It is free and open through Oct. 31. Information is available at cathedralofthepines.org.

Surfing

Not into leaf-peeping? Turn to the ocean beaches. The sand-sculpting competitions and sunbathers may be gone, but New Hampshire's mere 17 miles (27 kilometres) of coastline are attracting more surfers — in wetsuits, of course — this time of year. The watch for extreme weather conditions may keep some wary, but surfers say they contribute to some of the best surfing conditions in the Northeast. Surf spots include North Hampton Beach, Jenness Beach, Rye Rocks and The Wall on Route 1A. Information on conditions can be found at magicseaweed.com.

Raleigh's got more than just barbecue, but, oh, that barbecue

Rapidly growing city. North Carolina's capital has a number of new cultural hotspots, away from the traditional downtown region

NOLAN GAWRON
Metro World News in Boston

In the U.S.' South cities tend to expand outward instead of upward. Raleigh surely fell victim to that trend. In the past few years, however, the capital city of North Carolina has seen a welcomed and vibrant rebirth in food and arts culture. Raleigh's go-to destinations now encompass the areas around the capital building. Fayetteville, Salisbury and Wilmington streets now boast the coolest destinations and tend to be jam-packed full of patrons night after night.

With the influx of new restaurants, a new light has been shed on age-old standards. Mo's Diner isn't a diner at all, but a house converted into a high-end and down-home restaurant with service in each of its three dining rooms.

Despite the new taste for the gourmet, the surrounding area still offers plenty of inexpensive options.

The Mecca Restaurant is a third-generation, family-run mainstay, open since 1930 and serving Southern cooking late into the night. And for a real bargain, head down to Cooper's BBQ for a local lunch counter experience and a barbecue that has been ranked as one of the top in the country.

When it comes to bars, Raleigh's scene is mainly underground — literally.

The Foundation Lounge is subterranean, featuring unheard of concoctions and an unmatched selection of whiskeys.

For a louder and grittier experience, head to Neptune, whose basement bar features classic arcade games and rock DJs.

Spearheading the downtown restaurant rebirth is chef/owner Ashley Christensen, who began by revamping Poole's Diner in 2007.

Featuring an ever-changing menu of locally-grown ingredients, this "diner" takes no reservations, has a line out the door and quickly became the standard and redefinition of local flavor. Just last year, Christensen opened three new establishments, all right next to each other on S. Wilmington Street. Beasley's Chicken + Honey is a sleek chicken and waffles spot. Chuck is a meaty cafeteria-styled restaurant. And Fox Liquor raises the bar on cocktails and mixology in the South. Many of the spirits and cocktails featured were previously unavailable and unheard of down in the area.

Southern-fried sounds

Music growth. Raleigh also has grown exponentially in terms of entertainment. New venues have sprouted up and all participate in the yearly Hopscotch Festival. Currently in its third year, national and international acts now join the regional talent that the Hopscotch festival prides itself on. Much like South by Southwest in its infancy, Hopscotch could become the Southeast's hottest ticket. This year Yo La Tengo, The Roots and The Jesus and Mary Chain headlined the festival, while more than 175 other bands fill out the three-day, 15-venue festival. Visit hopscotchmusicfest.com for info.

Downtown Raleigh has grown rapidly, but much of its traditional charm remains. FLICKR: ORIONPOZO

Where to dine

North Carolina is famous around the world for its unique style of slow-cooked pork and chicken barbecue, but, over the years, Raleigh has become a cosmopolitan city with an eclectic mix of dining establishments. Still, if you crave a little authentic Carolina barbecue, you'll find it there, too.

Cooper's BBQ has been offering Carolina-style barbecue for more than 70 years. FLICKR: SASHAFATCAT

- **Poole's Diner**
  426 S. McDowell St.
  poolesdowntowndiner.com
- **Beasley's Chicken + Honey**
  237 S. Wilmington St.
  ac-restaurants.com/beasleys
- **Chuck**
  237 S. Wilmington St.
  ac-restaurants.com/chucks
- **Fox Liquor**
  237 S. Wilmington St.
  ac-restaurants.com/fox
- **Mo's Diner**
  306 E. Hargett St.
  mosdiner.net
- **The Mecca Restaurant**
  13 E. Martin St.
  mecca-restaurant.com
- **Cooper's BBQ**
  109 E. Davie St.
  clydecooperbbq.com
- **Foundation Lounge**
  213 Fayetteville St.
  foundationnc.com
- **Neptune**
  14 W. Martin St.
  neptunesparlour.com

all the way to San Francisco.

Get up to 30,000 Aeroplan® Miles* with the CIBC Unlimited®1 Chequing Account and CIBC Aerogold® Visa Infinite™ Card.

30,000 Aeroplan Miles is more than enough to redeem for a ClassicFlight® reward in Economy Class to anywhere in Canada or the Continental USA.[1]

Speak to a CIBC advisor today. Visit any branch, go to cibc.com/chequing or call 1 800 465-CIBC (2422).

aeroplan

CIBC FOR WHAT MATTERS.

*Conditions apply. Ask for details. Open a CIBC Unlimited Chequing Account (UCA) and enroll in the Aeroplan feature from July 3, 2012 – October 31, 2012 (Oct. 17, if by phone/online), complete qualifying transactions, make a Visa Debit purchase (by phone/mail/online/at stores outside of Canada) using your CIBC Advantage Debit Card™1 and have CIBC Overdraft Protection Service on your UCA by Dec. 31, 2012. [1]Under Aeroplan's current reward chart, earn a long-haul ClassicFlight Reward for 30,000 Aeroplan Miles (applicable fees and taxes are additional). Visit aeroplan.com for details. ®Aeroplan, Aerogold and ClassicFlight are registered trademarks of Aimia Canada Inc.; CIBC authorized licensee. ™Visa Int./lic. user. ®1Registered trademark of CIBC. ™1Trademark of CIBC. "CIBC For what matters." is a trademark of CIBC.

metro

FALL TRAVEL

Wednesday, September 26, 2012

Enjoy the fall colours with a bike ride in the Muskoka region. ISTOCKPHOTO/THINKSTOCK

Osoyoos, B.C., has Canada's only desert and the weather is always fantastic. TORSTAR NEWS SERVICE FILE

You can go whale watching in Quebec's Gaspe region. THE ASSOCIATED PRESS FILE

Fall in love with Canada this season

ASTRID VAN DEN BROEK
For Metro

While Canadians know how to snag cottage invites in the summer and dress up to ski down a snowy hill in the winter, what to do in the fall? After all, autumn is a beautiful season, rich with colour and activity. We asked travel experts to share their top Canadian destinations for the fall.

BIKE IN ONTARIO'S COTTAGE COUNTRY

While Ontario's Muskoka region is a cottage magnet in the summer, there is still time in the fall to take advantage of what this region offers — namely rich foliage and gorgeous views.

"While some operators are shutting down for the season at the end of October there's still time to get out on a bike or in a car and see them," Burgess said.

LOOK FOR BEARS, BIRDS AND WHALES

"On the B.C. West Coast it's bear and whale season and there are lots of lodges up in the Great Bear Rainforest," said Jane Burgess, the Vancouver-based brand content manager for the Canadian Tourism Commission. "This is the time when many whales follow migratory patterns. September/October is a fantastic time to see whales especially on the West Coast."

In Quebec's Gaspe region, Perce Rock is another must-see, adds Michele Spon-

Wolfville, N.S., is a good place to pick apples during harvest time. JUPITERIMAGES/LIQUIDLIBRARY/THINKSTOCK

agle, the Paris, Ont.-based president of the Travel Media Association of Canada. "Take a ferry to the island and hike through the autumn colours," Sponagle said.

"Or you can do a 75-minute boat trip and see many whales there — blue, humpback, minke. Although the hike is worth it because you arrive at the second-largest ganite colony in the world with 110,000 nesting ganite (seabirds) on a rock."

TASTE PRODUCE IN WOLFVILLE, N.S.

"It's harvest time there so there are even places to do apple tastings," Sponagle said. "For apples, they develop varietals there — they came up with the honey crisp."

Traditionally a university town, Wolfville is also Canada's newest wine region, said Sponagle, who recommends visiting Luckett Vineyards. "This winery is actually owned by a British guy and it's got a British phone box in the middle of his vineyard, so you can make long-distance calls from it anytime."

VISIT CANADA'S DESERT

"Osoyoos, B.C., has Canada's only desert and the weather is always fantastic, even in the fall.

In fact, fall's even better," Sponagle said. She suggests visiting the Desert cultural centre to learn about the region and stopping by an Aboriginal-run winery.

THE LEADER IN THE ACTIVE WOMAN APPAREL FOR SIZE 14 & UP!

254 Dalhousie Street, Ottawa

613-695-8791 • www.sportiveplus.com

OCT-NOV & MAR-APR
TREK TO EVEREST BASE CAMP
YOU DECIDE. WE'LL TAKE YOU.
NEPAL - TIBET - UPPER MUSTANG - BHUTAN
Himalayan Magic Treks P. Ltd.
www.himalayanmagictreks.com

Make plans prior to leaving on your vacation to make it as relaxing as possible. ISTOCKPHOTO/THINKSTOCK

Travel survival guide

Taking a vacation may seem like a much needed break for many Canadians. But with kids in tow, it may take an unexpected turn, and fast.

Whether you are travelling with toddlers or preteens, you will want to keep your youngsters occupied to avoid boredom — and your own anxiety. Here is an easy survival guide to help prepare for your next getaway:

Choose The Right Destination
Whether it's an all-inclusive vacation or a cross-province road trip, make sure the location you choose has plenty to offer for mom, dad and the kids.

Plan Travel Time Strategically
If possible, book flights or schedule long drives at night or nap time so the little ones can sleep through the least exciting part of the trip.

Get Help
Travel agents are a fantastic resource to help plan the perfect family vacation and will take much of the pressure off by handling the planning for you.

Kids Love Grub
Prepare enough snacks to last the entire travel portion of your trip. Youngsters can be picky eaters, and standard plane food may not be their top choice. Pack a small bag or cooler with their favourite munchies before tummies start to growl.

Keep Them Busy
Create a playlist of favourite songs and bring books, crayons or travel games. If possible, bring new toys or books they haven't seen before, which will keep them interested for as long as possible. Avoid taking toys with too many small parts as they are bound to fall on the floor or get lost along the way. Portable DVD players and handheld games will also keep them occupied.

Stock Up On Medications
Children react differently to prolonged travel. Make sure you have an anti-inflammatory, adhesive bandages, antihistamines and something to treat nausea.

Keep It Clean
Pack plastic bags for excess garbage and to separate dirty clothing. Moist towelettes will come in handy for quick clean-ups.

NEWS CANADA

Tips. How to keep your family vacation affordable

With the strength of the Canadian dollar, vacationing abroad has become far more attractive and affordable, which is great news for families who want to travel. But before you get too caught up in the excitement of planning activities and excursions, put a financial plan in place to avoid unnecessary expenses and keep your costs low, so you can enjoy your family getaway.

Here are some tips:

• Set a budget — Establishing the cost of your trip in advance can help save money and ensure you don't end up in debt. Make sure to include all your transportation costs (including flights, car rental, taxis, gas, etc.), book your hotels ahead of time, and set aside a generous amount for meals and attractions. And don't forget to budget for souvenirs!

• Consider a cruise — Cruising can be a great and inexpensive option for families. Not only are your dining expenses included in your package, but most ships also offer play groups and workshops for kids of all ages, at no additional charge.

• Get travel/health insurance — With the average cost of a medical incident outside of Canada at $25,000, it's important that Canadians of all ages take out travel and health insurance.

• Purchase a roaming package — Once you leave Canada and use your mobile phone or tablet, you are accessing services through a foreign network, which can reach hundreds of dollars in additional charges. If you are planning to stay in touch with family and friends during your vacation, contact your network provider about a roaming package.

• Choose a credit card that suits your needs — Many credit cards offer a better rate than currency exchange offices, but find out if yours has a foreign currency transaction charge; typically 2.5 per cent. Use a card that doesn't charge the fee.

NEWS CANADA

WATERTOWN
NEW YORK

Shop, Stay & Save

Plan a Shop, Stay and Save trip to Watertown, New York. You'll find a huge variety of retailers in Salmon Run Mall and the Downtown district, plus all the "big box" chains like Lowe's, T.J. Maxx, Target, and Kohl's.

Make the easy drive 50km south of the Thousand Islands Bridge. Exit 661 off the 401 to I-81.

A trip to Watertown is all about convenience, selection and value, with hotels, restaurants and stores offering friendly service and great deals at competitive prices.

Find special offers from Watertown hotels and merchants online

VISITWATERTOWN.COM

Plotting out the CV of the ultimate problem solver

What you need to succeed. The future consultant's resumé reflects an organized, outgoing individual

JESSICA KONZELMANN
TalentEgg.ca

Nice and concise: Keep in mind that Harvard Business School MBA grads manage to fit their resumés onto one page — you probably can too. ISTOCK

As a recent new graduate and now business analyst at a major consulting firm, I know how tough it can be to perfect your resumé to make it 'consulting ready.'

Fortunately for me, many of my peers who were in my shoes just a year prior were there to guide me through the process during recruitment season.

Their tips, tricks, must-dos, and cautions were a saving grace, giving me the edge I needed to secure interviews and bring me one step closer to my dream job.

Now, a year later, I am excited to be in a position to share what have learned.

Consulting resumé content
As an applicant, you need to focus on the following:

• Showcasing your excellent communication skills that were developed through school and work related experiences (e.g., class presentations, proposal writing etc.,)

• Consistently communicating your personal brand throughout your resumé. In other words, after someone reads your resumé, what do you want them to remember? (e.g., Jessica displays really great leadership and communication skills that she must have developed throughout…)

Describe your accomplishments
The structure of your resumé should be focused on describing your strengths and demonstrating how you provided insights and delivered tangible solutions to work and/or school related problems. You should take every possible opportunity to assign some numerical value to the work you accomplished. For example:

• You constructed a sales-focused website for Client X to homogenize their online and offline presence, resulting in an increase of 10,000 hits over the course of one month.

When discussing your work and extracurricular experience, make certain you emphasize positions that highlight your leadership, people skills, communication skills and problem-solving abilities.

Consulting firms are looking for well-rounded, intelligent and driven students who excel both inside and outside of the classroom, so it's a great idea to pull in examples from as many relevant activities as possible.

Leadership and people skills
Consulting is about working with people to solve complex problems, and firms want to know you can handle the tough interpersonal situations that arise in high-stress environments.

Provide examples of your exemplary leadership skills that have steered a team headed for failure to a successful outcome. Leaders must communicate and relate to their peers, so be sure to mention that your 'big win' was not only a result of your strategic insights, but a harmonious mixture of your communication and interpersonal skills that delivered an enticing, well-received message.

JESSICA KONZELMANN IS A RECENT SCIENCE AND BUSINESS GRADUATE FROM THE UNIVERSITY OF WATERLOO WHO CURRENTLY WORKS IN TORONTO AS A BUSINESS ANALYST IN THE STRATEGY AND OPERATIONS CONSULTING PRACTICE OF ONE OF THE LARGEST PROFESSIONAL SERVICES FIRMS IN CANADA.

TALENTEGG.CA IS CANADA'S LEADING JOB SITE AND ONLINE CAREER RESOURCE FOR COLLEGE AND UNIVERSITY STUDENTS AND RECENT GRADUATES.

Top three of the CV

Key tidbits I learned while wordsmithing my resumé.

- **Keep things concise.** When proofreading your resumé, always ask yourself, "Is there a more concise way I can write this?" Chances are there is.
- **Everything should add value.** Make sure every sentence you write adds value to the overall goal of the passage. Apply the "so what" rule and eliminate phrases that do not sell your skills.
- **Tailor your resumé.** Use descriptive language that is crafted to the position and assignment you are describing.

Student Voice

Workplaces, take graduates under your wing

Elizabeth Dorion
Graduate
Bachelor of Commerce in Management and Labour Studies
University of Windsor

TalentEgg.ca

I graduated in the fall of 2010 with my degree in business. During university, I specialized in management and labour studies so that I would eventually be able to become a Certified Human Resources Professional. I took all the classes necessary to complete the first step to become a C.H.R.P. I had also volunteered in my university's career centre to gain some experience with resumés and interviewing. The same month of my graduation, I took the National Knowledge Exam. I passed the test and became a C.H.R.P. candidate. I thought I had taken all the right steps to gain entry into the human resources field. I began looking for jobs before I graduated and managed to gain a interview. I didn't get the job, but I kept on trying. I applied to jobs constantly, but I didn't hear back from most. I had a phone interview or an initial interview here and there, but I never heard back from them or they told me that someone else more qualified got the job. After a year and a half of not getting anywhere, the local Human Resources Professionals Associations (HRPA) chapter was offering a mentoring program. I quickly signed up to be a mentoree and I was assigned a mentor. I spent the next three months learning as much as I could about entering the field of HR and the field itself from my mentor. Since my last meeting and making the improvements to my resumé and cover letter, I have had three interviews. Once again, I didn't hear back from them or I wasn't qualified enough. I am trying my hardest to become qualified but it is hard when no one gives you a chance.

Where I am now
I am currently working as a full-time supervisor for the employer I worked for in university. I am still looking to enter the field of human resources. I regularly look on the job boards for positions in human resources that I qualify for. I am trying to maintain my LinkedIn profile. I keep in touch with my mentor.

My advice for employers, career centres and schools
My recommendations for employers would be that if you see that someone is taking the steps to enter a career path, see it as an opportunity to help them grow their career in your company. If a person is going through so much to gain entry into the field, they will want to learn from you and they will give you their loyalty. If you are not sure if they will stay with your company after you train them, you can look at their past employment experiences or you can ask them what their future ambitions are. If you don't give someone a chance, they can't prove anything to you. My recommendations for schools would be in the final year of all programs, there should be a mandatory class where students will learn exactly what to expect in the job market and how to improve their chances. It can be a class that goes over cover letters, resumes, social media, job boards, networking, and anything that can be helpful to gain employment.

My recommendations for students
Get into a co-op program or work as intern before you graduate to get experience.

TALENTEGG.CA, CANADA'S LEADING JOB SITE AND ONLINE CAREER RESOURCE FOR STUDENTS AND NEW GRADUATES, WANTS TO HEAR YOUR STUDENT VOICE. SHARE IT AT TALENTEGG.CA.

Career Bear

I've got details on flexible careers, jobs with the fastest salary growth, keys to loving your job and the schools and tools in your area to help you become what YOU want to be.

Don't just dream about your new career…
Get there with CareerBear.com

Go to CareerBear.com for your chance to
WIN
1 of 4 weekly prizes of an Apple Macbook Pro with Retina display!

"Apple" and "MacBook Pro" are trademarks of Apple Inc.
Apple Inc. is not a sponsor of, nor a participant in this promotion.
To register and for full contest details, visit clubmetro.com

The guru of go-to

Self evaluation.
How many of these consultant-geared qualities can you count as your own?

CASSANDRA JOWETT
TalentEgg.ca

Unlike many of the industries and professions we feature on TalentEgg, consulting is pretty broad and accepts students from a variety of disciplines and university programs, including business, arts and humanities, science, technology and engineering.

When it comes to a career in consulting, it's less about what you know and more about how you approach problems and find solutions, as well as your ability to communicate both of those things effectively.

If you're just learning about consulting or you're not sure if it is the career path for you, go through this checklist one by one. If you're able to check off each of these 10 qualities, chances are you're probably well suited to at least take a shot at starting a career in management or technology consulting.

You could be an Egg-cellent consultant if...

You love solving problems
Whether it's a mathematical equation, your best friend's relationship conflicts or a business case challenge, you thrive on identifying problems and finding ways to solve them.

Helping others makes you feel good
Donating money to charity just doesn't cut it for you. You like to have a hand in helping other people and organizations directly so they can be stronger, happier and more successful and fulfilled in the future.

You're a data geek
You need lots of information on hand to make the best decisions. Numbers, testimonials, reviews, ratings — lay it all on you. The more data the better. Before your last major purchase, you probably filled an Excel spreadsheet with thousands of cells of data, comparing brands, models, prices, retailers and more. It was a lot of work, but you were totally satisfied with your purchase.

You prefer to make decisions based on logic
You're practically Vulcan-like in your desire to make logical decisions based on reason instead of emotion. If all the data points in one direction, you don't go the other way just because your gut tells you to.

You're a team player with leadership potential
You can know and accept your place on a team, and follow instructions from a capable leader. However, you can also step into that leadership position when called upon in order to develop a winning strategy and delegate roles and responsibilities to your teammates.

You can explain complex concepts in simple terms
At one point or another, you've probably told your grandparents how the Internet works, outlined the causes of the global financial crisis to your financially illiterate friend, and explained to your five-year-old cousin – for the tenth time – why the sky is blue. And they totally got it.

Addicted to education

Life-long learning is a major priority in your life

- You know that your education doesn't stop when you earn your degree and you're not happy unless you're learning something new about the world – or yourself. You probably have career goals that include working toward a professional designation, or getting a graduate degree or MBA.

You actually enjoy giving presentations
Most people hate presentations and studies show that many would rather die than give public speaking presentations. Yikes! You can't imagine why — you meticulously prepare for presentations, and relish in walking that fine line between using your deck to support your presentation and using it as a crutch. It's an art form, really.

You're flexible
They say change is inevitable and you say, "Bring it on!" You'll sleep anywhere, meet anyone, eat anything and you're totally willing to change your whole approach to life at a moment's notice if that's what the situation calls for.

Do you consider yourself the queen of communicating the very complex? Perhaps a career in consulting might be right for you. ISTOCK

You're not afraid to ask for help
Sometimes you can't do everything yourself. You know there's nothing wrong with asking a friend, family member or colleague for a helping hand when you really need it.

CASSANDRA JOWETT IS A TORONTO-BASED MULTIMEDIA JOURNALIST AND EDITOR WHO CURRENTLY WORKS AS CONTENT MANAGER AT TALENTEGG.CA. TALENTEGG.CA IS CANADA'S LEADING JOB SITE AND ONLINE CAREER RESOURCE FOR COLLEGE AND UNIVERSITY STUDENTS AND RECENT GRADUATES.

GET CAREER READY
IN LESS THAN ONE YEAR!

DIPLOMA PROGRAMS IN:
BUSINESS

Accounting and Payroll Administrator
• 38 wk program
• Canadian Payroll Association (CPA) endorsed
• multiple accounting employment opportunities

Paralegal
• Accredited by the Law Society of Upper Canada
• 44 wk program including 4 wk co-op work placement

Travel Counsellor Online
• study on your time, from anywhere
• CITC endorsed

DIPLOMA PROGRAMS IN:
HEALTHCARE

Fitness and Health Promotion
• 40 wk program 3 wk externship
• CanFitPro preparation including
• FIS PTS NWS Certifications

Medical Office Assistant
• 30 wk program including 4 wk co-op work placement
• 9 am or 1 pm class start time

Personal Support Worker
• 27 wk program including 11 wk co-op work placement
• NACC endorsed
• Full time and part time available

Pharmacy Technician
• 40 wk program with 8 wk co-op work placement
• CCAPP accredited

CALL TODAY
Classes Starting Monthly!
613-722-7811

ALGONQUIN CAREERS ACADEMY
1830 Bank Street 613-722-7811 www.algonquinacademy.com

Hunt Personnel

Do you love working in retail?

We are actively recruiting for a National retail chain that has immediate needs for

MANAGERS
ASSISTANT MANAGERS
KEYHOLDERS

If you are excited about the possibility of progressing in your career, possess strong people and customer service skills, and consider yourself a motivated, energetic, enthusiastic individual with great team spirit, we want to hear from you.

Previous retail experience is an asset.

Benefits include: Flexible schedule • Competitive wages • Career opportunities

Email: Ottawa@hunt.ca

Fax resume to 613-238-5586

Entertain this fall season without packing on those pesky calories

Linguine Margarita

This recipe serves four. MICHELLE MORADI

Did you know that the average Canadian gains an extra seven to 12 pounds between Thanksgiving and New Year's Day? Hard to believe, isn't it?

Fret not as you plan your next dinner party because registered dietitian Luke Corey has come up wit delicious healthy recipes to help you avoid packing on those calories and weight.

As the founder of Nova Scotia-based Complete Health and Nutrition, a nutrition consulting company dedicated to meeting the goals and objectives of clients through customized nutrition and healthy living programs, Corey knows a thing or two about healthy eating.

"Looking for a tasty way to add more vegetables to your diet?" asks Corey. "Try this fast and easy linguine recipe that's a total crowd pleaser.

"With tomatoes, onions and asparagus, this flavourful pasta dish will make you the host with the most this holiday season.

"Keep portions under control by using smaller bowls, and cut calories by finding a low-fat Parmesan option."

Ingredients

- 2 tbsp (30 ml) olive oil
- 1/4 cup (60 ml) finely diced onion
- 1 lb (500 g) fresh asparagus, cut into 2 inch lengths
- 3 garlic cloves, finely minced
- 1 cup (250 ml) drained, patted dry, and coarsely chopped, oil-packed sun-dried tomatoes
- 3/4 cup (175 ml) dry white wine
- 1/4 cup (60 ml) low-fat whip ping cream
- 3/4 lb. (375 g) dry linguine pasta
- 1/2 cup (125 ml) grated Parmesan
- 1/4 cup (60 ml) chopped fresh basil

1. In a large skillet, warm oil over medium-high heat. Add onion and asparagus and cook until asparagus is slightly soft and bright green, about 3 minutes. Add garlic and sauté 1 – 2 minutes until fragrant, being careful not to burn garlic. Remove with a slotted spoon to a plate and keep warm.

2. To the same skillet, add tomatoes and white wine. Cover and simmer over low heat until the tomatoes are softened, about 8 – 10 minutes. Return asparagus to skillet and add cream. Cook 2 – 3 minutes to meld flavours. Season to taste with pepper.

3. In a large pot, bring water to a boil. Add pasta and cook until al dente. Strain and place in a serving bowl. Cover with sauce and stir to combine. Top with Parmesan cheese, garnish with fresh basil, and serve.

RECIPE COURTESY OF LUKE COREY, BA(H), BSCAHN, REGISTERED DIETITIAN (RD)

Drink of the Week

Avoid drinking your calories this season

For an adult beverage, enjoy refreshing Cranberry Mimosas. At just 164 calories, they are delicious and don't damage your diet like many other cocktails can.

- 2 cups low-cal cranberry juice
- 4 oz champagne
- Fresh cranberries for garnish

Combine cranberry juice and champagne. Drop in few cranberries for garnish.

Those looking for an alternative to alcohol this holiday season should try Coca-Cola's portion controlled mini-cans. They are just under 100 calories — perfect for serving to guests.

LUKE COREY, BA(H), BSCAHN, REGISTERED DIETITIAN (RD)

Pumpkin Soup. Have guests cosy up with this dish

"Take advantage of quintessential fall flavours of pumpkin, red peppers and onions, all found in this savoury pumpkin soup recipe," says registered dietitian Luke Corey.

"As the temperature drops, this soup, which is infused with hints of spicy nutmeg, can be the ultimate warm-up."

1. In a large sauce pot, on medium heat, melt butter. Sauté pepper and onions until soft but not browned.

2. Blend in flour and salt. Cook for 3 - 4 minutes. Stir constantly so as not to scorch.

3. Add chicken or vegetable stock or broth, pumpkin puree, milk, thyme and nutmeg. Bring to a boil, and then reduce to a simmer for 10 - 15 minutes. If the soup is too thick, add more stock or broth.

4. Remove thyme sprigs. Adjust seasoning with freshly ground pepper.

5. Garnish with chives. Serve with slices of whole grain bread with oats, flax, and millet, and a fresh green salad.

RECIPE COURTESY OF LUKE COREY, BA(H), BSCAHN, REGISTERED DIETITIAN (RD)

Ingredients

- 2 tbsp (30 ml) butter
- 1 cup (250 ml) finely chopped red bell pepper
- 1 cup (250 ml) finely chopped onion
- 2 tbsp (30 ml) all-purpose flour
- 1 tsp (5 ml) salt
- 3 cups (750 ml) chicken stock
- 2 cups (500 ml) pumpkin puree
- 2 cups (500 ml) 2% milk
- 2 sprigs fresh thyme
- 1/2 tsp (3.5 ml) ground nutmeg
- 1 tbsp (15 ml) finely snipped chives
- Freshly ground pepper

This recipe serves six to eight. EDAMAME EATS

ISTOCKPHOTO/THINKSTOCK

5 DELICIOUS WAYS TO SPICE UP YOUR LIFE

Ramp up the taste of the foods you eat with sweet, savoury and exciting flavours. Here are five to discover — and enjoy.

PROVOCATIVE: DULCE DE LECHE

If you have a sweet tooth, a spoonful of creamy, rich Dulce de leche will make you swoon. Dulce de leche is made by cooking milk and sugar together until it caramelizes. Make it yourself (the most basic recipe involves simmering condensed milk) or buy a prepared Dulce de leche. Enjoy it slightly melted on warm pancakes or toast, drizzled over vanilla ice cream, or slathered over rich custard for your own messy version of crème caramel.

ISTOCKPHOTO/THINKSTOCK

MYSTERIOUS: CHOCOLATE MINT

Fresh chocolate mint is best tasted with your eyes closed … first, take a long deep inhalation, then put it into your mouth: The bright, fresh flavour of mint is combined with the full rich flavour of chocolate. This delicious herb, which comes from the spearmint family and has a purple stem with green leaves, can be used in almost any recipe … think brownies and quick breads or as a garnish on ice cream. You can even steep it in a cup of hot water or put it into the bottom of your coffee mug!

ISTOCKPHOTO/THINKSTOCK

DISCOVERY: CINNAMON

Most people think of the fragrant and warm sweetness of cinnamon in apple crisp, doughnuts, warm Chai lattes and other treats. But cinnamon is delicious in savoury dishes, too. For something completely different, add ground cinnamon to black beans when you make burritos or nachos, and for a Middle Eastern inspired meal, sauté lamb with eggplant, raisins and cinnamon sticks. Sweet!

ISTOCKPHOTO/THINKSTOCK

HEIGHTENED EXPERIENCE: CHILI PEPPERS

Some like it hot… and that's where chili peppers come in! Chopped, fresh chili peppers wake up dishes like chili con carne and sandwiches and wraps. The heat in a chili pepper comes from something called capsaicinoids, and there are so many different types including jalapeno and South American chili peppers, which are used in a spicy salsa called sofrito. And take note: The best way to ease the burning sensation is to drink milk or eat any dairy product.

STIMULATE: GARAM MASALA

A dusting of Garam Masala on any dish adds a rich bouquet of flavours … heat from peppercorns, complexity from nutmeg, a touch of lemon from coriander, and a warm, earthy taste from cumin.

The Indian spice blend often includes cloves, cinnamon and cardamom as well — there are different versions depending on the region. Buy it ready-made or make it yourself. The different spices are toasted and then ground together.

For a delicious change, add a little Garam Masala to vegetable sautés, soups and stews.

You can also use it as a dry rub for meats before grilling, and for an exotic dessert, add a little bit to pies or cookies.

ISTOCKPHOTO/THINKSTOCK

5 Gum. Stimulate Your Senses.

© 2012 WM. WRIGLEY JR. COMPANY. ALL RIGHTS RESERVED. 5, COOLING PEPPERMINT, STIMULATE YOUR SENSES AND ALL AFFILIATED DESIGNS ARE TRADEMARKS USED BY WRIGLEY CANADA, LICENSEE OF THE WM. WRIGLEY JR. COMPANY.

SPORTS 4

Mobile sports

Qriket

The pressure's already on for the 40 players at the Canadian women's hockey team camp this week in Calgary, who will find out in just six months if they will be invited to try out for the 2014 Olympic team.

HC Davos' Rick Nash, right, is held up by SC Langnau's Mark Popovic during a Swiss League game on Tuesday in Davos, Switzerland. ARNO BALZARINI/THE ASSOCIATED PRESS

NHL going back to the bargaining table

Lockout. Discussions won't be limited to core economic issues when negotiations resume Friday

Europe-bound

- The flood of locked-out players to Europe continues, with Vezina Trophy finalist Pekka Rinne signing on with Dinamo Minsk in the KHL Tuesday and Tuuka Rask (HC Plzen), Mikhail Grabovski (CSKA Moscow), Alex Steen (Modo), Douglas Murray (Djurgarden) and Alex Semin (Sokol Krasnoyarsk) joining new teams as well.

The NHL's collective bargaining talks are set to resume after a two-week hiatus and all of the issues are open for discussion.

Not only did the league and NHL Players' Association schedule a meeting for Friday in New York, but they also agreed to reopen negotiations on matters unrelated to the economic system that governs the sport.

It's a departure in approach from the weeks leading into the lockout, when the sides focused solely on core economics. They were about $1 billion apart after each tabling offers during the last bargaining session on Sept. 12, and a new plan of attack was developed by deputy commissioner Bill Daly and Steve Fehr, the NHLPA's special counsel, during a face-to-face meeting in Toronto on Tuesday morning.

"We agreed on an agenda that made sense and might produce some forward progress," Daly told The Canadian Press.

The lockout has already forced the cancellation of September's pre-season games and it's expected that the remainder of the exhibition schedule could officially be wiped out as soon as Wednesday. After that, regular season games will be next on the chopping block.

Despite stalled negotiations, Daly said earlier this week that the process was "light years" ahead of where it was at this point in 2004. The decision to return to the bargaining table is evidence of that. Eight years ago, the sides let three months pass after the lockout was enacted before resuming talks.

While a significant economic gulf remains this time around, at least one veteran negotiator believes it's a good sign the NHL and NHLPA are willing to discuss issues such as pensions, grievance procedures and travel in the meantime.

"It means that once they settle the economic issues they want to start playing right away," said the negotiator, who requested anonymity.

Additional reminders of the damage inflicted by the lockout continue to surface with each passing day. The St. Louis Post-Dispatch reported Tuesday that the Blues had laid off just under 20 employees and forced their remaining staff to take pay cuts or a reduced work week.

THE CANADIAN PRESS

NHL

Edmonton mayor doesn't buy Oilers' moving to Seattle

Edmonton's mayor says if the Oilers are serious about trying to relocate the NHL team to Seattle, good luck drawing fans in the Pacific Northwest.

"The Oilers have sold out, what, 150 to 200 games in a row (in Edmonton)," Stephen Mandel said in a TV interview Tuesday morning.

"In Seattle you have football, baseball, if they get an NBA team (then it will be pro basketball), college football, college basketball, and then hockey. I'm not sure you're going to sell out 18,500 seats a game or 18,300 seats a game there at $8,000 a season ticket."

Mandel was commenting on Oiler brass, including team owner Daryl Katz, visiting with Seattle officials Monday night to discuss relocating the team to that city.

In a news release, the team said it has no choice but to review other options.

"After more than four years of trying to secure an arena deal and with less than 24 months remaining on the Oilers' lease at Rexall Place, this is only prudent and should come as no surprise," said the team statement. THE CANADIAN PRESS

NFL

"NFL fans on both sides of the aisle hope the refs' lockout is settled soon."

U.S. President Barack Obama on Tuesday in response to a furor caused by a missed call in the Seattle Seahawks' 14-12 last-second win over the Green Bay Packers on Monday night. The NFL acknowledged Seahawks receiver Golden Tate should have been called for offensive pass interference before the winning catch.

MAJOR LEAGUE BASEBALL

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB	WC
New York	89	64	.582	—	—
Baltimore	88	66	.571	1½	—
Tampa Bay	83	70	.542	6	3
Boston	69	85	.448	20½	17½
Toronto	67	86	.438	22	19

CENTRAL DIVISION

	W	L	Pct	GB	WC
Chicago	82	72	.532	—	—
Detroit	81	72	.529	½	5
Kansas City	70	83	.458	11½	16
Minnesota	64	90	.416	18	22½
Cleveland	64	91	.413	18½	23

WEST DIVISION

	W	L	Pct	GB	WC
Texas	91	62	.595	—	—
Oakland	86	67	.562	5	—
Los Angeles	84	69	.549	7	2
Seattle	72	81	.471	19	14

Tuesday's results
Cleveland 4 Chicago White Sox 3
Kansas City at Detroit
Toronto at Baltimore
Tampa Bay at Boston
Oakland at Texas
N.Y. Yankees at Minnesota
Seattle at L.A. Angels

Monday's results
Baltimore 4 Toronto 1
Detroit 6 Kansas City 2
Toronto 9 Baltimore 5
Texas 5 Oakland 4
N.Y. Yankees 6 Minnesota 3
Chicago White Sox 5 Cleveland 4

Wednesday's games
All Times Eastern
N.Y. Yankees (Sabathia 13-6) at Minnesota (Deduno 6-5), 1:10 p.m.
Kansas City (Guthrie 4-3) at Detroit (Porcello 9-12), 7:05 p.m.
Toronto (Villanueva 7-6) at Baltimore (Gonzalez 7-4), 7:05 p.m.
Tampa Bay (Cobb 9-9) at Boston (Lester 9-13), 7:10 p.m.
Oakland (Parker 11-8) at Texas (Perez 1-2), 8:05 p.m.
Cleveland (Masterson 11-15) at Chicago White Sox (Santiago 3-1), 8:10 p.m.
Seattle (Hernandez 13-8) at L.A. Angels (Wilson 12-10), 10:05 p.m.

AL LEADERS

	G	AB	R	H	Pct.
Cabrera Det	152	590	106	195	.331
Trout LAA	130	523	122	169	.323
Jeter NYY	150	643	95	207	.322
Mauer Min	139	518	78	167	.322
Beltre Tex	147	570	92	180	.316
Butler KC	152	581	67	183	.315
Murphy Tex	139	431	60	134	.311
Fielder Det	153	551	80	170	.309
Hunter LAA	132	503	75	153	.304
Jackson Det	129	512	97	155	.303

PITCHING — Weaver, Los Angeles, 19-4; Price, Tampa Bay, 18-5; Harrison, Texas, 17-10; Sale, Chicago, 17-7; Verlander, Detroit, 16-8; Darvish, Texas, 16-9; Scherzer, Detroit, 16-7; Hughes, New York, 16-12; Shields, Tampa Bay, 15-9; Vargas, Seattle, 14-11
SAVES — Johnson, Baltimore, 48; Rodney, Tampa Bay, 44; Soriano, New York, 42; Perez, Cleveland, 37; Nathan, Texas, 35.
Not including Tuesday's games

NATIONAL LEAGUE

EAST DIVISION

	W	L	Pct	GB	WC
z-Washington	93	60	.608	—	—
Atlanta	88	65	.575	5	—
Philadelphia	77	76	.503	16	5½
New York	70	83	.458	23	12½
Miami	66	87	.431	27	16½

CENTRAL DIVISION

	W	L	Pct	GB	WC
x-Cincinnati	92	61	.601	—	—
St. Louis	83	71	.539	9½	—
Milwaukee	79	74	.516	13	3½
Pittsburgh	75	78	.490	17	7½
Chicago	59	94	.386	33	23½
Houston	50	104	.325	42½	33

WEST DIVISION

	W	L	Pct	GB	WC
x-San Francisco	89	64	.582	—	—
Los Angeles	79	74	.516	10	3½
Arizona	77	76	.503	12	5½
San Diego	73	80	.477	16	9½
Colorado	59	94	.386	30	23½

x — clinched division title; z — clinched playoff spot

Tuesday's results
Washington at Philadelphia
Pittsburgh at N.Y. Mets
Milwaukee at Cincinnati
Miami at Atlanta
St. Louis at Houston
Chicago Cubs at Colorado
L.A. Dodgers at San Diego
Arizona at San Francisco

Monday's results
Washington 12 Milwaukee 2
N.Y. Mets 6 Pittsburgh 2
St. Louis 6 Houston 1
Colorado 4 Arizona 2

Wednesday's games
All Times Eastern
L.A. Dodgers (Harang 9-10) at San Diego (Richard 14-12), 6:35 p.m.
Washington (Lannan 3-0) at Philadelphia (Kendrick 10-11), 7:05 p.m.
Pittsburgh (Locke 0-2) at N.Y. Mets (Hefner 2-7), 7:10 p.m.
Milwaukee (Marcum 5-4) at Cincinnati (Arroyo 12-8), 7:10 p.m.
Miami (Johnson 8-13) at Atlanta (Maholm 12-10), 7:10 p.m.
St. Louis (Carpenter 0-0) at Houston (Norris 5-13), 8:05 p.m.
Chicago Cubs (Berken 0-1) at Colorado (Pomeranz 1-9), 8:40 p.m.
Arizona (Miley 16-10) at San Francisco (Cain 15-5), 10:15 p.m.

NL LEADERS

	G	AB	R	H	Pct.
McCutchen Pit	148	562	104	189	.336
Posey SF	140	503	74	167	.332
Molina STL	131	480	61	154	.321
Braun Mil	145	563	101	179	.318
Craig STL	112	438	74	135	.308
Prado Atl	148	591	78	180	.305
Scutaro SF	148	593	81	180	.304
Wright NYM	148	552	87	168	.304
Gonzalez Col	135	518	89	157	.303
Hill Ari	147	569	83	171	.301

PITCHING — Gonzalez, Washington, 20-8; Dickey, New York, 19-6; Cueto, Cincinnati, 18-9; Lynn, St. Louis, 17-7; Lohse, St. Louis, 16-3; Burnett, Pittsburgh, 16-8; Hudson, Atlanta, 16-6; Miley, Arizona, 16-10; Bumgarner, San Francisco, 16-10; Gallardo, Milwaukee, 16-8
SAVES — Motte, St. Louis, 40; Kimbrel, Atlanta, 39; Hanrahan, Pittsburgh, 36.
Not including Tuesday's games

BLUE JAYS STATISTICS

BATTERS	AB	R	H	HR	RBI	AVG
Cooper	140	16	42	4	11	.300
Encarnacion	521	90	147	41	105	.282
Lawrie	460	67	125	9	44	.272
Escobar	529	56	134	9	49	.253
Hechavarria	103	8	26	2	12	.252
Davis	414	59	101	7	39	.244
Sierra	128	14	31	6	14	.242
Bautista	332	64	80	27	65	.241
Lind	296	26	71	10	40	.240
Vizquel	146	13	35	0	7	.240
Arencibia	322	41	74	17	55	.230
Johnson	494	58	111	15	53	.225
Rasmus	543	73	122	22	73	.225
Gose	139	19	30	1	8	.216
Mathis	204	24	44	8	25	.216
Gomes	88	8	16	3	11	.182
McCoy	51	10	9	1	7	.176

PITCHERS	W	L	SV	IP	SO	ERA
Oliver	3	3	2	53.2	51	1.84
Janssen	1	1	20	59.2	63	2.72
Loup	0	2	0	28.0	20	2.89
Morrow	8	7	0	109.2	94	3.28
Lyon	3	2	0	57.1	61	3.30
Frasor	1	1	0	43.0	52	3.35
Perez	2	2	0	42.0	39	3.43
Delabar	4	3	0	63.0	90	3.57
Lincoln	5	2	1	85.1	82	3.80
Villanueva	7	6	0	120.2	115	3.88
Jenkins	0	2	0	23.1	12	4.24
Hutchison	5	3	0	58.2	49	4.60
Drabek	4	7	0	71.1	47	4.67
Happ	10	11	0	144.2	144	4.79
Laffey	3	6	0	90.0	48	4.80
Alvarez	9	14	0	181.1	75	4.91
Carreno	0	2	0	20.0	15	5.40
Cecil	2	4	0	58.1	47	5.40
Romero	9	14	0	178.0	121	5.76
Beck	0	0	0	12.1	8	5.84
Carpenter	0	2	0	31.1	29	8.04
Santos	0	1	2	5.0	4	9.00
Coello	0	1	0	6.1	11	12.79

Not including Tuesday's games

HOCKEY

A CLOSER LOOK AT THE TENTH DAY OF THE NHL LOCKOUT

DAY: 10.
NEXT NEGOTIATIONS: Friday in New York.
LET'S GET TALKIN': Not only did the league and NHL Players' Association schedule a meeting for Friday, they also agreed to reopen negotiations on matters unrelated to the economic system that governs the game. It's a departure from recent talks - casual as they have been - when the sides focused solely on core economics. They were about $1 billion apart after each tabling offers during the last bargaining session Sept. 12, and a new plan of attack was developed by deputy commissioner Bill Daly and Steve Fehr, the NHLPA's special counsel, during a face-to-face meeting in Toronto Tuesday.
ON THIS DAY LAST YEAR: The Pat Burns Arena officially opened in Stanstead, Quebec, in honour of the three-time NHL coach of the year, who died a year earlier following a long battle with cancer. The arena was built on the campus of Stanstead College, located near the Quebec-Vermont border. Former players Henri Richard and Guy Carbonneau and former coach Jacques Demers joined Burns' widow, Line, during a rink-opening ceremony. Burns led the 2003 New Jersey Devils to the Stanley Cup.

FOOTBALL

NFL

WEEK THREE

Monday's result
Seattle 14 Green Bay 12

WEEK FOUR

Thursday's game
Cleveland at Baltimore, 8:20 p.m.

Sunday's games
San Francisco at N.Y. Jets, 1 p.m.
New England at Buffalo, 1 p.m.
Tennessee at Houston, 1 p.m.
San Diego at Kansas City, 1 p.m.
Minnesota at Detroit, 1 p.m.
Carolina at Atlanta, 1 p.m.
Seattle at St. Louis, 1 p.m.
Miami at Arizona, 4:05 p.m.
Cincinnati at Jacksonville, 4:05 p.m.
Oakland at Denver, 4:05 p.m.
New Orleans at Green Bay, 4:25 p.m.
Washington at Tampa Bay, 4:25 p.m.
N.Y. Giants at Philadelphia, 8:20 p.m.

Monday, October 1
Chicago at Dallas, 8:30 p.m.

CFL

WEEK 13

EAST DIVISION

	GP	W	L	T	PF	PA	Pt
Montreal	12	8	4	0	332	337	16
Toronto	12	6	6	0	288	311	12
Hamilton	12	4	8	0	360	381	8
Winnipeg	12	3	9	0	237	377	6

WEST DIVISION

	GP	W	L	T	PF	PA	Pt
B.C.	12	9	3	0	317	222	18
Calgary	12	7	5	0	337	287	14
Saskatchewan	12	6	6	0	314	259	12
Edmonton	12	5	7	0	264	275	10

Sunday's results
Montreal 31 Toronto 10
Saskatchewan 30 Calgary 25

WEEK 14

Friday's games
All times Eastern
Montreal at Hamilton, 7 p.m.
Edmonton at Calgary, 10 p.m.

Saturday's games
Toronto at Winnipeg, 7 p.m.
B.C. at Saskatchewan, 10 p.m.

Friday, October 5
Hamilton at Edmonton, 9 p.m.

Saturday, October 6
Calgary at B.C., 10 p.m.

SCORING LEADERS

	TD	C	FG	S	Pts
McCallum, BC	0	31	84	6	121
Congi, Ham	0	34	81	1	116
Whyte, Mtl	0	35	69	6	110
Palardy, Wpg	0	17	87	5	109
Paredes, Cal	0	31	66	1	98
Shaw, Edm	0	25	63	8	96
Waters, Tor	0	13	63	4	80
Williams, Ham	72	1	0	0	74
Deangelis, Sas	0	14	51	1	66
Sheets, Sas	60	0	0	0	60
Milo, Sas	0	16	33	9	58
Whitaker, Mtl	54	0	0	0	54
Cornish, Cal	48	0	0	0	48
Lewis, Cal	42	1	0	0	44
Harris, BC	42	0	0	0	42
Walker, Ham	42	0	0	0	42
Dressler, Sas	42	0	0	0	42

SOCCER

MLS

EASTERN CONFERENCE

	W	L	T	Pts	GF	GA
Sporting Kansas City	16	7	7	55	37	25
Chicago	16	8	5	53	42	34
D.C.	15	10	5	50	47	39
New York	14	8	8	50	50	43
Houston	12	8	10	46	42	37
Columbus	13	11	6	45	36	37
Montreal	12	15	4	40	44	49
Philadelphia	8	14	6	30	29	33
New England	7	15	8	29	37	41
Toronto FC	5	18	7	22	34	55

WESTERN CONFERENCE

	W	L	T	Pts	GF	GA
x-San Jose	18	6	6	60	62	36
x-Los Angeles	15	11	4	49	54	42
x-Real Salt Lake	15	11	4	49	40	34
Seattle	13	7	9	48	45	31
Vancouver	10	12	8	38	31	40
FC Dallas	9	12	9	36	35	38
Colorado	9	18	3	30	38	45
Portland	7	15	8	29	31	51
Chivas USA	7	15	7	28	21	45

Note: Three points for victory, one point for tie.
x- clinched playoff berth

Friday's game
Chicago at Sporting Kansas City, 8:30 p.m.

ENGLAND

LEAGUE CUP

THIRD ROUND
Tuesday's results
Bradford 3 Burton Albion 2
Chelsea 6 Wolverhampton Wanderers 0
Crawley 2 Swansea 3
Leeds 2 Everton 1
Manchester City 2 Aston Villa 4
MK Dons 0 Sunderland 2
Preston 1 Middlesbrough 3
Southampton 2 Sheffield Wednesday 0
Swindon 3 Burnley 1
West Ham 1 Wigan 4

SCOTLAND

LEAGUE CUP

THIRD ROUND
Tuesday's results
Celtic 4 Raith 1
Hearts 3 Livingston 1
Queen of the South 0 Dundee United 1
St. Johnstone 4 Queen's Park 1
St. Mirren 1 Hamilton 0
Stenhousemuir 1 Inverness 1, Iverness won 6-5 penalties.

GERMANY

BUNDESLIGA

Tuesday's results
Bayern Munich 3 Wolfsburg 0
Schalke 3 Mainz 0
Greuther Fuerth 0 Fortuna Duesseldorf 2
Eintracht Frankfurt 3 Borussia Dortmund 3

ITALY

SERIE A

Tuesday's result
Fiorentina 0 Juventus 0

TENNIS

ATP

THAILAND OPEN

At Bangkok, Thailand
Singles — First Round — Top Seeded results
Viktor Troicki (6), Serbia, def. Sergiy Stakhovsky, Ukraine, 6-7 (4), 7-5, 6-3.
Fernando Verdasco (5), Spain, def. Tatsuma Ito, Japan, 3-6, 6-0, 6-2.
Jarkko Nieminen (7), Finland, def. Yuichi Sugita, Japan, 6-1, retired.
Bernard Tomic (8), Australia, def. Guillermo Garcia-Lopez, Spain, 6-0, 6-2.

MALAYSIAN OPEN

At Kuala Lumpur, Malaysia
Singles — First Round — Top Seeded results
Julien Benneteau (7), France, def. Carlos Berlocq, Argentina, 7-6 (2), 6-3.

WTA

PAN PACIFIC OPEN

At Tokyo
Singles
Petra Martic, Croatia, def. Petra Kvitova (4), Czech Republic, 6-4, 6-4.
Angelique Kerber (5), Germany, def. Ayumi Morita, Japan, 6-3, 6-4.
Li Na (7), China, def. Anastasia Pavlyuchenkova, Russia, 7-5, 4-6, 6-2.
Nadia Petrova (17), Russia, def. Simona Halep, Romania, 7-6 (4), 6-0.
Marion Bartoli (9), France, def. Julia Goerges, Germany, 6-2, 7-5.
Roberta Vinci (14), Italy, def. Pauline Parmentier, France, 6-3, 6-1.
Urszula Radwanska, Poland, def. Ana Ivanovic (11), Serbia, 3-6, 6-4, 6-2.
Jamie Hampton, United States, def. Kaia Kanepi (15), Estonia, 5-7, 6-2, 6-3.
Sara Errani (6), Italy, def. Johanna Larsson, Sweden, 6-3, 7-6 (1).
Dominika Cibulkova (12), Slovakia, def. Zheng Jie, China, 6-0, 6-3.
Maria Sharapova (2), Russia, def. Heather Watson, Britain, 6-7 (7), 6-3, 6-4.
Victoria Azarenka (1), Belarus, def. Tamira Paszek, Austria, 6-1, 6-1.
Sam Stosur (8), Australia, def. Francesca Schiavone, Italy, 4-6, 6-2, 7-5.
Caroline Wozniacki (10), Denmark, def. Daniela Hantuchova, Slovakia, 7-6 (3), 6-1.
Agnieszka Radwanska (3), Poland, def. Jelena Jankovic, Serbia, 6-2, 7-5.
Lucie Safarova (16), Czech Republic, def. Klara Zakopalova, Czech Republic, walkover.

ATP WORLD TOUR

MONEY LEADERS

Through Sept. 23

1. Novak Djokovic	$6,972,425
2. Roger Federer	$6,261,241
3. Rafael Nadal	$4,997,448
4. Andy Murray	$4,295,110
5. David Ferrer	$2,512,111
6. Tomas Berdych	$1,929,017
7. Juan Martin del Potro	$1,790,818
8. Jo-Wilfried Tsonga	$1,561,284
9. Janko Tipsarevic	$1,469,173
10. John Isner	$1,239,309
Also	
17. Milos Raonic	$946,955
36. Daniel Nestor	$557,897

SiriusXM

DODGE CARAVAN KIDS
PROUD SPONSOR OF AMATEUR HOCKEY ACROSS CANADA

ALL OUT CLEAROUT

BREAKTHROUGH VEHICLES AT BREAKTHROUGH VALUE. NOW THAT'S A CLEAROUT.

38 MPG HWY
7.5 L/100 KM HWY*

TOP SAFETY PICK

2012 DODGE JOURNEY CANADA VALUE PACKAGE
CANADA'S #1 SELLING CROSSOVER*

$19,995• PURCHASE PRICE INCLUDES $2,000 CONSUMER CASH,* FREIGHT, AIR TAX, TIRE LEVY AND OMVIC FEE. TAXES EXCLUDED. OTHER RETAILER CHARGES MAY APPLY.*

OR CHOOSE **$115** BI-WEEKLY FINANCING† @ **4.49%** FOR 96 MONTHS WITH $0 DOWN

AUTOMOBILE JOURNALISTS ASSOCIATION OF CANADA — BEST NEW SUV/CUV UNDER $35,000 IN 2012 ACCORDING TO AJAC.

2012 Dodge Journey R/T shown.§

STEP UP TO THE 2012 DODGE JOURNEY SXT
- 3.6 L Pentastar™ VVT V6 with 283 HP
- One-touch up/down front windows
- Dual bright exhaust tips
- Highway: 7.8 L/100 KM (36 MPG)*

$25 MORE BI-WEEKLY (INCLUDES $3,000 TOTAL DISCOUNTS*▲)

2012 DODGE GRAND CARAVAN CANADA VALUE PACKAGE
CANADA'S BEST SELLING MINIVAN FOR 28 YEARS

36 MPG HWY
7.9 L/100 KM HWY* | **283** HP BEST-IN-CLASS▪

$19,995• PURCHASE PRICE INCLUDES $8,000 CONSUMER CASH,* FREIGHT, AIR TAX, TIRE LEVY AND OMVIC FEE. TAXES EXCLUDED. OTHER RETAILER CHARGES MAY APPLY.*

OR CHOOSE **$115** BI-WEEKLY FINANCING† @ **4.49%** FOR 96 MONTHS WITH $0 DOWN

2012 Dodge Grand Caravan Crew shown.§

STEP UP TO THE 2012 DODGE GRAND CARAVAN SXT
- **Industry-Exclusive** 2nd row Super Stow 'n Go® with one-hand operation
- **Segment-Exclusive▪** Stow 'n Place™ roof rack
- 3rd row Stow 'n Go® with **Segment-Exclusive▪** tailgate seating
- Centre front floor console with cup holders

$17 MORE BI-WEEKLY (INCLUDES $1,500 BONUS CASH▲)

2012 CHRYSLER 200 LX
CANADA'S MOST AFFORDABLE MID-SIZE SEDAN*

42 MPG HWY
6.7 L/100 KM HWY*

$16,995• PURCHASE PRICE INCLUDES $3,600 CONSUMER CASH,* FREIGHT, AIR TAX, TIRE LEVY AND OMVIC FEE. TAXES EXCLUDED. OTHER RETAILER CHARGES MAY APPLY.*

OR CHOOSE **$97** BI-WEEKLY FINANCING† @ **4.49%** FOR 96 MONTHS WITH $0 DOWN

2012 Chrysler 200 S shown.§

FEATURES FOR THE 2012 MODEL
- Available V6 power with highway fuel economy of 42 MPG■
- Premium interior with soft-touch surfaces
- Exterior design includes a sculpted front fascia, clean surfaces and sleek lines
- Sophisticated suspension delivering improved ride and handling

+Your local retailer may charge additional fees for administration/pre-delivery that can range from $0 to $1,098 and anti-theft/safety products that can range from $0 to $1,298. Charges may vary by retailer.

LESS FUEL. MORE POWER. GREAT VALUE.
10 VEHICLES WITH 40 MPG HWY OR BETTER.

CHRYSLER Jeep DODGE RAM

ChryslerCanada.ca/Offers

SCAN HERE
FOR MORE GREAT OFFERS

Less Fuel. More Power. Great Value is a comparison between the 2012 and the 2011 Chrysler Canada product lineups. 40 MPG or greater claim (7.0 L/100 km) based on 2012 EnerGuide highway fuel consumption estimates. Government of Canada test methods used. Your actual fuel consumption will vary based on powertrain, driving habits and other factors. See retailer for additional EnerGuide details. Wise customers read the fine print: • , ▪, ▲, †, § The All Out Clearout Event offers are limited time offers which apply to retail deliveries of selected new and unused models purchased from participating retailers on or after September 1, 2012. Retailer order/trade may be necessary. Offers subject to change and may be extended without notice. See participating retailers for complete details and conditions. •$19,995 Purchase Price applies to 2012 Dodge Journey Canada Value Package (22F) only and includes $2,000 Consumer Cash Discount. $19,995 Purchase Price applies to 2012 Dodge Grand Caravan Canada Value Package (29E) only and includes $8,000 Consumer Cash Discount. $16,995 Purchase Price applies to 2012 Chrysler 200 LX (24H) only and includes $3,600 Consumer Cash Discount. See participating retailers for complete details. Pricing includes freight ($1,400–$1,595), air tax (if applicable), tire levy and OMVIC fee. Pricing excludes licence, insurance, registration, any retailer administration fees, other retailer charges and other applicable fees and taxes. Retailer order/trade may be necessary. Retailer may sell for less. *Consumer Cash Discounts are offered on select 2012 vehicles and are manufacturer-to-retailer incentives, which are deducted from the negotiated price before taxes. Amounts vary by vehicle. See your retailer for complete details. ▲$1,500 Bonus Cash is available on all new 2012 Dodge Grand Caravan SXT and $1,000 Bonus Cash is available on all new 2012 Dodge Journey SXT models except remaining Save the Freight models. Bonus Cash will be deducted from the negotiated price after taxes. See your retailer for complete details. †4.49% purchase financing for up to 96 months available on the new 2012 Dodge Journey Canada Value Package (22F)/2012 Dodge Grand Caravan Canada Value Package (29E)/2012 Chrysler 200 LX (24H) models to qualified customers on approved credit through Royal Bank of Canada, Scotiabank, TD Auto Finance and Ally Credit Canada. Retailer order/trade may be necessary, Retailer may sell for less. See your retailer for complete details. Examples: 2012 Dodge Journey Canada Value Package (22F)/2012 Dodge Grand Caravan Canada Value Package (29E)/2012 Chrysler 200 LX (24H) with a Purchase Price of $19,995/$19,995/$16,995 (including Consumer Cash Discount) financed at 4.49% over 96 months with $0 down payment, equals 208 bi-weekly payments of $115/$115/$97 with a cost of borrowing of $3,843/$3,843/$3,266 and a total obligation of $23,837.61/$23,837.61/$20,261.08. Pricing includes freight ($1,400–$1,595), air tax (if applicable), tire levy and OMVIC fee. Pricing excludes licence, insurance, registration, any retailer administration fees, other retailer charges and other applicable fees and taxes. Retailer order/trade may be necessary. Retailer may sell for less. §2012 Dodge Journey R/T shown. Price including applicable Consumer Cash Discount: $25,530. 2012 Dodge Grand Caravan Crew shown. Price including applicable Consumer Cash Discount: $28,530. 2012 Chrysler 200 S shown. Price including applicable Consumer Cash Discount: $23,995. Pricing includes freight ($1,400–$1,595), air tax (if applicable), tire levy and OMVIC fee. Pricing excludes licence, insurance, registration, any retailer administration fees, other retailer charges and other applicable fees and taxes. ◆Based on Ward's 2011 Small Van Segmentation. Excludes other Chrysler Group LLC designed and/or manufactured vehicles. ±Based on 2012 EnerGuide Fuel Consumption Guide ratings published by Natural Resources Canada. Transport Canada test methods used. Your actual fuel consumption will vary based on powertrain, driving habits and other factors. 2012 Dodge Journey Canada Value Package & SE Plus 2.4 L 4-speed automatic – Hwy: 7.5 L/100 km and City: 10.8 L/100 km. 2012 Dodge Journey SXT 3.6 L 6-speed automatic – Hwy: 7.8 L/100 km and City: 12.6 L/100 km. 2012 Dodge Grand Caravan Canada Value Package – Hwy: 7.9 L/100 km (36 MPG) and City: 12.2 L/100 km (23 MPG). 2012 Chrysler 200 LX 2.4 L 4-speed automatic – Hwy: 6.7 L/100 km and City: 9.9 L/100 km. ▪The SiriusXM logo is a registered trademark of SiriusXM Satellite Radio Inc. ■Jeep is a registered trademark of Chrysler Group LLC.

Getting into Focus for 2013

ALL PHOTOS WHEELBASEMEDIA

2013 Ford Focus ST

- **Type.** Four-door, front-wheel-drive compact hatchback.
- **Engine (hp).** 2.0-litre DOHC I4, turbocharged (252).
- **Transmission.** Six-speed manual.
- **Base price (incl. destination).** $31,500.

Steering

New variable-ratio power-steering makes the ST a bit sharper, while torque-vectoring control applies light inside front-wheel braking force in the turns for improved agility. And let's not forget the beefed-up brakes designed to more effectively arrest the 1,465-kilogram ST's momentum.

Shocks

Along with literally boosting the 2.0's output for ST duty, the RS/SVT gang strengthened and stiffened the Focus platform and lowered the ride height by about a centimetre. The shocks and springs are stiffer for more control, plus the front anti-roll bar is larger in diameter, which limits body lean while cornering.

Style

Visual flavour is similarly beefed up with a front spoiler, chrome-trimmed headlamps and a mesh-style grille. There's also extra rocker-panel trim along the sides. The bumper containing the exhaust outlets and tinted tail lamps are exclusive to the ST, as is the optional roof spoiler designed to reduce drag as well as aid in overall stability.

Speed

Ford claims the ST is capable of zero-to-96-km/h sprints in the low-six-second range, which is about two seconds quicker than a standard Focus hatch. Official fuel-consumption numbers aren't out yet but about 10.0 l/100 km in the city and 5.5 highway would be a reasonable guess. That's impressive considering the extra thrust.

Review. Giving an eco boost to performance

MALCOLM GUNN
Wheelbase Media

By now you've probably heard about something from Ford called "Ecoboost." It's a series of turbocharged engines that, depending on how the company wants to spin the propaganda, is either a way to stretch fuel dollars, or a way to give your right foot a good workout.

Put an Ecoboost four-cylinder in a seven-passenger Ford Explorer tall wagon and you have a docile fuel champ. Put roughly the same engine in a Ford Focus and fuel performance plays a quiet second fiddle to acceleration, turning and stopping performance.

It's a bookend in a rather diverse line. At one end, the Electric model represents all things lean, clean and green. At the other, the new ST, arriving soon, is positioned as the quintessential driver's car for the budget-minded.

Both models come in hatchback formats only. Middle-ground mainstream versions of the Focus can be had in either sedan or hatch variants. The ST owes its existence to Ford's European-based Team RS performance group working co-operatively with the automaker's SVT (Special Vehicle Team), which are engineers in North America responsible for breathing life into the Mustang-based Shelby GT500 and SVT Raptor pickup.

For the ST, that life force involves the installation of a 252-horsepower 2.0-litre Ecoboost turbocharged four-cylinder (torque is 270 pound-feet). That's way up from 160 horses and 146 pound-feet of torque available in non-turbocharged base models of identical engine displacement.

Perhaps the best part of the Focus ST is that it places its considerable sizzle within reach of a good percentage of the population. Whether they feel like eco-warriors with "Ecoboost" under the hood — or road warriors — that means there are at least two good reasons to buy in.

It's a busy place inside the ST, but at least the level of detail is befitting the price tag of the car.

Aside from the option of this retina-searing colour, the ST has some obvious add-ons that the base Focus models don't get.

This type of colour contrast has a very narrow appeal, but the stitching seems to pull it all together.

By comparison

1 Honda Civic Si
Base price: $27,500.
Higher-output Civic coupe and sedan is strong on handling.

2 Volkswagen Golf GTI
Base price: $31,000
Two- and four-door models look sharp, and offer lots of space.

3 Mazdaspeed3
Base price: $31,200 A rip-snorting turbo-four plus a firm ride makes for a fun hatchback.

5 DRIVE

On the Web

Qriket

Scan code for more car reviews and news.

HURRY IN FOR A HONDA
2012 CLEAROUT

0.99% APR
AVAILABLE ON SELECT MODELS. LEASE FOR 24 MONTHS* OR FINANCE UP TO 36 MONTHS**

GAS CARD $500^
PLUS RECEIVE A GAS CARD ON ALL 2012 CIVIC & CR-V MODELS
GAS CARD $750^

MODEL FB2E2CEX
LX MODEL SHOWN WITH OPTIONAL EQUIPMENT - MODEL RM3H3CE

CANADA'S FAVOURITE CAR 14 YEARS IN A ROW**
PURCHASE A 2012 CIVIC DX FROM
$97@1.99% APR
BI-WEEKLY FINANCE FOR 84 MONTHS†. $0 DOWN PAYMENT/OAC. $16,520 SELLING PRICE INCLUDES FREIGHT, PDI, LEVIES AND OMVIC FEE. EXCLUDES LICENSE AND HST.

2012 IIHS TOP SAFETY PICK – SMALL SUV
LEASE A 2012 CR-V LX FROM
$288@2.99% APR
PER MONTH FOR 48 MONTHS†† WITH $3,879 DOWN PAYMENT/OAC AND $0 SECURITY DEPOSIT.

OR GET UP TO
$4000◆ IN CUSTOMER CASH INCENTIVES ON OTHER SELECT MODELS INCLUDING 2012 HONDA ACCORD, PILOT AND ODYSSEY LX MODELS

HondaOntario.com
Ontario Honda Dealers
HONDA

*Limited time lease offers for a maximum of 24 months at 0.99% lease APR available through Honda Financial Services Inc., on approved credit. Representative lease example: based on a 2012 Honda CR-V LX 2WD (Model RM3H3CE) on a 24 month term at 0.99% lease APR, the monthly payment is $503.37 [includes $1,640 freight and PDI, EHF tires ($29), EHF filters ($1), A/C tax ($100), and OMVIC fee ($5)] with $0 down payment or equivalent trade-in, $0 security deposit and first monthly payment due at lease inception. Total lease obligation is $12,080.88. 48,000-kilometre allowance; charge of $0.12/km for excess kilometres. See your Ontario Honda Dealer for a complete list of eligible vehicles. **Limited time purchase financing offers for a maximum of 36 months at 0.99% APR available through Honda Financial Services Inc., on approved credit. Representative Finance example: based on a 2012 Honda CR-V LX 2WD (Model RM3H3CE) on a 36 month term at 0.99% APR and complete price of $27,765 [includes $1,640 freight and PDI, EHF tires ($29), EHF filters ($1), A/C tax ($100) and OMVIC fee ($5). Excludes taxes, license, insurance, and registration], the monthly payment is $783.08. Cost of borrowing is $425.88 for a total finance obligation of $28,190.88. Down payment or equivalent trade-in on purchase financing offers may be required based on approved credit from Honda Financial Services Inc. See your Ontario Honda Dealer for a complete list of eligible vehicles. ^$500 // $750 Gas Card offer applies only to retail customer purchase or lease agreements for new 2012 Honda Civic // Honda CR-V models concluded between September 1st and September 30th at participating Ontario Honda Dealers. $500 // $750 Gas Card offer includes GST, PST, HST, QST where applicable and consists of $500 // $500 Customer Incentive from Honda Canada Inc. for all 2012 Civic // 2012 CR-V models; plus $250 Customer Incentive from Individual Ontario Honda Dealers for 2012 CR-V models. †Receive 1.99% purchase financing on any new 2012 Honda Civic DX Sedan (Model FB2E2CEX) for a maximum of 84 months available through Honda Financial Services Inc., on approved credit. Bi-weekly Finance example: based on a 2012 Honda Civic DX Sedan (Model FB2E2CEX) equals 182 bi-weekly payments of $97 over an 84 month term at 1.99% APR, complete price of $16,520 [includes $1,495 freight and PDI, EHF tires ($29), EHF filters ($1), A/C tax ($100 except Honda Civic DX), and OMVIC fee ($5). Excludes taxes, license, insurance, and registration]. Cost of borrowing is $1,190.42 for a total finance obligation of $17,710.42. Down payment or equivalent trade-in on purchase financing offers may be required based on approved credit from Honda Financial Services Inc. ◊Limited time lease offers on a new 2012 Honda CR-V LX 2WD (Model RM3H3CE) available through Honda Financial Services Inc., on approved credit. CR-V model shown is a 2012 Honda CR-V LX 2WD with Optional Equipment (Model RM3H3CE). Representative lease example: based on a 2012 Honda CR-V LX 2WD (Model RM3H3CE) on a 48 month term at 2.99% lease APR, the monthly payment is $287.99 [includes $1,640 freight and PDI, EHF tires ($29), EHF filters ($1), A/C tax ($100), and OMVIC fee ($5)] with $3,879 down payment or equivalent trade-in, $0 security deposit and first monthly payment due at lease inception. Total lease obligation is $17,702.52. 96,000-kilometre allowance; charge of $0.12/km for excess kilometres. ◆$4,000 customer cash incentive is valid on any new 2012 Honda Accord Sedan or Coupe // 2012 Honda Pilot // 2012 Honda Ridgeline models and 2012 Honda Odyssey LX when registered and delivered between September 1st and September 30th, 2012. Cash incentive is available for all Honda retail customers except customers who lease or finance through Honda Financial Services Inc. at a subvented rate of interest offered by Honda as part of a low rate interest program. All advertised lease and finance rates are special rates. Cash incentive will be deducted from the negotiated price before taxes. For all offers: license, insurance, PPSA, and other taxes (including HST) are extra. Taxes payable on full amount of purchase price. Offers only valid for Ontario residents at Ontario Honda Dealers. Dealer may sell/lease for less. Dealer order/trade may be necessary. Vehicles and accessories are for illustration purposes only. Offers subject to change without notice. See your Ontario Honda Dealer or visit HondaOntario.com for full details. ††Based on Association of International Automobile Manufacturers of Canada (AIAMC) data reflecting sales between 1997 and December 2011.

SCAN HERE FOR MORE INFORMATION

A participant at an event by Toyota Motor Corp., puts a quick charger plug into the newly-developed compact electric vehicle eQ during a test drive in Tokyo, Monday. Toyota is boosting its green vehicle lineup, with plans for 21 new hybrids in the next three years, a new electric car later this year and a fuel cell vehicle by 2015. KOJI SASAHARA/THE ASSOCIATED PRESS

Leaner and greener: Toyota boosts lineup with the eQ and more

Innovation. Japanese company says long-term development potential for fuel cells is great compared with electric cars

Toyota Motor Corp. has plans for 21 new hybrids in the next three years, a new electric car later this year and a fuel cell vehicle by 2015 in response to growing demand for fuel efficient and environmentally friendly driving.

Toyota said Monday it will offer an electric compact called eQ, based on its iQ model, in Japan and the U.S. in December, though the number of the vehicles made will be extremely limited — about 100 for special fleet use, according to the company.

The car, which will be called the iQ EV in the U.S, is pricey at 3.6 million yen ($45,000 US) and has a limited cruise range of 100 kilometres.

In the U.S., an electric version of the Rav-4 sport utility model, which Toyota worked on with U.S. electric vehicle maker Tesla Motors, goes on sale this month.

The fuel cell vehicle, which runs on hydrogen to produce electricity, will be offered from 2015. Details for that model were not released.

Takeshi Uchiyamada, the executive overseeing technology and new model development at Toyota, said the long-term potential for fuel cells was great, compared to electric cars, because of greater cruise range and shorter charging time. He said tens of thousands of fuel cell vehicles are likely to get sold in the 2020s.

A good compromise at the moment is the plug-in hybrid, which works as an electric vehicle until the battery runs down, and then switches to its hybrid motor, so there's less chance of being stranded than with a standard electric car. Toyota has sold 15,600 of its plug-in vehicle since launching it earlier this year.

Uchiyamada said the positive reception for new technology, such as the hybrid, surprised Toyota, underlining the deep interest the public has in reducing emissions and protecting the environment.

Although annual hybrid sales were tiny when the Prius first went on sale in 1997, such sales have grown to more than one million a year worldwide, comprising 10 per cent of Toyota's global sales.

In Japan, where green subsidies have been a big plus in recent years, hybrids make up nearly half Toyota's sales, Uchiyamada, the engineer known as "the father of the Prius," said.

"The public's consciousness is a lot higher than we ever imagined," he said.

THE ASSOCIATED PRESS

Kicking it up a notch

- Like other Japanese automakers, Toyota is gearing up for expansion after getting battered the last few years by the financial crisis and disasters in northeastern Japan and Thailand that disrupted production.
- The manufacturer is also counting on its reputation for green technology that it has built with its hit Prius, the world's leading gas-electric hybrid, to woo buyers and fix its brand battered by the massive recall scandal in the U.S. a few years ago.
- But rivals are working on green offerings, too, such as Nissan Motor Co. focusing on its Leaf electric car. Another challenge is that customers in emerging markets, which are driving growth in demand for autos, are still not as interested in hybrids and other fancy — and expensive — technology.

EMPLOYEE PRICING†

NOW EXTENDED FOR A **LIMITED TIME**

SHARE OUR PRIDE SHARE OUR PRICE

IT'S YOUR LAST CHANCE TO GET

UP TO **$14,000*** IN PRICE ADJUSTMENTS

2012 F-150 Platinum Super Crew 4x4 amount shown

PLUS YOU COULD STILL **WIN YOUR FORD‡**

PLUS

AS LOW AS **0% APR PURCHASE FINANCING**** ON MOST NEW 2012 FIESTA AND FOCUS MODELS

IT'S YOUR LAST CHANCE TO **PAY WHAT WE PAY.**

10 best HATCHBACK

TOP SAFETY PICK 2012

TOP SAFETY PICK 2012

WELL-EQUIPPED 2012 **FOCUS**

5.5L/100km **51MPG** HWY** 7.8L/100km **36MPG** CITY**

GET **0% APR FOR UP TO 72 MONTHS**** ON MOST NEW 2012 FOCUS MODELS

CHOOSE YOUR TERM	
0.00% APR	72 MONTHS**
1.99% APR	84 MONTHS**

EXCLUDING S AND ELECTRIC

OR

Purchase a **FOCUS** S AUTOMATIC for **$17,578*** Offer includes $1,305 in Total Price Adjustments and excludes taxes.

2012 FOCUS STANDARD FEATURES

- Air Conditioning
- Easy Fuel® Capless Fuel-Filler
- Anti-Lock Brake System
- Remote Keyless Entry
- AdvanceTrac® with Electronic Stability Control
- 160 hp
- SecuriLock® Passive Anti-Theft System
- Active Grille Shutters

WELL-EQUIPPED 2012 **FIESTA**

5.1L/100km **55MPG** HWY** 6.9L/100km **41MPG** CITY**

GET **0% APR FOR UP TO 60 MONTHS**** ON MOST NEW 2012 FIESTA MODELS

CHOOSE YOUR TERM	
0.00% APR	60 MONTHS**
0.99% APR	72 MONTHS**
2.99% APR	84 MONTHS**

EXCLUDING S

OR

Purchase a **FIESTA** S for **$14,128*** Offer includes $405 in Total Price Adjustments and excludes taxes.

2012 FIESTA STANDARD FEATURES

- Air Conditioning (Standard on SE and above)
- Easy Fuel® Capless Fuel-Filler
- Tire Pressure Monitoring System
- Anti-Theft Engine Immobilizer
- AdvanceTrac® with Electronic Stability Control
- Hill Start Assist
- 1.6L TI-VCT I-4 Engine
- Remote Keyless Entry

Our advertised prices include Freight, Air Tax, PPSA and the Stewardship Ontario Environmental Fee.
Add dealer administration and registration fees of up to $799, fuel fill charge of up to $120 and applicable taxes, then drive away.

WE HAVE A WINNER!

Ford of Canada and Dams Ford Lincoln would like to congratulate Pamela C. for winning her 2013 **ESCAPE** TITANIUM. Pamela C. is the third winner in Canada during Ford Employee Pricing.

SO FAR OVER

363081

CANADIANS HAVE SHARED OUR PRIDE AND OUR PRICE

SINCE 2005

HURRY, GET YOUR EMPLOYEE PRICE AND CHANCE TO WIN AT FORD.CA OR YOUR ONTARIO FORD STORE TODAY.

Go Further

ontarioford.ca

SiriusXM

Available in most new Ford vehicles with 6-month pre-paid subscription

Vehicle(s) may be shown with optional equipment. Dealer may sell or lease for less. Limited time offers. Offers may be cancelled at any time without notice. See your Ford Dealer for complete details or call the Ford Customer Relationship Centre at 1-800-565-3673. © 2012 Sirius Canada Inc. "SiriusXM", the SiriusXM logo, channel names and logos are trademarks of SiriusXM Radio Inc. and are used under licence. † Ford Employee Pricing ("Employee Pricing") is available from June 14, 2012 to October 1, 2012 (the "Program Period") on the purchase or lease of most new 2012/2013 Ford vehicles (excluding all chassis cab and cutaway body models, F-150 Raptor, Mustang Boss 302, and 2013 Shelby GT500). Employee Pricing refers to A-Plan pricing ordinarily available to Ford of Canada employees (excluding any CAW-negotiated programs). The new vehicle must be delivered or factory-ordered during the Program Period from participating dealer stock. Dealer may sell or lease for less. Dealer trade may be required. Not all buyers will qualify. See dealer for complete details. ‡ No purchase necessary. Open only to residents of Canada who have reached the age of majority, possess a valid graduated level driver's licence, and are owners of Ford branded vehicles (excluding fleet customers and all Lincoln and Mercury models). Eligible vehicle owners in Canada, as the contest entrant's name (matching vehicle ownership), and property registered and insured. Non-Ford owners can enter by mailing an original 100 word essay on "what they like about Ford", with their full name, full mailing address, email, daytime phone number (with area code) to Vanessa Richard, Pareto Corp., 1 Concorde Gate, Suite 200, Toronto, ON, M3C 4G4. Contest closes at 11:59pm (PST) on the last day of the 2012 Ford Employee Pricing campaign which will be no earlier than August 31, 2012. Limit of 1 entry per person. Up to 8 prizes available to be won in Canada in 3 possible prize categories, each worth up to CAD$50,000. Chances of winning are dependent on the total number of entries received up to each 10,000 interval of unit sales under the Employee Pricing campaign ("Draw Trigger"). Odds of winning decrease as the contest progresses; more entries are made into the contest, and opportunities for Draw Triggers lessen. Skill testing question required. * Purchase a new 2012 [Fiesta SE Hatchback Manual/Focus SE Sedan Manual/Focus S Sedan Auto/Fiesta S Sedan Manual/F-150 Platinum Super Crew 4x4] for [$16,639/$19,346/$17,578/$14,129/$46,313] after total Ford Employee Price adjustment of [$3,995/$1,280/$1,305/$405/$14,186] (total Ford Employee Price adjustment is a combination of Employee Price adjustment of [$995 / $1,280 /$805/$405/$7,186] and delivery allowance of [$0/$0/ /$500/$0/$7,000]) is deducted. Taxes payable on full amount of purchase price after Ford Employee Price adjustment has been deducted. Offers include freight, air tax, PPSA and Stewardship Ontario Environmental Fee but exclude administration and registration fees of up to $799, fuel fill charge of up to $120 and all applicable taxes. All prices are based on Manufacturer's Suggested Retail Price. Delivery Allowances can be used in conjunction with most retail consumer offers made available by Ford or Canada at either the time of factory order or delivery, but not both. Delivery Allowances are not combinable with any fleet consumer incentives. Employee Pricing is not combinable with CPA, GPO, CPP, Daily Rental Allowance and AAX/ZOX Plan programs. ** Until October 1, 2012, receive [0%† 3.99%/0%/0.99%/2.99%] APR purchase financing on new 2012 Ford [Focus (excluding S)/Fiesta (excluding S)] models for a maximum of [72/84/60/72/84] months to qualified retail customers, on approved credit (OAC) from Ford Credit. Bi-weekly payment is $[0/$13.28/$0/$3.72/$13.28] per $1,000 financed. Example: $[0/$26,000/$0/$7,278/$26,000] financed at [0%/ 3.99%/0%/ 0.99%/2.99%] APR for [72/84/60/72/84] months equals $[0/$361.20/$0/$101.27/$361.20] bi-weekly payment. $[$0/$26,000/$0/$7,278/$26,000] total debt service. Offer is subject to change without notice. Down payment, trade and/or lease equity may be required. Not all buyers will qualify. See dealer for complete details. Some conditions apply. Offers may be withdrawn at any time without notice. Dealer may sell for less or lease for less. Dealer trade may be required. Taxes payable on full amount of purchase price. ‡ Estimated fuel consumption ratings for the 2012 [Fiesta 1.6L I4 5 speed manual/ Focus 2.0L I4 5 speed manual]: Fuel consumption ratings based on Transport Canada approved test methods. Actual fuel consumption will vary based on road conditions, vehicle loading and driving habits. © 2012 Ford Motor Company of Canada, Limited. All rights reserved.

SHARE ALERT!

Qriket

SCAN, SHARE AND WIN!

Metro and Qriket are giving away $10,000 in instant cash prizing for the month of September.

Metro has partnered with Qriket to add more fun and sharing to your daily news fix.

Qriket is a free iPhone app that rewards you for scanning QR codes, so now you can stay informed with Metro and win prizes when you choose to scan with the Qriket app.

Just download the Qriket app and use it to scan QR codes to access enhanced content, share with your friends, and play instant win games.

And this month, scanning the Qriket branded codes in Metro activates $10,000 in bonus instant cash prizes just for Metro readers!

Wanna play?

1) Download the free Qriket app for your iphone.
2) Use it to scan the Qriket QR codes you see in Metro, and they'll automatically get shared with your friends.
3) The more you scan, the more you share, the more chances you have to win!

Qriket

For full rules and regulations visit www.qriket.com/metro

metro

Euro car industry down and out — but we'll always have Paris

The Smart ForStars concept debuting this week in Paris is so named because you can view the stars via its glass roof, and for its video projector embedded in the front hood — good for screening movies and their movie "stars" whenever the mood strikes. HANDOUT

Auto show. World still has a love affair with European design, despite economic tough times

AUTO PILOT
Mike Goetz
drive@metronews.ca

Europe's economy is in shambles. Consequently, car demand in Europe this year is forecast to be less than 12.5 million units — the second lowest level in the last 20 years.

This is how Fiat and Chrysler CEO Sergio Marchionne framed the situation, during an industry conference held this week in conjunction with the Paris auto show: "The European car market is a disaster. It has plunged off a precipice that doesn't seem to have bottomed out yet."

Good times.

So can we expect the upcoming Paris show to be somber and uneventful? Hardly.

I guess you can be bummed out in Paris if you tried, but you'd have to really bust a gut. Also, auto companies have to keep their models fresh whatever the economic cycle. And finally, maybe lots of Europeans can't or won't buy a new vehicle this year, but that is not the same thing as the world telling Europe to stop creating vehicles, for the world clearly still loves European designs.

Can't go wrong

I guess you can be bummed out in Paris if you really tried, but you'd have to really bust a gut.

The global aspect of the industry has meant that Europeans designs don't stand out like they used to, but you know what? They still stand out. American and Asian brands have made great strides, but they still don't attract the eye like most models do from Audi, Mini, BMW, Mercedes-Benz, Land Rover, Volvo, Jaguar, Aston Martin, Ferrari, etc.

It doesn't hurt that European models play more in the upscale segments, but a lot of that is because they can — through great looking vehicles.

So European flair will surely continue to excite, amid and despite the chaos. The Paris show will not be diminished in any way.

The show gets underway on Thursday, but several "advance" images of some of the debutantes are already in circulation.

The most important of which is the Jaguar F-Type, the English automaker's long awaited, all-new "smaller" two-seat sports car, which channels the famous E-Type (1961-1974). Fans of Jag's more earnest sports cars of the past have been waiting for a car like this for a long while. All I'm saying at this point is "hallelujah."

Another notable two-seater to debut at Paris is the Smart ForStars. The concept tells us a lot about the direction of the new-generation Smart platform, due in North America in 2014. Basically get ready for lots of Smart variations, like a four-seater (ForFour), and something like this mini-mini-SUV thing they're calling ForStars.

And there will be more where that came from. Because Europe will not stop being Europe.

Offers extended to October 1st!

MAZDA'S BEST CLEARANCE EVENT

0% PURCHASE FINANCING† FOR UP TO 84 MONTHS + **UP TO $2,000 DEALER SIGNING BONUS‡**

LIMITED TIME OFFER

2012 MAZDA3 SKYACTIV MODELS NOW AVAILABLE WITH **0% PURCHASE FINANCING††** FOR UP TO **84 MONTHS**

- BEST DRIVE ☑
- BEST SELECTION ☑
- BEST TIME TO BUY ☑
- BEST OFFERS ☑

2012 MAZDA3 GX

Finance from **$95††** at **0% APR** bi-weekly for 84 months with $495 down

All-in from **$17,695**. Excludes HST.

or

LIMITED TIME. NEW OFFER:

MOVE UP TO **2012 MAZDA3 GS-SKYACTIV** FOR **$19†† MORE** at **0% APR** bi-weekly for 84 months with $495 down

SKYACTIV TECHNOLOGY

Delivering up to 1,000 km per tank of gas.*

- Bluetooth® hands-free phone system
- Heated front seats
- Auto on/off headlights
- Rain-sensing wipers

All-in from **$21,245**. Excludes HST.

2012 MAZDA2

Finance from **$85††** at **0.99% APR** bi-weekly for 84 months with $695 down

+ **$400 Dealer Signing Bonus‡**

All-in from **$15,695**. Excludes HST.

2012 MAZDA5

ecoENERGY for Vehicles AwardsΩ

Finance from **$129††** at **0% APR** bi-weekly for 84 months with $495 down

+ **$500 Dealer Signing Bonus‡**

All-in from **$23,995**. Excludes HST.

2012 MAZDA6

Finance from **$139††** at **0% APR** bi-weekly for 84 months with $695 down

+ **$1,500 Dealer Signing Bonus‡**

All-in from **$25,995**. Excludes HST.

2012 CX-9

7 PASSENGER SEATING

Finance from **$199††** at **0% APR** bi-weekly for 84 months with $2,195 down

+ **$2,000 Dealer Signing Bonus‡**

All-in from **$38,495**. Excludes HST.

ONLY AVAILABLE AT YOUR MAZDA DEALER. VISIT MAZDA.CA FOR MORE DETAILS.

SCAN TO FIND YOUR NEAREST MAZDA DEALER

WHAT DO YOU DRIVE? zoom-zoom

mazda

†0% APR Purchase Financing is available on all new 2012 Mazda vehicles. Terms vary by model. Based on a representative agreement using an offered pricing of $23,995 for the new 2012 Mazda5 GS (E6SD62AA00) with a financed amount of $20,000, the cost of borrowing for an 84-month term is $0, monthly payment is $238.10, total finance obligation is $20,000. Based on a representative agreement using an offered pricing of $15,695 for the new 2012 Mazda2 GX (BX5B52AA00) with a financed amount of $15,000, the cost of borrowing for a 72-month term is $0, monthly payment is $208.33, total finance obligation is $15,000. Offers include freight, P.D.E. and fees. Offers exclude HST. ‡Dealer Signing Bonuses are available on retail purchase/finance/lease of all new, in-stock 2012 Mazda models (excluding 2012 Mazda3 GX and GS-SKY models) from September 1st – October 1st, 2012. Bonus amounts vary by model. Maximum $2,000 Dealer Signing Bonus available on 2012 CX-9 models. $500/$500/$400/$500/$1,500/$2,000 Dealer Signing Bonus applies to new 2012 Mazda3 GT/2012 Mazda3 Sport GT/2012 Mazda2/2012 Mazda5/2012 Mazda6/2012 CX-9 models. Visit mazda.ca or see your dealer for complete details. ††Financed Pricing for new 2012 Mazda3 GX (D4XS52AA00)/2012 Mazda3 GS-SKY (D4SK62AA00)/2012 Mazda2 GX (B5XB52AA00)/2012 Mazda5 GS (E6SD62AA00)/2012 Mazda6 GS-I4 (G4SY62AA00)/2012 CX-9 GS (QVSB82AA00) is $17,695/$21,245/$15,695/$23,995/$25,995/$38,495 financed at 0%/0%/0.99%/0%/0%/0% over 84/84/84/84/84/84 months equals bi-weekly payments of $95/$114/$85/$129/$139/$199 with $495/$495/$695/$495/$695/$2,195 down payment, cost of borrowing is $0/$0/$529/$0/$0/$0 with a total obligation of $17,695/$21,245/$16,223/$23,995/$25,995/$38,495. Offers include freight, P.D.E. and fees. Offers exclude HST. *Based on highway driving only. ΩBased on 2012 fuel consumption ratings published by Natural Resources Canada. PPSA, licence, insurance, taxes and down payment are extra and may be required at the time of purchase. Dealer may sell/lease for less. Dealer trade may be necessary on certain vehicles. Lease and Finance on approved credit for qualified customers only. Offers valid September 1st – October 1st, 2012 while supplies last. Offers subject to change without notice. Visit mazda.ca or see your dealer for complete details. ® Bluetooth is a registered trademark of Bluetooth SIG, Inc.

Sales of the 2012 Chevrolet Volt set a monthly record of 2,800 in August, mostly because of steep discounts. DAVID ZALUBOWSKI/THE ASSOCIATED PRESS FILE

The GM Volt: How low will electric car go?

Incentives. General Motors discounts car, but how long can they afford to lose money on the vehicle?

General Motors rolled out the Chevrolet Volt two years ago with lofty sales goals and the promise of a new technology that someday would help end America's dependence on oil.

So it seemed like a good thing in August when sales of the $40,000 car set a monthly record of 2,800. But a closer look shows that things aren't what they seem for the cutting-edge car.

Sales rose mostly because of discounts of almost $10,000, or 25 per cent of the Volt's sticker price, according to figures from TrueCar.com, an auto pricing website. Other pricing services gave similar numbers, and dealers confirmed that steeply discounted Volts are selling better than a few months ago.

GM's discounts on the Volt are more than four times the industry's per-vehicle average, according to TrueCar estimates. Edmunds.com and J.D. Power and Associates say they're about three times the average. Discounts include low-interest financing, cash discounts to buyers, sales bonuses to dealers, and subsidized leases.

Americans have been slow to embrace electric cars. But the Volt's August sales show they're willing to buy if prices are low enough. Even so, electrics have a long way to go before they enter the mainstream and make money for car companies. Electrics and gas-electric hybrids account for just 3.5 per cent of U.S. auto sales this year. GM is losing thousands of dollars on every Volt, raising the question of how long it can keep eating the steep losses.

Quoted

"It certainly wasn't a rousing success."

Carter Driscoll, senior analyst for CapStone Investments who follows electric cars, on the Volt's launch.

For the foreseeable future, carmakers will have to cut prices to move electric vehicles off dealer lots. The nonpartisan Congressional Budget Office says the cost of electric cars must drop to be competitive with gasoline-powered ones.

GM executives have conceded from the start that they were losing money on the Volt, and that was before the big discounts.

Now the losses could be even higher. It costs $60,000 to $75,000 to build a Volt, including development, manufacturing and raw materials, estimates Sandy Munro, president of Munro & Associates, a Troy, Mich., a company that analyzes vehicle production expenses for automakers. Much of the cost comes from an expensive combination of two power systems — electric and gasoline. With a sticker price of $40,000, minus the $10,000 the company pays in incentives, GM gets roughly $30,000 for every Volt. So it could be losing at least $30,000 per car.

GM confirmed there are incentives on the Volt and that the company loses money on the car. But the automaker declined to give figures for the discounts or the losses. The figures exclude a federal tax credit that goes to buyers.

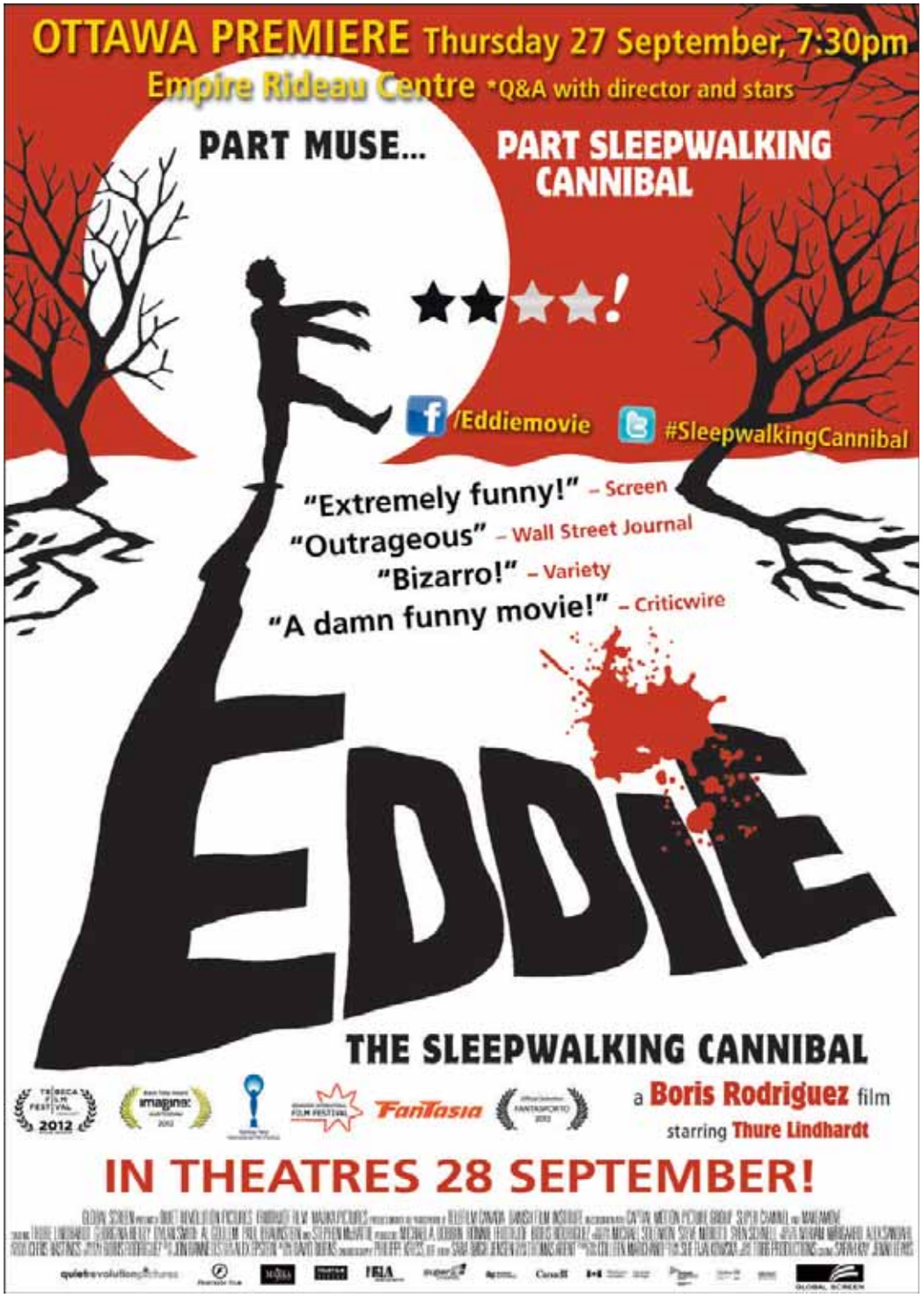
GM spokesman Jim Cain says most of the Volt discounts come in the form of lease deals, which account for about two-thirds of sales. In some markets, Volts can be leased for $249 per month with $2,400 down.

THE ASSOCIATED PRESS

No spark at the start

The Volt, a four-seat compact, was rolled out in a few states in December 2010 with a starting price of $41,000.

- **GM had high hopes.** The car's features stacked up well against the Nissan Leaf, a pure electric car that debuted about the same time and is the Volt's closest competitor.
- **But the timing of the launch was poor.** The pricey car hit showrooms when many buyers were reeling from the bad economy and turned off by the government's $50 billion bailout of GM.
- **"Let's face it, over $40,000 is asking a lot for a compact car."** So said Bob Lutz, a retired GM vice chairman who led the development of the Volt.
- **Moving the needle.** Early this year, GM started offering many more discounts, which soared to $10,000 per car in August. The Volt is now the top-selling electric car in the U.S. — 7,400 ahead of the Prius Plug-in.



Now available!

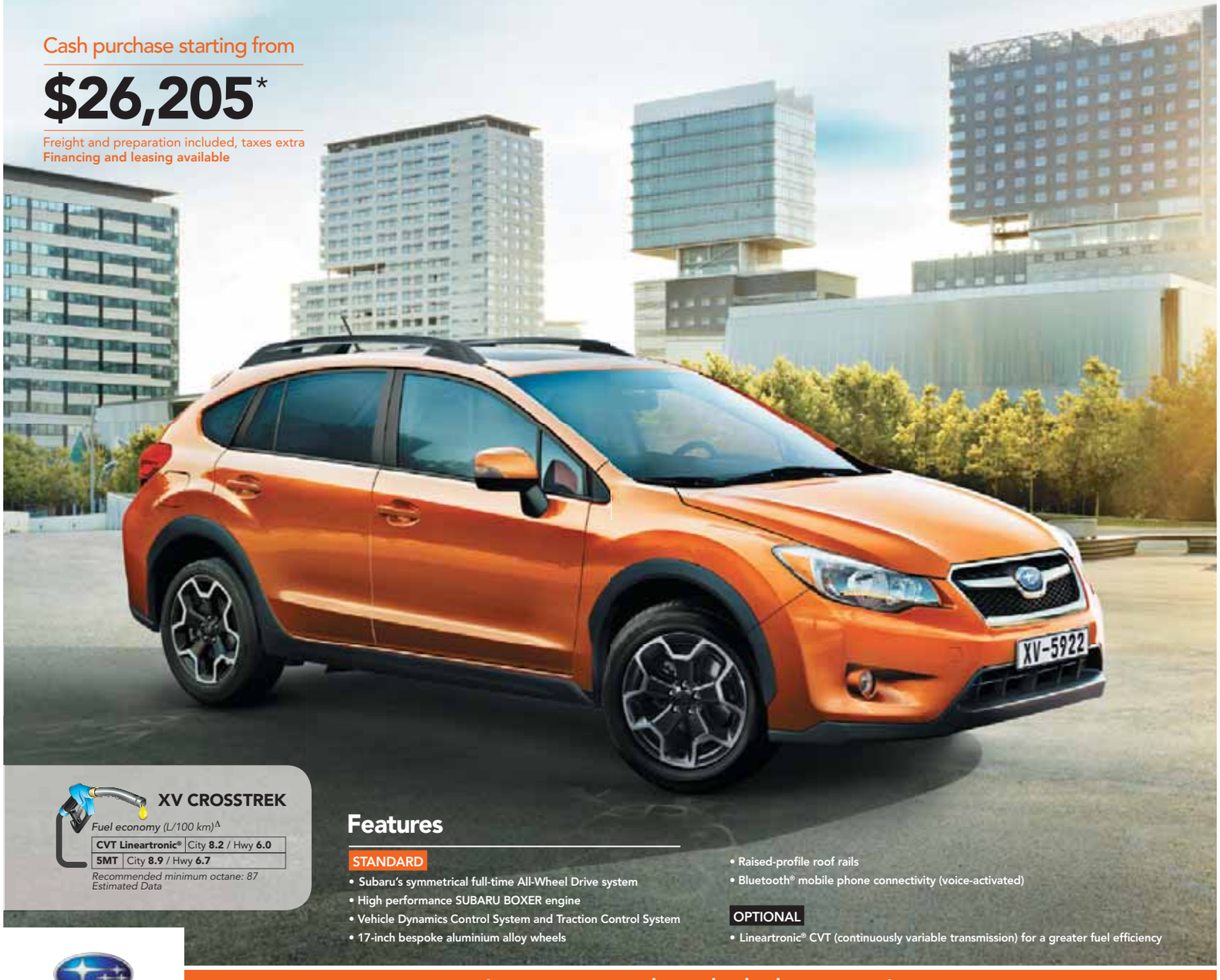
THE ALL-NEW 2013 XV CROSSTREK

With All-Wheel Drive

Cash purchase starting from

$26,205*

Freight and preparation included, taxes extra
Financing and leasing available



XV CROSSTREK

Fuel economy (L/100 km)[Δ]

CVT Lineartronic®	City **8.2** / Hwy **6.0**
5MT	City **8.9** / Hwy **6.7**

Recommended minimum octane: 87
Estimated Data

Features

STANDARD

- Subaru's symmetrical full-time All-Wheel Drive system
- High performance SUBARU BOXER engine
- Vehicle Dynamics Control System and Traction Control System
- 17-inch bespoke aluminium alloy wheels
- Raised-profile roof rails
- Bluetooth® mobile phone connectivity (voice-activated)

OPTIONAL

- Lineartronic® CVT (continuously variable transmission) for a greater fuel efficiency

SUBARU

Confidence in Motion

Japanese and a whole lot more!

*Cash purchase starting from $26,205, taxes extra, for the 2013 XV Crosstrek (DX1-TP), with manual transmission. On buying, freight and preparation ($1,595), taxes on air conditioning ($100) and on new tires ($15) are included. Dealer may sell for less. [Δ]The fuel consumption data are estimates based on information compiled by Natural Resources Canada. Actual fuel consumption will vary based on driving conditions, driver habits and vehicle load. Technical specifications are subject to change without any prior notice. Vehicles shown for illustration purposes only. See your local participating Subaru Outaouais for complete program details on this offer.

Éric Toulouse,
SALES MANAGER

SUBARU OUTAOUAIS

890 St-Joseph Blvd., Hull • (819) 777-4341 • **subaruoutaouais.com**

WE ARE LOOKING FOR USED SUBARU'S

Horoscopes

♈ Aries
March 21 - April 20
Where affairs of the heart are concerned anything is possible today, so if there is someone you have feelings for and want to impress then turn on the charm. Don't be surprised if they fall into your arms!

♉ Taurus
April 21 - May 21
Both money and emotional matters are under good stars today, so if there is something you need to discuss, either at home or at work, don't be afraid to speak up. You'll get more than a fair hearing.

♊ Gemini
May 22 - June 21
Honesty is essential today, because if others find out that you are being economical with the truth, the trust that has built up between you will be gone in a flash. If you've done something wrong, own up to it.

♋ Cancer
June 22 - July 23
This is one of those times when you will almost certainly achieve more by doing less. Days when you can just sit back and let life come to you are few and far between, so enjoy it while you can.

♌ Leo
July 24 - Aug. 23
You are extraordinarily adventurous at the moment and today's Mercury-Jupiter link will encourage you to think and act in ways that lead to new discoveries. Life is what you make of it, so make a masterpiece.

♍ Virgo
Aug. 24 - Sept. 23
Put your ambitions to one side and focus on personal relationships, at least for the next 24 hours. The planets are urging you to remember that the higher you climb, the stronger your emotional foundations must be.

♎ Libra
Sept. 24 - Oct. 23
What happens today will liven things up and encourage you to believe that your dreams are within reach. It is also a great day for friendships and relationships. The line between the two may even be blurred.

♏ Scorpio
Oct. 24 - Nov. 22
You don't have to compromise but if you are smart you will look ahead and realize that the way you treat others now will determine how they treat you in the future. Give a little now and get a lot later.

♐ Sagittarius
Nov. 23 - Dec. 21
Your confidence is high and you honestly believe that something marvelous is about to occur. Because you think and feel that way, you will attract people and events that bring smiles aplenty — both to you and to others.

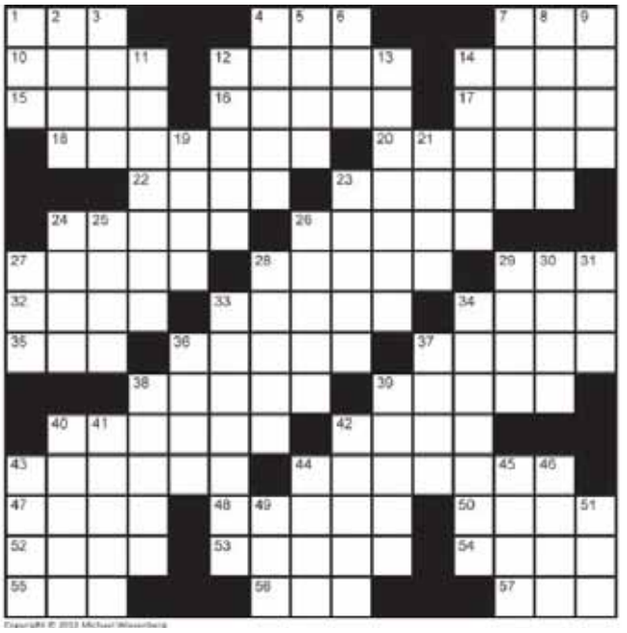
♑ Capricorn
Dec. 22 - Jan. 20
Don't be afraid to approach people who can be beneficial to you career-wise. They may seem a bit cold but will soon warm up when you tell them your plans. They will also be intrigued by your self-belief.

♒ Aquarius
Jan. 21 - Feb. 19
Do yourself a favour and spend time with those you love. Not only will you have a good time but you will learn something to your advantage, something you would not have known about had you stayed away.

♓ Pisces
Feb. 20 - March 20
Almost anything you say over the next 24 hours will be greeted with approval, which is gratifying to say the least. But don't say so much that you have nothing left to talk about tomorrow, Friday and over the weekend. **SALLY BROMPTON**

Shake Before Using

BY MICHAEL WIESENBERG



Across
1. ___ and [1-Down]: be indecisive, procrastinate
4. "Easy as ___!"
7. Chapeau
10. Iraqi or Lebanese
12. Symbolic Canadian leaf
14. Biblical givers
15. Bacchus's beverage
16. Molecule parts
17. "... for auld lang ___": New Year's song
18. Shopping ___: malls
20. Margot ___: Yellowknife-born Lois Lane portrayer in four Superman movies
22. Declining comments
23. Buffalo relatives
24. Bird feeder bits
26. Homes away from home during the summer
27. Mazda introduced in 1989
28. Groups of three
29. Poivre tablemate
32. Former: poetic
33. Pillages villages, say
34. "What is so ___ as a summer's day?"
35. Bottom line
36. BC Team
37. Like some cottage cheese (2 wds.)
38. Go by bike
39. Armour-breaking weapons of old
40. Tasks
42. Classroom furniture
43. James ___: Vancouver-born Montgomery Scott portrayer on *Star Trek*
44. 8 miles from Lake Louise, this lake has the same blue-green color and is named from the rockpile at one end
47. Deceptive manoeuvre
48. Play prompter's activity
50. Slippery fish
52. Unclosed
53. ___ Lauder: cosmetics and fragrance brand
54. Prairie Province: abbr.
55. Part of kph or mph
56. Québec summer
57. Maritime Province: initialism

Down
1. [1-Across] and ___
2. Guitarist Clapton
3. Head of hair
4. Appetizer spreads
5. Wall St. offerings
6. *Nightmare on ___ Street*
7. Composer Franz Joseph
8. *Citizen Kane* or *Hush Hush Sweet Charlotte* actress Moorehead
9. Amphitheatre level
11. R.B. ___: 11th Prime Minister (1930-35)
12. "Say 100 Hail ___": priest's suggestion for penance
13. Edmonton's CFL team
14. __-___: basis for Windows, originally
19. "Told you I could do it!"
21. AOL and Comcast
23. Prepares a hook
24. Father
25. ___ Coast
26. Witch
27. Chess or checkers pieces
28. Hammer and screwdriver, e.g.
29. Home plate ruling
30. Historic periods
31. Permit
33. Driver's ___: teenager's quest
34. Alberta-BC border feature
36. Constellation named for a stringed instrument
37. US space gp.
38. Montréal singer-poet Leonard most known for "Suzanne"
39. Become one company
40. Two-door auto
41. Canadian term of disrespect
42. Recipient
43. Abandon, as a subject
44. Catcher's glove
45. Bimonthly tide
46. Other
49. Employ
51. Schuss or wedel

Yesterday's Crossword

What's online

See today's answers at metronews.ca/answers.

Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

	5	8	1		7			2
		9	3	5	4			
	7		2					
		7				6	9	3
8	6	3				1		
					6		5	
			5	9	2	3		
2			7		1	8	4	

Yesterday's Sudoku

NEED COOL DESIGN TIPS?
Read metro home every Thursday.

FLIGHT CENTRE Unbeatable
New England Air + 5-Day Car
$488
incl $363 base + $125 taxes & fees
INCLUDES roundtrip airfare to Boston and 5-day car rental to explore the Fall foliage of New England. Departs Oct 25/ggv/dl. Vehicle upgrades available.
1 866 720 4853 | flightcentre.ca
Conditions apply. Ex: Ottawa. Package prices are per person, based on double occupancy for total length of stay unless otherwise stated. Prices are for select departure dates and are accurate and subject to availability at advertising deadline, errors and omissions excepted, and subject to change. Taxes & fees include transportation related fees, GST/HST and fuel supplements and are approximate and subject to change. ggv=tango vacations, dl=delta. Head office address: 1 Dundas St W Suite 200, Toronto, ON. Call for retail locations. ONT. REG #4671384 tico.ca

FOR MORE INFO GO TO WWW.SALEEVENT.CA

WAREHOUSE SALE

FEATURING GREAT PRODUCTS FROM

REVLON · MAYBELLINE NEW YORK · Johnson & Johnson INC. · L'ORÉAL PARIS

COSMETICS

Including:

Almay • Colorstay • Nail • Mascara • Superlustrous • Moondrops • Blush • Powder • Foundation • Pencils • Implements • Outrageous By Revlon and more....

AXE · BAND-AID · Glade · PANTENE PRO-V · Dove · Banana Boat · Mitchum · Old Spice · Playtex · JOHN FRIEDA · Scope · Colgate · TRESemmé · Neutrogena · Vaseline · Fruits & Passion · L'ORÉAL Hair Colour · OLAY · ALMAY · Elastoplast

like us on facebook
for upcoming promotions, sales, store information

ALL PRODUCTS UP TO 75% OFF

Unbelievable selection of fine beauty aids... Don't miss this incredible sale!

UP TO 80% OFF MSRP FINE FRAGRANCES MEN'S & WOMEN'S

• BURBERRY • DAVIDOFF • J.LO • RAPLH LAUREN • CK • HUMMER • ELIZABETH ARDEN • OSCAR DE LA RENTA • HUGO BOSS • LACOSTE • TOMMY HILFIGER • VERSACE • DIESEL • PARIS HILTON • ADIDAS • BRITNEY SPEARS • PERRY ELLIS • GIVENCHY • PHAT FARM • ELIZABETH TAYLOR • GUESS • AND MORE!

ELIZABETH TAYLOR WHITE DIAMONDS	CUBA	CK ONE WITH SPEAKER	HUGO BOSS GREEN	LACOSTE ELEGANCE	FCUK	JUICY COUTURE COUTURE COUTURE
100ml Reg. $56	3 PC SET 100ml Reg. $35	100ml Reg. $65	150ml Reg. $95	50ml Reg. $70	100ml MEN & WOMEN Reg. $74	3 PC SET Reg. $90
SALE $25	SALE $15	SALE $30	SALE $49	SALE $25	SALE $20	SALE $39

Men's & Women's Golf Shoes

Callaway GOLF

Value up to $229.99

NOW $39.99 pair

MEDICAL SCRUBS

Dickies · ADAR · GREY'S ANATOMY · Landau · CHEROKEE

UP TO 60% OFF

BRING IN YOUR GENTLY WORN, USED SCRUBS FOR DONATION AND RECEIVE AN ADDITONAL 10% OFF NEW SCRUBS. *We reserve the right to limit quantites. Details available in store.

haggar

MEN'S & WOMEN'S APPAREL

70% OFF RETAIL PRICE • ENTIRE STOCK

DAILY DOOR CRASHERS

Men's sizes: 30 – 60 • Women's sizes: regular, plus, petite

LINEN FASHIONS

5' x 8' Area Rug $30 REG. $129.99

Polo Club Quilted Pillows $12 REG. $29.99

Water Proof Mattress Pads $12 - $15 REG. UP TO $29.99

BAYA · SCUTES · CLEO

All Crocs for $21.99

crocs™

CAMBRIDGE TOWEL

FACE CLOTHS 6 FOR $5

HAND TOWELS 5 FOR $10

BATH TOWELS 3 FOR $21

BATH SHEETS 3 FOR $30

10 DAYS ONLY!!!

VISA · Interac · MasterCard · CASH

WHERE: NEPEAN SPORTSPLEX Curling Rink
1701 WOODROFFE AVE

HOURS:

Mon. – Fri.	10am - 8pm
Saturday	10am - 6pm
Sunday	11am - 5pm
Thanksgiving Day	11am - 5pm

WHEN:
Saturday, September 29 to Monday, October 8

FREE PARKING!
FREE ADMISSION!

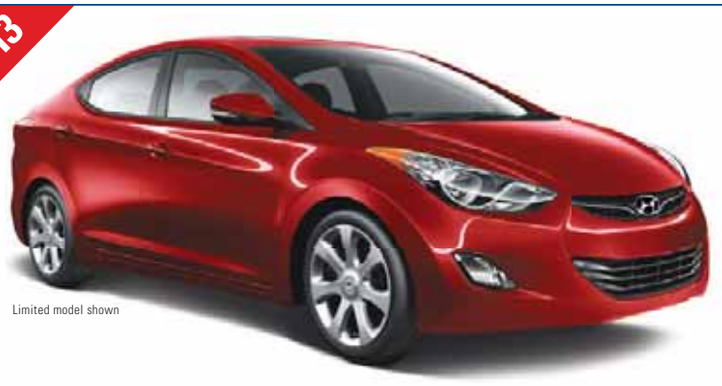
FOR MORE INFO GO TO WWW.SALEEVENT.CA

FOR MORE INFO GO TO WWW.SALEEVENT.CA

THE HYUNDAI ADVANTAGE

LOW PRICES + 0%† FINANCING

2013



Limited model shown

ELANTRA SEDAN

HIGHWAY 4.9L/100 KM 58 MPG▼

INCLUDES: 6 AIRBAGS ▪ iPOD®/USB/AUXILIARY INPUT JACKS ▪ POWER WINDOWS & DOOR LOCKS ▪ ABS WITH TRACTION CONTROL SYSTEM ▪ DUAL HEATED POWER EXTERIOR MIRRORS

SELLING PRICE: $17,480*
ELANTRA L 6-SPEED MANUAL. DELIVERY, DESTINATION & FEES INCLUDED. PLUS HST.

2012 CANADIAN & NORTH AMERICAN CAR OF THE YEAR

OWN IT $103 BI-WEEKLY PAYMENT

WITH 1.9%† FINANCING FOR 84 MONTHS

AND $0 DOWN PAYMENT

2013

Limited model shown

AWARDED THE HIGHEST GOVERNMENT CRASH SAFETY RATING* — U.S. NATIONAL HIGHWAY TRAFFIC SAFETY ADMINISTRATION

THE MOST FUEL-EFFICIENT FULL-SIZED CAR – NATURAL RESOURCE CANADA'S 2012 ECOENERGY VEHICLE AWARD^

SONATA SE

HIGHWAY 5.6L/100 KM 50 MPG▼

INCLUDES: 18" ALLOY WHEELS ▪ SPORT-TUNED SUSPENSION ▪ DUAL EXHAUST WITH CHROME TIPS ▪ LEATHER SEATING SURFACES ▪ XM® RADIO WITH BLUETOOTH® HANDS FREE PHONE SYSTEM

SELLING PRICE: $25,850*
SONATA SE AUTO. DELIVERY, DESTINATION & FEES INCLUDED. PLUS HST.

SAVE UP TO $3,250 IN PRICE ADJUSTMENTS‡ + WITH 0%† FINANCING FOR 36 MONTHS

INTRODUCING THE TOTALLY RE-DESIGNED 2013 SANTA FE

HIGHWAY 7.2L/100 KM 39 MPG▼

Limited model shown

SPECIAL INTRODUCTORY OFFER

0.9%† FINANCING FOR UP TO 48 MONTHS

WITH AVAILABLE: 19" ALLOY WHEELS ▪ PANORAMIC SUNROOF ▪ REAR PARK ASSIST & REARVIEW CAMERA WITH 4.3" LCD SCREEN ▪ REAR DOOR SUNSHADES ▪ HEATED STEERING WHEEL ▪ COOLED FRONT SEATS ▪ HEATED FRONT & REAR SEATS

STARTING FROM: $28,395*
SANTA FE 2.4L FWD AUTO. DELIVERY, DESTINATION & FEES INCLUDED. PLUS HST.

5 YEAR WARRANTY 100,000 KM COMPREHENSIVE & LIMITED WARRANTY†

5-year/100,000 km Comprehensive Limited Warranty
5-year/100,000 km Powertrain Warranty
5-year/100,000 km Emission Warranty

HYUNDAI | NEW THINKING. NEW POSSIBILITIES.
HyundaiCanada.com

™The Hyundai names, logos, product names, feature names, images and slogans are trademarks owned by Hyundai Auto Canada Corp. †Finance offers available O.A.C. from Hyundai Financial Services based on a new 2013 Elantra L 6-Speed Manual/Sonata SE Auto/Santa Fe 2.4L FWD Auto with an annual finance rate of 1.9%/0%/0.9% for 84/36/48 months. Bi-weekly payment is $103/$332/$279. No down payment is required. Cost of Borrowing is $1,195/$0/$525. Finance offers include Delivery and Destination of $1,495/$1,565/$1,760 fees, levies, and all applicable charges (excluding HST). Registration, insurance, PPSA and license fees are excluded. Delivery and destination charge includes freight, P.D.E., dealer admin fees and a full tank of gas. Financing example: 2013 Sonata SE Auto for $25,850 at 0% per annum equals $332 bi-weekly for 36 months for a total obligation of $25,950. Cash price is $25,850. Cost of Borrowing is $0. Example price includes Delivery and Destination of $1,565, fees, levies, and all applicable charges (excluding HST). Registration, insurance, PPSA and license fees are excluded. †♦Prices for models shown: 2013 Elantra Limited/Sonata Limited/Santa Fe 2.0T Limited AWD is $24,830/$28,200/$40,395. Prices include delivery and Destination charges of $1,495/$1,565/$1,760, fees, levies, and all applicable charges (excluding HST). Registration, insurance, PPSA and license fees are excluded. ▼Fuel consumption for 2013 Elantra Sedan L 6-Speed Manual (HWY 4.9L/100KM; City 6.8L/100KM)/2013 Sonata SE Auto (HWY 5.6L/100KM; City 8.7L/100KM)/2013 Santa Fe 2.4L FWD Auto (HWY 7.2L/100KM, City 10.4L/100KM) are based on Manufacturer Testing. Actual fuel efficiency may vary based on driving conditions and the addition of certain vehicle accessories. Fuel economy figures are used for comparison purposes only. Bluetooth® word mark and logos are registered trademarks owned by Bluetooth SIG, Inc., iPod® is a registered trademark of Apple, Inc. ‡Price adjustments are calculated against the vehicle's starting price. Price adjustments of up to $3,250 available on 2013 Sonata SE. Price adjustments applied before taxes. Offer cannot be combined or used in conjunction with any other available offers. Offer is non-transferable and cannot be assigned. No vehicle trade-in required. †♦‡Offers available for a limited time, and subject to change or cancellation without notice. See dealer for complete details. Dealer may sell for less. Inventory is limited, dealer order may be required. ^Based on Natural Resource Canada's 2012 ecoEnergy award for most fuel efficient full-size car. ▲Government 5-Star Safety Ratings are part of the U.S. National Highway Traffic Safety Administration's (NHTSA's) New Car Assessment Program (www.SaferCar.gov). ††Hyundai's Comprehensive Limited Warranty coverage covers most vehicle components against defects in workmanship under normal use and maintenance conditions.

Visit your local Ottawa area Hyundai Dealer

Hyundai Pembroke
1945 Petawawa Blvd.
Pembroke, 613-735-5636

Myers Kanata Hyundai
400-2500 Palladium Dr.
Kanata, On 613-592-8883

Myers Hyundai
164 Robertson Rd.
Ottawa, 613-721-4567

Hyundai on Hunt Club
390 Hunt Club Road West
Ottawa, 613-688-3600

Bank Street Hyundai
2788 Bank St.
Ottawa, 613-739-7530

Pathway Hyundai
1375 Youville Dr.
Orleans, 613-837-4222

Harmony Hyundai
293 Pigeon St.
Rockland, 613-446-2220

Surgenor Hyundai
895 St. Laurent Blvd.
Ottawa, 613-741-1800